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## ON SIMPLY KNOTTED SPHERES IN $R^4$

Dedicated to Professor H. Terasaka on his 60-th birthday

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(Received September 30, 1964)

### 1. Introduction

Let  $S$  be a 2-sphere in the 4-dimensional Euclidean space  $R^4$ , and let  $S^*$  be the projection of  $S$  on a 3-dimensional subspace. It is obvious that the singularity of  $S^*$  consists of several closed curves under appropriate conditions. A simplest case of the projection may be such a case that the singularity of  $S^*$  consists of several disjoint simple closed curves. We call such a projection a simple projection. Now, is it possible to give a projection of every 2-sphere in  $R^4$  as a simple projection on some 3-subspace?

It is the purpose of this paper to prove that there exist some kinds of locally flat 2-spheres, each sphere of which can not be deformed so that it has a simple projection. For this purpose we consider two kinds of spheres, simply knotted spheres and symmetric ribbon spheres, and prove that these kinds of spheres coincide. Spheres of the former are defined as equivalent classes of spheres, each of which contains a sphere  $S$  such that its projection  $S^*$  on some 3-subspace is a simple projection, and spheres of the latter are known<sup>1)</sup> as a simple case of knotted 2-spheres in  $R^4$ .

The sphere used in the proof is the one discovered by R. H. Fox<sup>2)</sup>, and a slight modification of H. Terasaka's result [8] enable us to prove that the Fox's sphere is distinct from a symmetric ribbon sphere.

### 2. Preliminaries

In this section we shall state some fundamental concepts and terminologies, most of which were explained in [10], concerning the projection method for the knot theory in the 4-space. Throughout this paper terminologies are used in the semi-linear point of view.

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1) [7], p. 135, Example 10, 11 and [10], p. 70, Example 1, 2.

2) [7], p. 136, Example 12.

Let  $R^4$  be the 4-dimensional Euclidean space with a coordinate system  $(x, y, z, u)$ . The 3-dimensional subspace of  $R^4$  defined by  $u=0$  is denoted by  $R^3$ . The half spaces of  $R^4$  defined by  $u \geq 0$  or  $u \leq 0$  are denoted by  $H_+^4$  or  $H_-^4$  respectively. With every point  $P=(x, y, z, u)$  of  $R^4$ , we associate the point  $P^*=(x, y, z, 0)$  and the coordinate  $u=u(P)$ . We call  $P^*$  the *trace* or the *projection* of  $P$ , and  $u$  the *height* of  $P$  respectively. The mapping  $\pi: P \rightarrow P^*$  is called the *projection* as usual.

Let  $M$  be a 2-dimensional manifold in  $R^4$  with or without boundaries. There is no loss of generality to assume the following condition:

(2.1) *If  $P_1, \dots, P_m$  are vertices of  $M$ , then the system of points  $(P_1^*, \dots, P_m^*)$  is in general position in  $R^3$ .*

It is natural to denote the set of traces of points of  $M$  by  $M^*$ . In virtue of (2.1), we can suppose that the set of *cutting points* of  $M^*$ , that is, the set of points of intersections of different 2-simplexes of  $M^*$ , constitutes a 1-dimensional complex. We denote the set of cutting points of  $M^*$  by  $\Gamma(M^*)$ .

We can also assume the following conditions:

(2.2) *A segment of  $\Gamma(M^*)$  is the intersection of just two 2-simplexes.*

(2.3) *There exist just three 2-simplexes through a double point of  $\Gamma(M^*)$ .*

From the same argument as in Fig. 1 of [10], we can suppose that:

(2.4)  *$\Gamma(M^*)$  consists of the following three kinds of polygons,*

(1) *closed polygons,*

(2) *polygonal arcs, whose endpoints belong to the projection of boundaries of  $M$ ,*

(3) *polygonal arcs, whose endpoints contain some singular cutting points.*

The definition of *singular cutting points* was stated in [10], but we do not need the definition in this paper.

Let  $\gamma^*$  be a cutting of  $\Gamma(M^*)$ , namely a polygon of a kind of (1) or (2), and  $\gamma_1, \gamma_2$  be inverse images of  $\gamma^*$  on  $S$  by the projection. If  $u(P_1) > u(P_2)$  for some points  $P_1 \in \gamma_1, P_2 \in \gamma_2$  such that  $P_1^* = P_2^*$ , then it is obvious that  $u(Q_1) > u(Q_2)$  for every pair of points  $Q_1 \in \gamma_1, Q_2 \in \gamma_2$  such that  $Q_1^* = Q_2^*$ . We denote this situation simply by  $u(\gamma_1) > u(\gamma_2)$ .

The terminology of cutting is used sometimes for a continuous image of a 2-manifold under the same conditions as (2.1), (2.2) and (2.3).

The presentation of the knot group  $\mathfrak{F}(M)$  in the projection method is as follows. Let  $\Sigma_1^*, \dots, \Sigma_k^*$  be components of  $M^* - \Gamma(M^*)$ , where  $M$  is an arbitrary 2-dimensional closed manifold in  $R^4$ . Let  $\gamma^*$  be the

intersection of two surfaces  $A_i^* = \overline{\Sigma_i^* \cup \Sigma_{i+1}^*}$  and  $A_j^* = \overline{\Sigma_j^* \cup \Sigma_{j+1}^*}$  (Fig. 1), and  $\gamma_i, \gamma_j$  be the inverse images of  $\gamma^*$  on  $A_i$  and  $A_j$ , respectively. If  $u(\gamma_i) < u(\gamma_j)$  then we call  $A_i$  the *under surface* and  $A_j$  the *over surface* respectively.

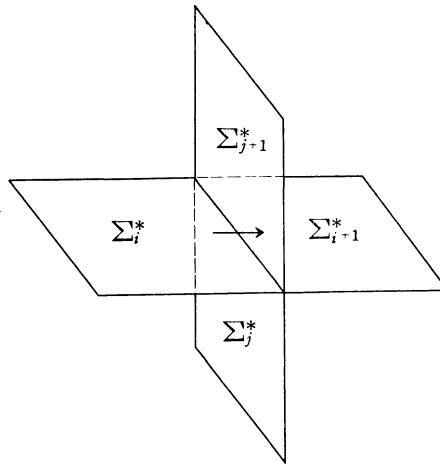


Fig. 1.

We use the notation in Fig. 1 to represent the relation between the heights of two surfaces, where the small vector on the under surface indicates the orientation of the over surface.

According to the results of [10] we have the presentation of  $\mathfrak{F}(M)$ , with generators  $\sigma_i$  corresponding to each  $\Sigma_i^*$  ( $i=1, \dots, k$ ), as follows :

Generators :  $(\sigma_1, \dots, \sigma_k)$

Defining relations :  $\sigma_{j+1} = \sigma_j, \sigma_{i+1} = \sigma_j \sigma_i \sigma_j^{-1}$

for each  $\gamma^*$ , where  $\overline{\Sigma_j \cup \Sigma_{j+1}}$  is the over surface and the orientation vector points from  $\Sigma_i^*$  to  $\Sigma_{i+1}^*$ .

### 3. Symmetric ribbon spheres

First of all we shall state the definition of ribbons. Let  $D_0$  be the unit disk  $x^2 + y^2 \leq 1$ , and let  $f$  be a continuous mapping of  $D_0$  into  $R^3$ . Put  $D^* = f(D_0)$ . Let  $\gamma^*$  be a simple arc of  $\Gamma(D^*)$ , which is of the kind of (2.4), (2), and is separated from the rest of  $\Gamma(D^*)$ . Then there happen following two cases (Fig. 2) :

(a)  $f^{-1}(\gamma^*)$  consists of two arcs on  $D_0$  such that the endpoints of one of them belong to the boundary of  $D_0$ , and those of the other do not.

(b)  $f^{-1}(\gamma^*)$  consists of two arcs on  $D_0$  such that one of the endpoints of each arcs belongs to the boundary of  $D_0$ , and the others do not.

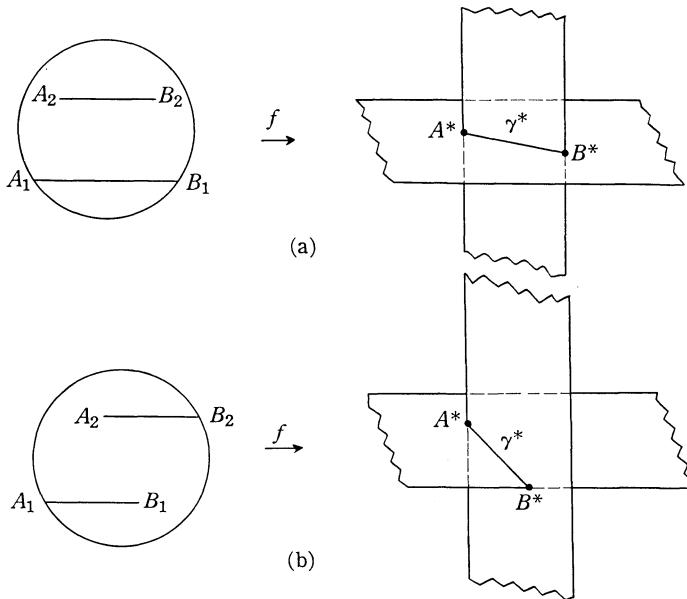


Fig. 2.

