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Adipocytes from Munc18c-null mice show increased sensitivity to insulin-stimulated GLUT4 externalization

Hajime Kanda, Yoshikazu Tamori, Hiroaki Shinoda, Mari Yoshikawa, Motoyoshi Sakaue, Jun Udagawa, Hiromi Otani, Fumi Tashiro, Jun-ichi Miyazaki, and Masato Kasuga

Insulin-stimulated glucose uptake in adipocytes is mediated by translocation of vesicles containing the glucose transporter GLUT4 from intracellular storage sites to the cell periphery and the subsequent fusion of these vesicles with the plasma membrane, resulting in the externalization of GLUT4. Fusion of the GLUT4-containing vesicles with the plasma membrane is mediated by a soluble N-ethylmaleimide–sensitive factor attachment protein receptor (SNARE) complex consisting of vesicle-associated membrane protein 2 (VAMP2), 23-kDa synaptosomal-associated protein (SNAP23), and syntaxin4. We have now generated mouse embryos deficient in the syntaxin4 binding protein Munc18c and show that the insulin-induced appearance of GLUT4 at the cell surface is enhanced in adipocytes derived from these Munc18c−/− mice compared with that in Munc18c+/+ cells. Wortmannin, an inhibitor of PI3K, inhibited insulin-stimulated GLUT4 externalization, without affecting GLUT4 translocation to the cell periphery, in Munc18c+/+ adipocytes, but it did not affect GLUT4 externalization in Munc18c−/− cells. Phosphatidylinositol 3-phosphate, which induced GLUT4 translocation to the cell periphery without externalization in Munc18c+/+ cells, elicited GLUT4 externalization in Munc18c−/− cells. These findings demonstrate that Munc18c inhibits insulin-stimulated externalization of GLUT4 in a wortmannin-sensitive manner, and they suggest that disruption of the interaction between syntaxin4 and Munc18c in adipocytes might result in enhancement of insulin-stimulated GLUT4 externalization.

Introduction
The plasma concentration of glucose is strictly controlled in normal individuals through the regulation of the balance among glucose absorption from the intestine, production by the liver, and uptake by peripheral tissues. Most postprandial glucose uptake in peripheral tissues occurs in skeletal muscle and adipose tissue, in both of which the insulin-regulated glucose transporter GLUT4 is predominantly expressed. Insulin-dependent glucose uptake in these tissues results from the translocation of GLUT4-containing vesicles from intracellular storage sites to the cell periphery and the subsequent fusion of these vesicles with the plasma membrane, resulting in the externalization of GLUT4 (1, 2). The fusion of GLUT4 vesicles with the plasma membrane is mediated by a soluble N-ethylmaleimide–sensitive factor attachment protein receptor (SNARE) complex that consists of vesicle-associated membrane protein 2 (VAMP2), 23-kDa synaptosomal-associated protein (SNAP23), and syntaxin4 (3–9). The activation of a PI3K-dependent signaling pathway is necessary for insulin-induced exocytosis of GLUT4-containing vesicles (10). However, the mechanism by which insulin regulates formation of the SNARE protein complex has remained unknown.

Nonstandard abbreviations used: dpc, days postcoitum; IRES, internal ribosome entry site; IRS, insulin receptor substrate; MEF, mesenchymal embryonic fibroblast; PI3P, phosphatidylinositol 3-phosphate; SNAP23, 23-kDa synaptosomal-associated protein; SNARE, soluble N-ethylmaleimide–sensitive factor attachment protein receptor; VAMP2, vesicle-associated membrane protein 2.

Conflict of interest: The authors have declared that no conflict of interest exists.