A *ribbon*  $r$  is defined as a continuous image of  $D_0$  in  $R^3$  such that  $\Gamma(r)$  consists of several disjoint simple arcs which are of the kind (a).

(3.1) *Let  $r$  be a ribbon. There exist disks  $D_+(r) \subset H_+^4$  and  $D_-(r) \subset H_-^4$  such that their boundaries are contained in  $R^3$  and  $D_+^*(r) = D_-^*(r) = r$ .*

Proof. First of all we shall construct  $D_+(r)$ . Let  $\gamma_1^*, \dots, \gamma_n^*$  be cuttings of  $\Gamma(r)$  and let  $\gamma_v^1, \gamma_v^2 (v = 1, \dots, n)$  be the inverse image of  $\gamma_v^*$ , where the endpoints of  $\gamma_v^1$ 's are on the boundary of  $D_0$ . Suppose  $P_v^1 \in \gamma_v^1, P_v^2 \in \gamma_v^2$  be the inverse image of the variable point  $P_v^*$  on  $\gamma_v^*$ . Let  $u$  be a continuous function defined on  $\sum \gamma_v^1 \cup \sum \gamma_v^2 \cup \text{Bd } D_0$  such that

- (i) if  $P_v^*$  is an endpoint of  $\gamma_v^*$ , then  $u(P_v^1) = 0, u(P_v^2) > 0$ ,
- (ii) if  $P_v^* \in \gamma_v^*$  is not an endpoint of  $\gamma_v^*$ , then  $0 < u(P_v^1) < u(P_v^2)$ ,
- (iii) if  $P^* \in \text{Bd } r - \sum \gamma_v^*$ , then  $u(P) = 0$ .

We can extend the function  $u$  onto  $D_0$  such that  $u$  is continuous on  $D_0$ .

It is obvious that the correspondence

$$h: P \rightarrow (P^*, u(P)), \quad P \in D_0$$

forms a homeomorphic mapping of  $D_0$  into  $R^4$ . Hence  $D_+(r) = h(D_0)$  is a required disk.

For the construction of  $D_-(r)$  it is sufficient to replace the conditions (i), (ii) by the following conditions :

(i') if  $P_v^*$  is an endpoint of  $\gamma_v^*$ , then  $u(P_v^1)=0$ ,  $u(P_v^2)<0$ ,  
(ii') if  $P_v^* \in \gamma_v^*$  is not an endpoint of  $\gamma_v^*$ , then  $0>u(P_v^1)>u(P_v^2)$ .

It is obvious that :

(3.2) *There exists a unique equivalent class of spheres which contains the sphere  $S(r)=D_+(r) \cup D_-(r)$  for a given ribbon  $r$ .*

We call this equivalent class of spheres the *symmetric ribbon sphere* of  $r$ .

It is easy to get the projection  $S^*$  from an arbitrarily given ribbon  $r$ . Let  $\gamma_i^*$  be a cutting of  $r$ , and let  $A^*, B^*$  be parts of  $r$  which contain  $\gamma_i^*$ , where  $B^*$  runs through  $A^*$ . Thicken  $r$  to a singular cube  $K^*$ , so that the ribbon knot  $k$  of  $r$  separates the surface  $S^*$  of  $K^*$  into two singular disks, one of which corresponds to  $D_+(r)$  and the other to  $D_-(r)$ . Let  $A_+^*, B_+^*$  be the corresponding parts of  $A^*, B^*$  in  $D_+(r)$  and let  $A_-^*, B_-^*$  be the parts in  $D_-(r)$ . Then the cutting  $\gamma_i^*$  becomes to closed cuttings  $\gamma_{i1}^* = A_+^* \cap (B_+^* \cup B_-^*)$  and  $\gamma_{i2}^* = A_-^* \cap (B_+^* \cup B_-^*)$ . By these cuttings the tube  $B_+^* \cup B_-^*$  splits into three parts of tubes  $T_1^*, T_0^*, T_2^*$ , and new disks  $C_+^*$  and  $C_-^*$  appear on  $A_+^*$  and  $A_-^*$  respectively (Fig. 3).

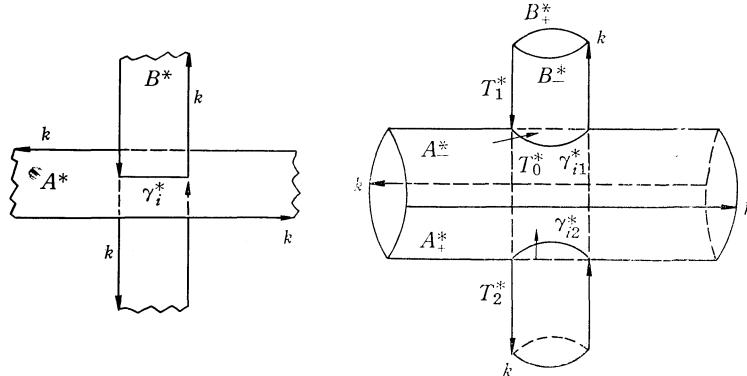


Fig. 3.

It is easily seen that  $T_0^* \cup T_1^*$  is the over surface at  $\gamma_{i1}^*$  and that  $T_0^* \cup T_2^*$  is the under surface at  $\gamma_{i2}^*$ . Hereafter we say that  $A$  and  $B$  have the *opposite relations in heights* at  $\gamma_{i1}^*$  and  $\gamma_{i2}^*$ . If we suppose that the orientation of  $D_+(r)$  coincides with that of  $k$ , then we have essential generators  $\sigma_A, \sigma_{B_1}, \sigma_{B_2}$  and the relation  $\sigma_{B_1} = \sigma_A \sigma_{B_2} \sigma_A^{-1}$ , where  $\sigma_A, \sigma_{B_1}$  and  $\sigma_{B_2}$  correspond to the surfaces  $A_+^* \cup A_-^*$ ,  $T_1^* \cup T_0^*$  and  $T_2^*$  respectively.

EXAMPLE 1. Let  $r_1$  be a ribbon in Fig. 4, (a). The ribbon knot  $k_1$  of  $r_1$  is known as *the square knot*. The corresponding symmetric ribbon sphere  $S_1^*$  is shown in (b).

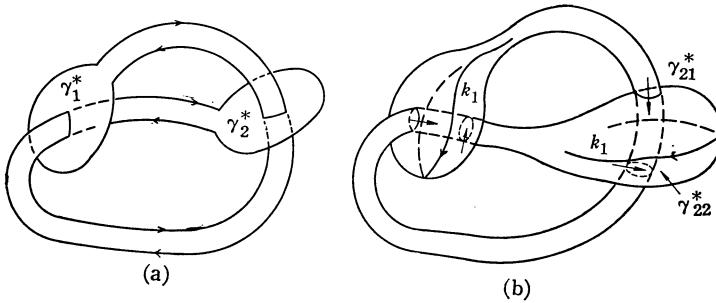


Fig. 4.

EXAMPLE 2. Let  $r_2$  be a ribbon in Fig. 5, (a). The ribbon knot  $k_2$  of  $r_2$  is known as *the stevedore's knot*.

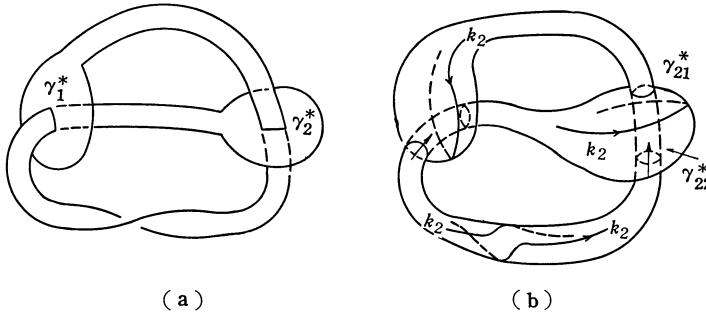


Fig. 5.

Since the stripe connecting two disks in (a) is twisted, we have the sphere in (b) exchanging the relations of heights between  $\gamma_{21}^*$  and  $\gamma_{22}^*$  in Fig. 4, (b).

#### 4. Simply knotted spheres

Let  $S$  be a sphere in  $R^4$  such that  $\Gamma(S^*)$  consists of several disjoint simple closed curves  $\gamma_1^*, \dots, \gamma_n^*$ . We call such a projection  $S^*$  a simple projection. An equivalent class of spheres which contains the sphere  $S$  is called a *simply knotted sphere*. It is obvious that a symmetric ribbon sphere is a simply knotted sphere. We shall prove in this section that every simply knotted sphere is equivalent to a symmetric ribbon sphere.

(4.1)  $\gamma_\nu^* (\nu=1, \dots, n)$  is a trivial knot in  $R^3$ .

Proof. Let  $\mathbb{S}$  be the unit sphere  $x^2+y^2+z^2=1$ , and let  $h$  be a homeomorphism of  $\mathbb{S}$  onto  $S$ . Put  $f=\pi h$ . Then  $f^{-1}(\gamma_\nu^*)$  consists of two disjoint circles  $c_\nu^1$  and  $c_\nu^2$  on  $\mathbb{S}$ . The circles  $c_\nu^1$  and  $c_\nu^2$  bound disks  $D_\nu^1$

and  $D_\nu^2$  respectively on  $\mathfrak{S}$  such that  $c_\nu^1 \cap D_\nu^2 = c_\nu^2 \cap D_\nu^1 = 0$ . Therefore,  $\gamma_\nu^*$  is the boundary of the singular disk  $D_\nu^{1*} = f(D_\nu^1)$ , where singularities of  $D_\nu^{1*}$  do not exist on  $\gamma_\nu^*$ . Hence we can suppose that  $\gamma_\nu^*$  is the boundary of some non-singular disk by Deh's Lemma<sup>3)</sup>. Therefore  $\gamma_\nu^*$  is trivial. We call  $D_\nu^k$  ( $k=1, 2$ ) the *interior* of  $c_\nu^k$ .

(4.2)  $\gamma_\nu^*$  and  $\gamma_\mu^*$  do not link homotopically for  $\nu \neq \mu$ .

Proof. Let  $f^{-1}(\gamma_\nu^*) = c_\nu^1 \cup c_\nu^2$  and  $f^{-1}(\gamma_\mu^*) = c_\mu^1 \cup c_\mu^2$ . Let  $c_\nu^1$  be an innermost one in these circles. Suppose that  $\gamma_\nu^*$  links homotopically with  $\gamma_\mu^*$ . Then we have  $f(D_\nu^1) \cap \gamma_\mu^* \neq 0$ . Therefore  $\gamma_\mu^*$  is not a simple closed curve. This contradicts the assumption.

Let  $d_\nu$  be a parallel curve to  $c_\nu^k$  sufficiently near to  $c_\nu^k$  on  $\mathfrak{S}$ . We can prove easily as above that  $f(d_\nu)$  and  $\gamma_\nu^* = f(c_\nu^k)$  do not link homotopically. Therefore, we have the following statement.

(4.3) *A ring-neighbourhood of  $c_\nu^k$ , which does not contain another inverse image of  $\Gamma(S^*)$ , is mapped by  $f$  onto a topological non-twisted ring surface in  $R^3$ .*

Now  $\gamma_\nu^*$ 's are classified as follows :

- (1) Both  $c_\nu^k$  ( $k=1, 2$ ) are innermost in the circles of the inverse image of  $\Gamma(S^*)$ .
- (2) One of  $c_\nu^k$  ( $k=1, 2$ ) is innermost and the other is not.
- (3) Both  $c_\nu^k$  are not innermost.

If  $\gamma_\nu^*$  is a sort of (2), we call it a *canonical cutting*.

(4.4) *If both  $c_\nu^k$  ( $k=1, 2$ ) are innermost, then  $\gamma_\nu^*$  can be cancelled by a deformation of  $S$  in  $R^4$ .*

Proof. Since  $D_\nu^1$  and  $D_\nu^2$  do not contain the other circles of  $f^{-1}(\Gamma(S^*))$ , they are mapped onto non-singular disks  $D_\nu^{1*} = f(D_\nu^1)$  and  $D_\nu^{2*} = f(D_\nu^2)$  respectively such that  $D_\nu^{1*} \cap D_\nu^{2*} = \gamma_\nu^*$ . Let  $\gamma_\nu^1 = h(c_\nu^1)$  and  $\gamma_\nu^2 = h(c_\nu^2)$ . Suppose that  $u(\gamma_\nu^2) < u(\gamma_\nu^1)$ . In the first step, we deform a neighbourhood of  $h(D_\nu^2)$ , so that the height of every point of  $h(D_\nu^2)$  is less than those of points of  $h(D_\nu^1)$ . During this deformation,  $S^*$  is fixed. In the second step, we deform  $h(D_\nu^2)$  parallel to  $R^3$ , so that  $\gamma_\nu^2$  may be cancelled. During the deformation of the second step  $h(D_\nu^2)$  does not meet  $h(D_\nu^1)$ .

(4.5) *Let  $S$  be a simply knotted sphere. We can deform  $S$  into  $S'$ , so that  $\Gamma(S'^*)$  consists of canonical cuttings.*

Proof. In virtue of (4.4) we can suppose that  $\Gamma(S^*)$  consists of cuttings of (2) and (3). We shall prove by induction that non-canonical cuttings (3) can be replaced by a finite number of canonical cuttings (2).

3) [4], p. 1 or [5], p. 223, theorem 1.

Let  $\gamma_{v_1}^*, \dots, \gamma_{v_m}^*$  be non-canonical cuttings of  $S^*$  in the kind of (3), and let  $c_{v_1}^1, c_{v_1}^2; \dots; c_{v_m}^1, c_{v_m}^2$  be the circles of  $f^{-1}(\gamma_{v_i}^*)$  ( $i=1, \dots, m$ ). Suppose that  $c_{v_1}^1$  is an innermost one of these circles. We shall construct, in the first step, a deformation of  $S^*$  in  $R^3$ , so that  $\gamma_{v_1}^*$  may be replaced by canonical cuttings.

Let  $E_1, E_2$  be ring-neighbourhoods of  $c_{v_1}^1, c_{v_1}^2$  respectively, such that each  $E_k$  ( $k=1, 2$ ) contains only the circle  $c_v^k$ . In virtue of (4.3) we can suppose that  $E_1^* = f(E_1)$  is a ring surface on  $(x, y)$ -plane and  $E_2^* = f(E_2)$  is a cylinder which is perpendicular to  $E_1^*$ . Suppose that  $D_{v_1}^{1*}$  continues to the inside of the ring surface  $E_1^*$ .

The synopsis of the required deformation is illustrated in Fig. 6.

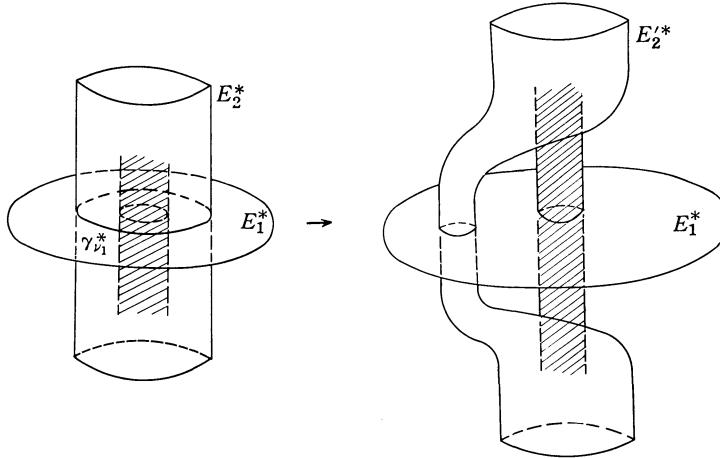


Fig. 6.

The shadowed part indicates that there exist some other parts of  $S^*$ . If we can prove that the intersection of the deformed cylinder  $E_2'^*$  with the shadowed part consists of canonical cuttings, then the proof is complete. The detailed proof in the question is as follows (Fig. 7).

Let  $C$  be a component of  $D_{v_1}^1 - f^{-1}(\Gamma(S^*))$  such that  $c_{v_1}^1$  may be a member of boundaries of  $C$ . Let  $c_{\mu_1}^1, \dots, c_{\mu_1}^1; c_{\tau_1}^2, \dots, c_{\tau_k}^2$  be the rest of boundaries of  $C$ , where  $c_{\mu_i}^1$ 's are innermost circles of  $f^{-1}(\Gamma(S^*))$  and  $c_{\tau_j}^2$ 's are not. For each  $c_{\tau_j}^2$ , we take a parallel curve  $d_{\tau_j}^2$  to  $c_{\tau_j}^2$  on  $C$ . If we replace all  $c_{\tau_j}^2$ 's by  $d_{\tau_j}^2$ 's, then we have a domain  $C_1$  contained in  $C$ . Since  $\gamma_{v_1}^*$  is canonical, there exists a non-singular disk  $A_{\tau_j}^*$ , which is parallel to  $D_{\tau_j}^{1*} = f(D_{\tau_j}^1)$  and  $Bd A_{\tau_j}^* = f(d_{\tau_j}^2)$ . Thus we have a disk  $B_{v_1}^* = C_1^* \cup \sum D_{\mu}^{1*} \cup \sum A_{\tau_j}^*$  such that  $B_{v_1}^* \cap (S - B_{v_1})^*$  consists of innermost circles on  $B_{v_1}^*$ .

Let  $B_{v_1}^{1*}$  and  $B_{v_1}^{2*}$  be two parallel surfaces to  $B_{v_1}^*$  illustrated as

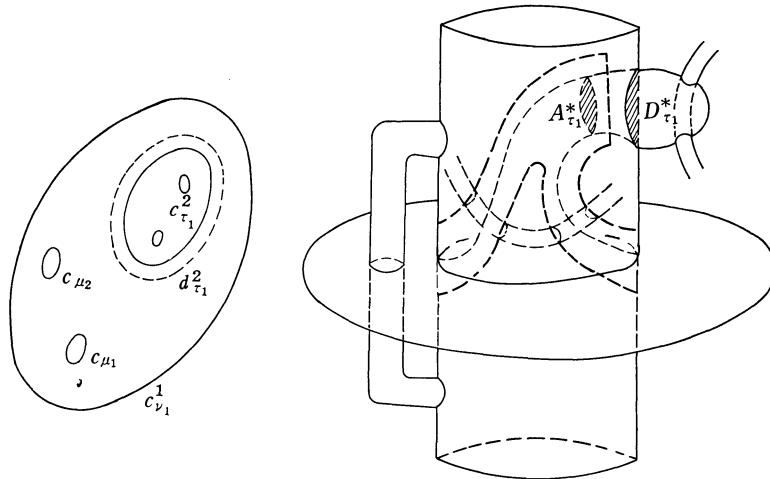


Fig. 7.

broken lines in Fig. 7. The disks  $B_{\nu_1}^{1*}$  and  $B_{\nu_1}^{2*}$  divide the cylinder  $E_2^*$  into three subcylinders  $E_2^{1*}$ ,  $E_2^{0*}$  and  $E_2^{2*}$ , where  $B_{\nu_1}^{1*}$  and  $B_{\nu_1}^{2*}$  are bounding disks of  $E_2^{1*}$  and  $E_2^{2*}$  respectively. Perforate the subcylinders  $E_2^{1*}$  and  $E_2^{2*}$  into  $\tilde{E}_2^{1*}$  and  $\tilde{E}_2^{2*}$  respectively, and connect these holes by a tube  $T^*$ . Then we have the required cylinder  $E_2'^* = (\tilde{E}_2^{1*} \cup B_{\nu_1}^{1*}) \cup (\tilde{E}_2^{2*} \cup B_{\nu_1}^{2*}) \cup T^*$ . Thus the question is solved.

In the last step of the proof, we shall show that the deformation in  $R^3$  defined above is admissible as the projection of a deformation of  $S$  in  $R^4$ . It will be done very simply. Suppose that  $u(E_1) > u(E_2)$ . Deform  $h(E_2)$ , so that the height of every point of  $E_2^0$  is less than that of the points of  $S - h(E_2^0)$ . Then we can deform  $h(E_2^0)$  parallel to  $R^3$  freely from the other part of  $S$ . Thus, we have completed the proof.

Let  $S$  be a simply knotted sphere such that  $\Gamma(S^*)$  consists of canonical cuttings  $\gamma_1^*, \dots, \gamma_n^*$ . Suppose that  $c_1^1, \dots, c_n^1; c_1^2, \dots, c_n^2$  are circles of  $f^{-1}(\Gamma(S^*))$  on  $\mathfrak{S}$ , where  $f^{-1}(\gamma_\nu^*) = c_\nu^1 \cup c_\nu^2$  ( $\nu = 1, \dots, n$ ) and  $c_\nu^1$ 's are innermost on  $\mathfrak{S}$ . Hereafter we call  $c_\nu^1$ 's circles of the first kind, and  $c_\nu^2$ 's are those of the second kind. Let  $C_0, \dots, C_n$  be the components of  $\mathfrak{S} - \sum c_\nu^2$ . Then each  $C_\sigma$  ( $\sigma = 0, 1, \dots, n$ ) is mapped homeomorphically in  $R^3$ , but it may happen that  $\bar{C}_\sigma$  is mapped not homeomorphically for some  $\sigma$ . A cutting  $\gamma_\nu^*$ , such that  $c_\nu^1$  and  $c_\nu^2$  are contained in some  $\bar{C}_\sigma$ , is called a self-cutting of  $\bar{C}_\sigma^*$ .

Let  $c_{\nu_1}^2, \dots, c_{\nu_k}^2$  be the bonding circles of  $C_\sigma$ . If  $\bar{C}_\sigma^*$  contains no self-cutting, then it is obvious that  $M_\sigma = \bar{C}_\sigma \cup D_{\nu_1}^1 \cup \dots \cup D_{\nu_k}^1$  is mapped into a sphere in  $R^3$ , where  $D_{\nu_i}^1$ 's are the same as (4.1). Therefore, the sphere

$M_\sigma^*$  separates  $R^3$  into two parts. However, even in the case when  $\bar{C}_\sigma^*$  contains some self-cuttings, it is valid that  $M_\sigma^*$  separates  $R^3$  into the exterior and the interior of it.

(4.6) *Every simply knotted sphere  $S$  can be deformed into a sphere  $S'$ , so that if the interior of  $M_\sigma^*$  of  $S'^*$  contains some  $C_\tau^*$ 's, then these  $C_\tau^*$ 's are mutually disjoint tubes and the relation of heights at two terminal cuttings of a tube are mutually opposite for each  $\tau$ .*

Proof. In virtue of (4.5), we can suppose that  $I'(S^*)$  consists of canonical cuttings. Let  $C_\sigma$ ,  $M_\sigma$  be as above. Let  $N^*$  be a component of  $S^* - M_\sigma^*$  contained in the interior of  $M_\sigma^*$ . If all the vectors indicating the relations of heights at the cuttings of  $\bar{N}^* \cap M_\sigma^*$  are either on  $N^*$  or on  $M_\sigma^*$ , then it is obvious that  $N^*$  can be pulled out to the exterior of  $M_\sigma^*$  and the cuttings of  $\bar{N}^* \cap M_\sigma^*$  are cancelled. If  $\bar{N}^* \cap M_\sigma^*$  consists of more than two cuttings, and vectors of the relation of heights exist both on  $N^*$  and  $M_\sigma^*$ , then take a sphere  $S_N^*$  inside of  $M_\sigma^*$  such that the interior of  $S_N^*$  contains only the cuttings on  $N^*$ , and pull out the interior of  $S_N^*$  to the exterior of  $M_\sigma^*$ . The deformation in  $R^4$  corresponding to the pulling out of  $N^*$  may take place over or under  $h(C_\sigma)$ . In consequence of this deformation the remaining part of  $N^*$  in the interior of  $M_\sigma^*$  splits into the same number of tubes as the number of cuttings of  $\bar{N}^* \cap M_\sigma^*$ . Moreover, some of these tubes, each of which has the same relations of heights at the terminal cuttings, can be pulled out cancelling these cuttings. By repeating the above processes, we can get a spheres  $S'$  which satisfies the required conditions. Thus we have completed the proof.

Each  $C_\sigma^*$  has the orientation induced from that of  $S$ . According as the vector indicating the orientation of  $C_\sigma^*$  points to the inside or to the outside of  $M_\sigma^*$ , we say that  $C_\sigma^*$  is in the *positive* or in the *negative situation* respectively.

Now let us observe self-cuttings. Let  $c_1^2$  be an innermost one between the circles of the second kind, and let  $C_0$ ,  $C_1$  be the components of  $\mathfrak{S} - \sum c_v^2$ , such that  $\bar{C}_0 \cap \bar{C}_1 = c_1^2$ ,  $Bd C_0 = c_1^2$ . Suppose that  $c_1^1$  is contained in  $C_0$ . Obviously  $\overline{C_0 - D_1^1}$  is mapped onto a torus in  $R^3$ . According to the situation of  $\gamma_1^*$  on the torus, there exist two cases  $(\alpha)$  and  $(\beta)$ , where  $\gamma_1^*$  in  $(\alpha)$  is homotopic to a longitude of the torus and that in  $(\beta)$  is homotopic to a meridian. Obviously  $C_0^*$  and  $C_1^*$  in  $(\alpha)$  are in mutually opposite situations and those of  $(\beta)$  are the same.

For a general case, let  $c_v^2$  be the common boundary of  $C_\lambda$  and  $C_\mu$ , and let  $\gamma_v^*$  be a self-cutting of  $\bar{C}_\lambda^* = f(\bar{C}_\lambda)$ . In this case, there also exist two cases as above. If  $C_\lambda^*$  and  $C_\mu^*$  are in the same situations, then we call  $\gamma_v^*$  an *admissible self-cutting*. If they are in opposite situations, then

we call  $\gamma_v^*$  a *non-admissible self-cutting*. It is easily proved that if  $\gamma_v^*$  is an admissible self-cutting of  $C_\lambda^*$ , then  $C_\mu^*$  is contained in the interior of  $M_\lambda^*$ , and that if  $\gamma_v^*$  is non-admissible, then  $C_\mu^*$  is contained in the exterior of  $M_\lambda^*$ . Therefore, combining this with (4.6), we have the following statement:

(4.7) *If  $\gamma_{v_1}^*$  is an admissible self-cutting of  $\bar{C}_\lambda^*$ , then there exists a circle  $c_{v_2}^1$  on  $C_\lambda$  such that  $\gamma_{v_2}^*$  and  $\gamma_{v_1}^*$  are connected by a tube in the interior of  $M_\lambda^*$ .*

Now we are going to prove that non-admissible self-cuttings can be cancelled by a deformation of  $S$  in  $R^4$ . We shall begin with a special case.

(4.8) *Let  $\gamma_1^*$  be a non-admissible self-cutting of  $\bar{C}_0^*$ , where  $c_1^2$  is an innermost one between the circles of the second kind, and  $Bd C_0 = c_1^2$ . Then  $\gamma_1^*$  can be cancelled by a deformation of  $S$  in  $R^4$ .*

Proof. Let  $C_1$  be the component of  $\mathfrak{S} - \sum c_v^2$  such that  $\bar{C}_0 \cap \bar{C}_1 = c_1^2$ . Suppose that  $u(h(c_1^1)) > u(h(c_1^2))$  in Fig. 8 ( $\alpha_1$ ). Let  $S_1$  be a sphere in  $R^4$  such that  $S_1^*$  contains  $\bar{C}_0^*$  as the inside of it, and  $u(S_1) > u(h(\bar{C}_0))$ . Take a small circle  $a$  on  $h(C_0)$  and a circle  $b$  on  $S_1$  respectively, and connect these circles by a tube  $T$  in  $R^4$ . Let  $A^*$  and  $B^*$  be disks on  $S^*$  and on  $S_1^*$  respectively such that they are contained in  $T^*$ , and  $Bd A = a$ ,  $Bd B = b$ . Take a concentric circle  $a'$  of  $a$  on the disk  $A$ . Deform the inside  $A'$  of  $a'$ , so that  $u(A') > u(S_1 - A)$ . Since  $S_1$  is trivial in  $R^4 - S$ , we can deform  $A$  into the disk  $S_1 \cup T - B$ , so that  $(A - A') \rightarrow T$  and  $A' \rightarrow (S_1 - B)$ .

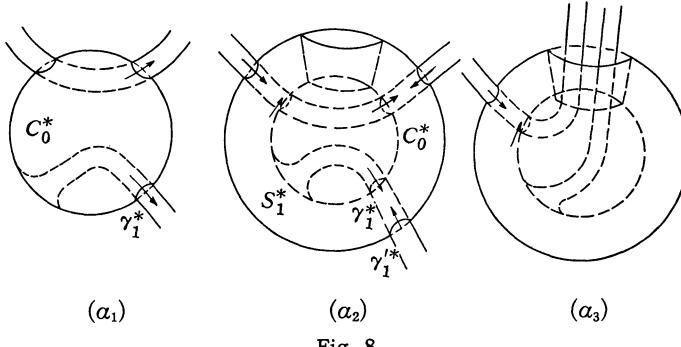


Fig. 8.

By this deformation, a new cutting parallel to each cutting of  $\bar{C}_0^*$  arises. But, in virtue of the definition of the height of  $S_1$ , the pair of cuttings  $\gamma_1^*, \gamma_1'^*$  are cancelled as shown in Fig. 8 ( $\alpha_3$ ), where  $\gamma_1'^*$  is the new cutting corresponding to  $\gamma_1^*$ . Moreover, a pair of cuttings corresponding to one of the terminal cuttings of every tube contained in  $\bar{C}_0^*$

is cancelled by the same reason as  $\gamma_v^*$ . Therefore, the cuttings on  $\bar{C}_0^*$  are not changed as a whole except  $\gamma_v^*$ , and  $C_0 \cup C_1$  becomes a single component  $C_0$ . We call the deformation above the *reversing* of  $C_0^*$ .

Each circle  $c_v^2$  of the second kind separates the sphere  $\mathbb{S}$  into two disks. We shall distinguish one of these disks by  $\Delta_v$  in the following manner: Fix an arbitrary innermost circle  $c_{v_1}^2$  and put  $\Delta_{v_1} = C_{\sigma_0}$ , where  $Bd C_{\sigma_0} = c_{v_1}^2$ . Let  $C_{\sigma_1}$  be the neighbouring component of  $C_{\sigma_0}$ . Let  $c_{v_2}^2$  be one of the bounding circles of  $C_{\sigma_1}$ , which is distinct from  $c_{v_1}^2$ . Let  $\Delta_{v_2}$  be the disk, such that  $Bd \Delta_{v_2} = c_{v_2}^2$  and  $\Delta_{v_2} \supset \Delta_{v_1}$ . For each circle  $c_{v_i}^2$  contained in  $\Delta_{v_2}$ , let  $\Delta_{v_i}$  be the disk such that  $Bd \Delta_{v_i} = c_{v_i}^2$  and  $\Delta_{v_i} \subset \Delta_{v_2}$ . In such a manner we can define a disk  $\Delta_v$  for every  $c_v^2$ , such that the collection of disks  $\{\Delta_v\}$  forms a directed set by the relation of inclusion.

(4.9) *Let  $c_\lambda^2; c_{\mu_1}^2; \dots, c_{\mu_m}^2; c_{v_1}^2, \dots, c_{v_n}^2$  be the bounding circles of  $C_\rho$ . Suppose that  $\Delta_\lambda \supset (\sum_{i=1}^m \Delta_{\mu_i}) \cup (\sum_{j=1}^n \Delta_{v_j})$  and that  $\gamma_\lambda^*, \gamma_{\mu_1}^*, \dots, \gamma_{\mu_m}^*$  are non-admissible self-cuttings of  $\bar{C}_\rho^*$ . If  $\Delta_{\mu_1}^*, \dots, \Delta_{\mu_m}^*; \Delta_{v_1}^*, \dots, \Delta_{v_n}^*$  does not contain any non-admissible self-cutting, then the sphere  $S$  can be deformed in  $R^4$ , so that these non-admissible self-cuttings are cancelled.*

Proof. Put  $\Delta(\lambda, \nu) = C_\rho \cup \sum_{j=1}^n \Delta_{v_j}$ . We shall reverse the perforated singular sphere  $\Delta(\lambda, \nu)^*$ . For this aim, we construct first of all a singular sphere  $S_1^*$  which serves the same rôle as  $S_1^*$  in (4.8).

Let  $\tilde{c}_\lambda^2, \tilde{c}_{\mu_i}^2$  ( $i=1, \dots, m$ ) be parallel curves to  $c_\lambda^2$  and  $c_{\mu_i}^2$  respectively on  $C_\rho$ . Let  $\tilde{C}_\rho$  be the domain, such that  $Bd \tilde{C}_\rho = \tilde{c}_\lambda^2 \cup \sum_{i=1}^m \tilde{c}_{\mu_i}^2 \cup \sum_{j=1}^n \tilde{c}_{v_j}^2$ . Take parallel disks  $\tilde{D}_{\mu_i}^{1*}$  to  $D_{\mu_i}^{1*}$  and a parallel disk  $\tilde{D}_\lambda^{1*}$  to  $D_\lambda^{1*}$ , so that  $Bd \tilde{D}_{\mu_i}^{1*} = f(\tilde{c}_{\mu_i}^2)$  and  $Bd \tilde{D}_\lambda^{1*} = f(\tilde{c}_\lambda^2)$  respectively. Then  $S_1^* = (\tilde{C}_\rho^* \cup \tilde{D}_\lambda^{1*} \cup \sum_{i=1}^m \tilde{D}_{\mu_i}^{1*}) \cup \sum_{j=1}^n \Delta_{v_j}^*$  forms a singular sphere, which does not contain any non-admissible self-cutting. Hence  $C_\sigma^*$ 's in  $\Delta_{v_j}^*$  ( $j=1, \dots, n$ ) and  $\tilde{C}_\rho^*$  are in the same situation. If these situations are negative, then deform  $S_1^*$  toward the direction of the vector of the orientation of  $S^*$ . If the situations of  $C_\sigma^*$ 's and  $\tilde{C}_\rho^*$  are positive, then deform  $S_1^*$  toward the opposite direction of the vector. Thus we get a singular sphere  $S_1^*$ , which is similar to  $S_1^*$ .

There occur three kinds of new cuttings as follows:

(1\*) Cuttings which appear as the intersections of  $S_1^*$  and  $S^*$ , where tubes of  $S^*$  run through  $S_1^*$ .

(2\*) Cuttings which appear as the intersections of  $S_1^*$  and  $S^*$ , where tubes of  $S_1^*$  run through  $S^*$ .

(3\*) Cuttings which are intersections of  $S_1^*$  itself.

Let  $\gamma_v^*$  be an arbitrary cutting on  $\Delta_\lambda^*$ . Let  $\gamma_{v\alpha}^*, \gamma_{v\beta}^*$  and  $\gamma_{\alpha\beta}^*$  be the corresponding new cuttings to  $\gamma_v^*$  of (1\*), (2\*) and (3\*) respectively.

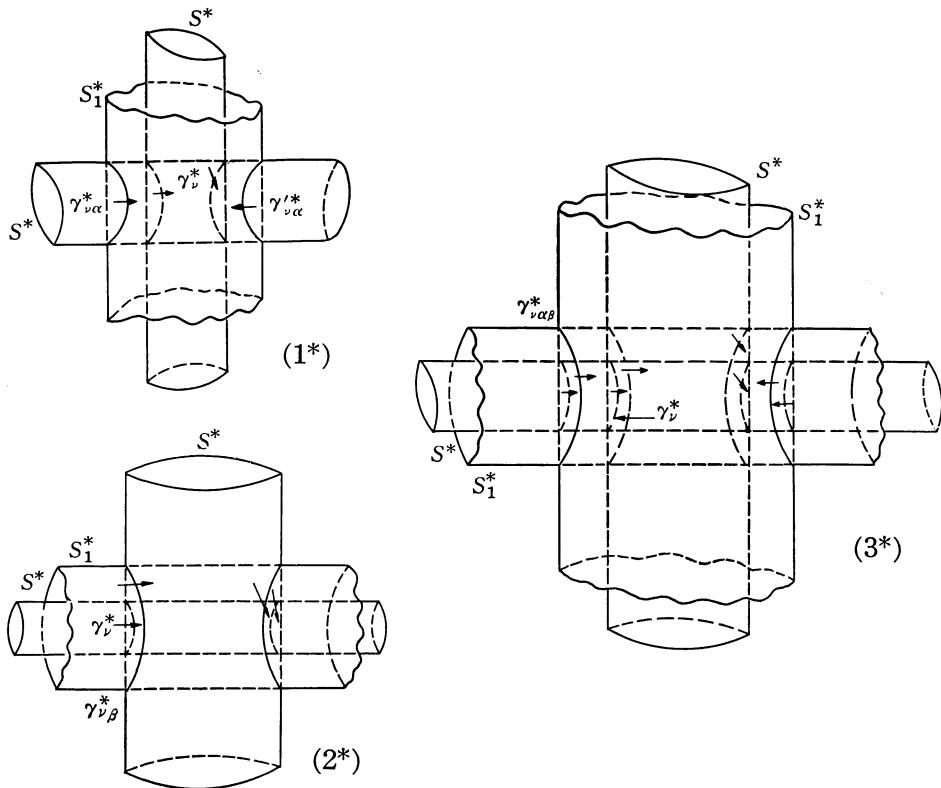


Fig. 9.

We shall define the relations of heights at these cuttings as follows:

(1) Let  $\gamma_{\nu\alpha}^*$  be the other terminal cutting of the tube of  $S^*$  in the interior of  $S_1^*$ . Then we define the height of  $S_1$ , so that  $S_1$  is both the over surface at  $\gamma_{\nu\alpha}^*$  and at  $\gamma_\nu^*$ .

(2) The same relation as  $\gamma_\nu^*$ , that is, if the tube of  $S$ , whose projection is parallel to the tube of  $S_1^*$ , is the over or under surface at  $\gamma_\nu^*$ , then the tube of  $S_1$  runs over or under  $S$  respectively.

(3) The same relation as  $\gamma_{\nu\alpha}^*$  in the meaning of (2).

It is easily proved that  $S_1$  is trivial in  $R^4 - S$  in virtue of (1), (2) and (3).

We shall reverse  $\Delta^*(\lambda, \nu)$ , as we did in (4.8). Take a small circle  $a$  on  $h(\bar{C}_\rho)$  and a circle  $b$  on  $S_1$ . Let  $A$  be the disk on  $h(\bar{C}_\rho)$ , such that  $Bd A = a$ , and let  $B$  be the disk on  $S_1$  such that  $Bd B = b$ . Connect the circles  $a, b$  by a tube  $T$ . Since  $S_1$  is trivial in  $R^4 - S$ , we can deform the disk  $A$ , so that  $A \rightarrow (S_1 - B) \cup T$ .

Thus we can reverse the perforated singular sphere  $\Delta^*(\lambda, \nu)$ . But

it happens that  $\gamma_{\nu\beta}^*$  in (2) and  $\gamma_{\nu\alpha\beta}^*$  in (3) are not canonical cuttings. If we replace these non-canonical cuttings with several canonical cuttings by the method of (4.5), then some new non-admissible self-cuttings may arise. Therefore, we shall cancell these non-canonical self-cuttings by another way.

For each  $C_\sigma$  contained in  $\Delta_\lambda - \sum_{j=1}^n \Delta_{\mu_j}$ , take a point  $P_\sigma$  on  $C_\sigma$ , so that it is not contained in circles of the first kind. Connect  $P_{\sigma_1}$  and  $P_{\sigma_2}$  by a segment  $l_{\sigma_1\sigma_2}$  if and only if  $C_{\sigma_1}$  and  $C_{\sigma_2}$  are mutually neighbouring components, so that  $l_{\sigma_1\sigma_2}$  intersects the common boundary at a single point, and that  $l_{\sigma_1\sigma_2}$  does not meet circles of the first kind. The union of these segments makes a tree. We shall call the image of this tree on  $S^*$  a *leading curve* of the deformation.

The synopsis of the required deformation is explained as an enlargement of the tube  $T$ . We shall consider the most simple case,  $n=1$ . Let  $C_{\sigma_1}$  be the neighbouring component of  $C_\rho$  in  $\Delta_{\nu_1}$ . Let  $(r, \theta, z)$  be a cylindrical coordinate system of  $R^3$ . We can suppose that  $A^*$  and  $\tilde{C}_\rho^* - A^*$  are represented as the disk ( $r \leq 1, z=1$ ) and the cylinder ( $r=1, 0 < z < 1$ ) respectively. Therefore,  $C_{\sigma_1}^*$  is represented as the negative part of the

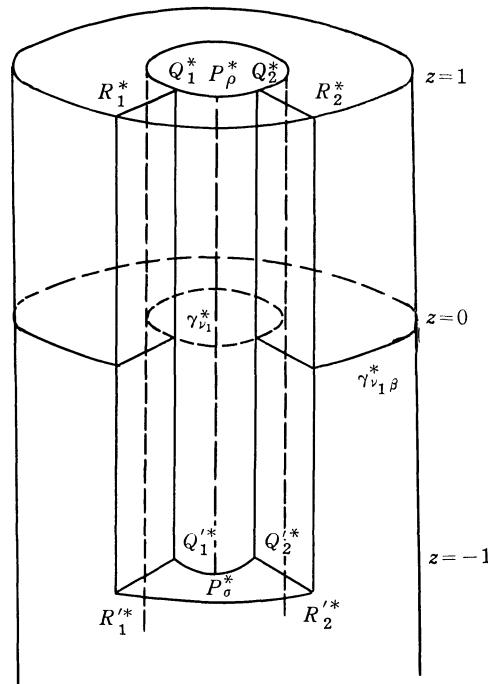


Fig. 10.

cylinder  $r=1$ . Moreover, we can suppose that the corresponding part of  $\tilde{C}_\rho^* - A^*$  in  $S_1^*$  is represented as the cylinder ( $r=2$ ,  $0 < z < 1$ ) and that the tube  $T^*$  is represented as the ring surface ( $1 \leq r \leq 2$ ,  $z=1$ ). Suppose that  $l_{\rho\sigma}^*$  is represented as the segment ( $r=1$ ,  $\theta=0$ ,  $-1 \leq z \leq 1$ ), where  $P_\rho^* = (1, 0, 1)$  and  $P_{\sigma_1}^* = (1, 0, -1)$ .

Take points  $Q_1^* = (1, -\theta_0, 1)$  and  $Q_2^* = (1, \theta_0, 1)$  on  $a^*$  and  $R_1^* = (2, -\theta_0, 1)$  and  $R_2^* = (2, \theta_0, 1)$  on  $b^*$ , where  $\theta_0$  is a sufficiently small positive number. Let  $Q_1'^*, R_1'^*; Q_2'^*, R_2'^*$  be the corresponding points of  $Q_1^*, R_1^*; Q_2^*, R_2^*$  respectively on the plane  $z=-1$ .

In virtue of (2), it is easily proved that the surface composed of the disks  $Q_1 Q_2 Q_2' Q_1'$ ,  $Q_1 Q_2 R_2 R_1$  and  $R_1' R_2' R_2 R_1$  is deformed into the surface composed of the disks  $Q_1 Q_1' R_1' R_1$ ,  $Q_1' Q_2' R_2' R_1'$  and  $Q_2 Q_2' R_2' R_2$ . In consequence of this deformation, the pair of cuttings  $\gamma_{\nu_1}^*$  and  $\gamma_{\nu_1\beta}^*$  becomes a single canonical cutting.

In the case of  $n > 1$ , we can also enlarge the tube  $T$  in the similar way as above, so that non-canonical cuttings  $\gamma_{\nu_1\beta}^*, \dots, \gamma_{\nu_n\beta}^*$  are cancelled. Therefore, even in the case when the leading curve has branched points, we can continue the deformation as far as all non-canonical cuttings are not cancelled.

(4.10) *Suppose that  $\gamma_\lambda^*$  in (4.9) is an admissible self-cutting. In this case, we can also cancel non-admissible self-cuttings in  $\Delta_\lambda^*$ .*

Proof. First of all we reverse the perforated singular sphere  $\Delta^*(\lambda, \nu)$  in the same method as (4.9). In consequence of the deformation, there happen a new non-admissible self-cutting as the intersection of  $C_\rho^*$  and  $S_1^*$ . But this is the case of  $m=0$  in (4.9). Therefore we can cancel it by the reversing of the deformed sphere.

In virtue of (4.8), (4.9) and (4.10), we can prove by induction that non-admissible self-cuttings of  $S^*$  can be cancelled. Thus we have the following :

(4.11) *Every simply knotted sphere can be deformed, so that the deformed sphere does not contain any non-admissible self-cutting.*

Now we shall prove the following theorem, which is the purpose of this section.

(4.12) **Theorem 1.** *Every simply knotted sphere is equivalent to a symmetric ribbon sphere.*

Proof. From (4.6), (4.7) and (4.11), we can suppose that the circles of the first kind on every  $C_\rho$  are divided into several pairs, so that the circles in a pair are mapped into the pair of terminal cuttings of a tube in  $M_\rho^*$ . Moreover, we can suppose that these terminal cuttings have an opposite relations in height.

Renominate the circles of  $f^{-1}(\Gamma(S^*))$ , so that  $(c_{\sigma,i}^1, c'_{\sigma,i}^1)$ ,  $(i=1, \dots, l(\sigma))$  is a couple on  $C_\sigma$ , where  $c_{\sigma,i}^1$  is mapped on the over surface at  $\gamma_{\sigma,i}^*$  and  $c'_{\sigma,i}^1$  is mapped on the under surface at  $\gamma'_{\sigma,i}^*$ .

Let  $P_{\sigma,0}$  ( $\sigma=0, 1, \dots, n$ ) be a point on  $C_\sigma$  which is not contained in the circles of the first kind, and let  $P_{\sigma,i}$  be a point on  $c_{\sigma,i}^1$  ( $i=1, \dots, l(\sigma)$ ). Connect  $P_{\sigma,i}$  with  $P_{\sigma,i+1}$  by a simple arc  $s_{\sigma,i+1}^\sigma$  ( $i=0, \dots, l(\sigma)-1$ ), so that these arcs are mutually disjoint and do not intersect  $f^{-1}(\Gamma(S^*))$  except their boundaries. Put  $L_\sigma = \left( \sum_{i=0}^{l(\sigma)-1} s_{\sigma,i+1}^\sigma \right) \cup \bigcup_{i=1}^{l(\sigma)} D_{\sigma,i}^1$ , where  $D_{\sigma,i}^1$  is the interior of the circle  $c_{\sigma,i}^1$ . Moreover connect  $P_{\sigma,0}$  and  $P_{\tau,0}$  by a simple arc  $l_{\sigma\tau}$  if and only if  $C_\sigma$  and  $C_\tau$  are mutually neighbouring components, so that  $l_{\sigma\tau}$  intersects the common boundary at a single point and does not intersect  $L_\sigma$  and  $L_\tau$  except its end points.

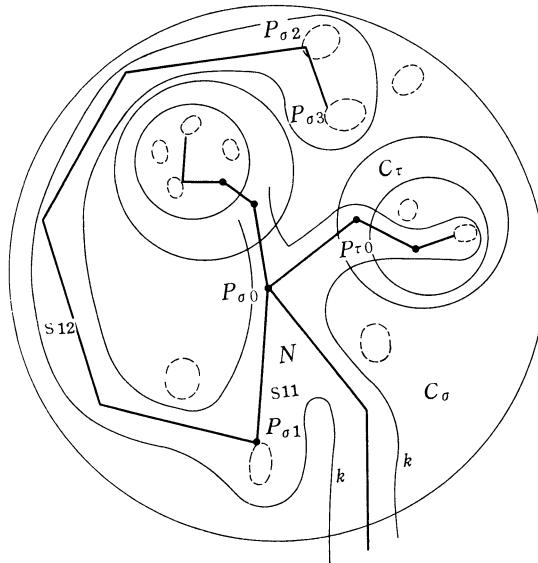


Fig. 11.

Let  $N$  be a sufficiently small neighbourhood of  $\sum L_\sigma \cup \sum l_{\sigma\tau}$ . Then the bounding curve  $k$  of  $N$  satisfies the conditions

- (1)  $K$  separates  $\mathfrak{S}$  into two disks  $D_+$  and  $D_-$ , where  $D_+$  contains  $c_{\sigma,i}^1$  and  $D_-$  contains  $c_{\sigma,i}'^1$  ( $\sigma=0, \dots, n$ ;  $i=1, \dots, l(\sigma)$ ),
- (2)  $k$  intersects each  $c_{\sigma,i}^2$  at two points.

Put  $k^* = f(k)$  and deform  $S$ , so that  $u(h(k)) = 0$ , without changing the relation of heights at every cutting. Then  $D_+$  and  $D_-$  satisfies the conditions of the inverse image of a ribbon. It is obvious that  $h(D_+)$  and  $h(D_-)$  are symmetric with respect to  $R^3$ . Thus we have completed the proof.

### 5. The Alexander polynomials

We are now in a position to prove the existence of a sphere which is distinct from simply knotted spheres. But before the discussion we shall review some history concerning knotted spheres.

After papers concerning spinning spheres by E. Artin [1] and others [2], [3], R. H. Fox and J. W. Milnor [6] discussed about slice knots or null-equivalent knots, which appear as an intersection of knotted spheres with a 3-dimensional subspace. In their paper they proved that the Alexander polynomials of slice knots are given in the form of  $f(t)f(t^{-1})$ . Several years later H. Terasaka [8] proved the converse of Fox-Milnor's theorem. In his paper, he tried to give an alternating proof of Fox-Milnor's theorem. But, since he assumed that every null-equivalent knot is represented as a ribbon knot, there exist some gap<sup>4)</sup> in the proof. However it is valid that the Alexander polynomial of a ribbon knot is given in a form  $f(t)f(t^{-1})$  as shown in Terasaka's paper. Following Terasaka's work, S. Kinoshita [9] proved the existence of a knotted sphere which has the given Alexander polynomial  $f(t)$  with  $f(1)=\pm 1$ . For our purpose nothing new is necessary, but only a remark to Terasaka's alternating proof of Fox-Milnor's theorem is sufficient.

Let  $A$  be an arbitrary knot represented by a regular projection on the ground plane, and let  $C$  be a trivial knot represented by a circle which is disjoint from  $A$  on the ground plane. Connect a small arc  $\alpha$  of  $A$  to a small arc  $\gamma$  of  $C$  by a band  $B$  which is represented by a pair of parallel curves, so that  $(A \cup B \cup C) - (\alpha \cup \gamma)$  forms a knot  $k$ , where  $B$  may tangle with  $A$ ,  $C$  or  $B$  itself. It is obvious that if  $A$  is a ribbon knot, then  $k$  is also a ribbon knot, and that conversely every ribbon knot is given in such a fashion.

We call the boundary curve of  $B$ , whose orientation coincides with the direction of  $B$ , that is from  $A$  to  $C$ , the positive side of  $B$ , and call the opposite one the negative side. By an under crossing of  $B$  with  $A$  or  $C$ ,  $B$  splits into several parts  $B_1, \dots, B_n$  in this order. Let  $b_{i,0}, \dots, b_{i,l(i)}$  be the parts of the positive side of  $B_i$  ( $i=1, \dots, n$ ), which do not contain under crossing arcs at intersections of  $B$  itself, and let  $\bar{b}_{i,k}$  ( $k=0, \dots, l(i)$ ) be the corresponding negative side of  $b_{i,k}$ .  $A$  and  $C$  are also divided by  $B$  into  $A_1, \dots, A_N$  and  $C_1, \dots, C_M$  respectively. Moreover  $A_i$  ( $i=1, \dots, N$ ) may split into  $a_{i,1}, \dots, a_{i,n(i)}$  by some crossing points of  $A$  itself (Fig. 12).

Using the same notation for generating elements of  $\mathfrak{F}(k)$  as arcs of  $k$ , Terasaka did as follows :

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4) [7], p. 173, Problem 25.

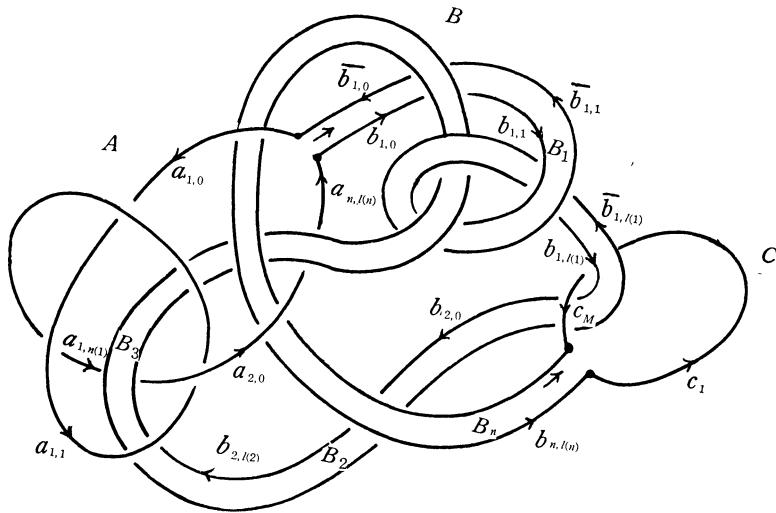


Fig. 12.

First of all he remarked that we can set

$$(5.1) \quad b_{i,0}\bar{b}_{i,0}^{-1} = \cdots = b_{i,l(i)}\bar{b}_{i,l(i)}^{-1} = B_i, \quad (i = 1, \dots, n)$$

in the computation of the Alexander matrix of  $k$ . However, it should be noticed that the relations (5.1) are not valid in the group  $\mathfrak{J}(k)$ . In the next step, replacing generators  $\bar{b}_{i,0}, \dots, \bar{b}_{i,l(i)}; \dots; \bar{b}_{n,0}, \dots, \bar{b}_{n,l(n)}$  by  $B_1, \dots, B_n$  and  $b_{1,0}, \dots, b_{1,l(1)}; \dots; b_{n,0}, \dots, b_{n,l(n)}$  and eliminating  $b_{1,1}, \dots, b_{1,l(1)}; b_{2,1}, \dots, b_{2,l(2)}; \dots; b_{n,1}, \dots, b_{n,l(n)-1}$ , he got the following Alexander matrix  $M_k$ :

$B_1 B_2 \cdots B_n$	$b_{1,0}$	$b_{2,0} \cdots b_{n,0} b_{n,l(n)}$	$a_{1,0} \cdots a_{N,n(N)}$	$C_1 \cdots C_M$
$\ g(x)\ $		0	0	0
*	1	$\ f(x)\ $	*	*
*		0	$\ \Delta_A(x)\ $	0
*		0	0	$\ \Delta_C(x)\ $

In the above matrix, the rows which contain the square matrix  $\|g(x)\|$  of order  $n$  correspond to the relations at under crossings of the band  $B$  with  $A$  or  $C$ , and the rows which contain the square matrix  $\|f(x)\|$  of order  $n$  correspond to the relations along the positive side of  $B$ . The minor  $\|\Delta_A(x)\|$  is the Alexander matrix for the knot  $A$ , and  $\|\Delta_C(x)\|$  is the Alexander matrix for the trivial knot  $C$ . In the last step he proved that  $g(x) = \pm x^m f(x^{-1})$ . Thus we have

(5.2) *If  $k$  is a ribbon knot, then there exists a polynomial  $f(x)$ , such that  $\Delta_k(x) = \pm x^m f(x) f(x^{-1})$ , where  $\Delta_k(x)$  is the Alexander polynomial of  $k$ .*

Now we shall prove the following :

(5.3) **Theorem 2.** *Let  $k$  and  $S$  be the ribbon knot and the symmetric ribbon sphere of an arbitrary ribbon  $r$ . Then, there exists a polynomial  $f(t)$ , such that*

$$\Delta_k(t) = f(t)f(t^{-1}), \quad \Delta_S(t) = f(t).$$

Proof. First of all, we shall prove the most simple case, that is the case where the knot  $A$  in Terasaka's proof is trivial. In virtue of the construction of  $S^*$  in §3,  $\mathfrak{F}(S)$  has the generators :

$$\begin{aligned} \sigma(B_1) &= \sigma(B_{1,0}) = \cdots = \sigma(B_{1,l(1)}) \\ &= \sigma(A_1) = \cdots = \sigma(A_N), \\ \sigma(B_2) &= \sigma(B_{2,0}) = \cdots = \sigma(B_{2,l(2)}), \\ &\dots \\ \sigma(B_n) &= \sigma(B_{n,0}) = \cdots = \sigma(B_{n,l(n)}) \\ &= \sigma(C_1) = \cdots = \sigma(C_M), \end{aligned}$$

each of which corresponds to the part of  $k$  represented by the notation in parenthesis.

Now we shall define a mapping  $\varphi$  of the generator system of  $\mathfrak{F}(k)$  onto the generator system of  $\mathfrak{F}(S)$ , such that

$$\varphi(b_{i,k}) = \varphi(\bar{b}_{i,k}) = \sigma(B_{i,k})^{-1}.$$

Then we have easily that

$$\begin{aligned} \sigma(B_{i,0}) &= \cdots = \sigma(B_{i,l(i)}), \quad (i = 1, \dots, n) \\ \sigma(A_1) &= \cdots = \sigma(A_N), \quad \sigma(C_1) = \cdots = \sigma(C_M), \end{aligned}$$

and that the mapping  $\varphi$  forms a homomorphism of  $\mathfrak{F}(k)$  onto  $\mathfrak{F}(S)$ . Obviously the group  $\mathfrak{F}(S)$  is isomorphic to the group  $\mathfrak{F}^*(k)$ , which has the same generators as  $\mathfrak{F}(k)$  and has the same relations as that of  $\mathfrak{F}(k)$  plus the following relations :

$$(*) \quad B_1 = B_2 = \cdots = B_n = 1.$$

We add the new relations  $(*)$  in  $M_k$  to compute the Alexander matrix of  $\mathfrak{F}^*(k)$ . Then we have  $\Delta_S(t) = f(t)$ . The general case of the theorem is proved easily by induction.

(5.4) **Corollary.** *Every symmetric ribbon sphere has the Alexander polynomial.*

Since the elementary ideal<sup>5)</sup>  $\mathcal{E}_1$  of the Alexander matrix of the Fox's sphere is not principal, that is, it has not the Alexander polynomial, combining (5.4) with Theorem 1, 2, we have the following main theorem of this paper :

(5.5) **Theorem 3.** *There exist spheres which are distinct from simply knotted spheres.*

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5) [7], p. 127.