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Results
Munc18c−/− mice die either in utero or as neonates. We generated mice in which the Munc18c gene was disrupted as a result of homologous recombination. A targeting vector was designed to replace the exon

Related Commentary, page 219

Research article
that includes the ATG initiation codon with the neomycin resistance gene and an internal ribosome entry site (IRES) sequence. Screening of neomycin-resistant ES cells by Southern blot analysis identified 4 cell clones that had undergone appropriate recombination. One line of chimeric mice was obtained from these recombinant ES cells. We generated Munc18c +/– mice by mating the chimeric animals with C57BL/6J mice. All Munc18c –/– mice died either in utero or within 6 hours after birth. At 13.5 days postcoitum (dpc), the Munc18c –/– embryos were 17% shorter than were wild-type embryos (mean body lengths, 8.9 mm and 10.8 mm, respectively) (Figure 2A). Live newborn Munc18c –/– mice were also 30% shorter than Munc18c +/+ animals (mean body lengths, 19.1 mm and 27.3 mm, respectively) (Figure 2B). The intermediate zone of the cerebral cortex of newborn Munc18c –/– mice contained poorly formed neural fibers and a greater number of cellular components compared with Munc18c +/+ animals (Figure 2C). Furthermore, the border between the subventricular and intermediate zones was indistinct in Munc18c –/– mice. These results thus suggest that Munc18c is essential for normal brain development. The precise mechanisms by which Munc18c deficiency gives rise to intruterine growth retardation and embryonic or neonatal death remain to be defined.

Generation of Munc18c –/– adipocytes. To determine the role of Munc18c in insulin-stimulated GLUT4 exocytosis, we generated adipocytes that lack this protein by inducing the differentiation of MEFs isolated from Munc18c –/– animals at 13.5 dpc. We first examined adipogenesis in the Munc18c –/– cells by staining with oil red O, which detects triglycerides. The proportion of MEFs that differentiated into adipocytes was similar in populations of cells isolated from Munc18c +/+, Munc18c +/–, and Munc18c –/– embryos (Figure 3A). Furthermore, the triglyceride content of the differentiated cells did not differ significantly among the 3 genotypes (Figure 3B), which suggests that Munc18c does not affect adipogenesis in vitro.

SNARE protein expression in Munc18c –/– adipocytes. We next examined the expression of SNARE proteins in Munc18c –/– adipocytes. Northern blot analysis revealed that the amounts of syntaxin4, SNAP23, and VAMP2 mRNAs did not differ among Munc18c +/+, Munc18c +/–, and Munc18c –/– adipocytes (Figure 4A). The abundance of another isoform of Munc18, Munc18b, also did not differ among these adipocytes (Figure 4A). Immunoblot analysis, however, showed that the amount of syntaxin4, which forms a complex with Munc18c in adipocytes (6), was markedly reduced in Munc18c –/– adipocytes and slightly reduced in Munc18c +/– cells compared with that in wild-type cells (Figure 4B). In contrast, the abundance of SNAP23 or VAMP2 did not differ among adipocytes of the 3 genotypes. Furthermore, the expression of syntaxin2, which does not bind to Munc18c in adipocytes (6), was not affected by Munc18c deficiency. These results suggest that Munc18c might stabilize syntaxin4 by forming a complex with it in adipocytes.
The binding of Munc18c to syntaxin4 inhibits the association of the latter protein with SNAP23 or VAMP2 (4, 5, 7), which suggests that, in the absence of Munc18c, syntaxin4 might be free to form a SNARE complex with SNAP23 and VAMP2. Moreover, the ratio of the amounts of syntaxin4 and Munc18c, rather than the absolute abundance of these proteins, has been shown to affect insulin-stimulated glucose uptake in skeletal muscle and adipose tissue (16). We therefore next examined the amount of Munc18c-free syntaxin4 in Munc18c +/+ , Munc18c +/− , and Munc18c −/− adipocytes with the use of an mAb (A6C) that immunoprecipitates only syntaxin4 molecules that are not associated with Munc18c (Figure 5A). Whereas the total amount of syntaxin4 was significantly reduced in Munc18c −/− adipocytes (Figure 5B), the amount of syntaxin4 immunoprecipitated by the A6C antibody was increased by approximately 2.5-fold in these cells compared with that in Munc18c +/+ or Munc18c +/− adipocytes (Figure 5C). These results thus indicate that the amount of Munc18c-free syntaxin4 is increased in Munc18c −/− adipocytes even though the total amount of syntaxin4 is reduced.

Deficiency of Munc18c does not affect proximal insulin signaling. We examined whether proximal insulin signaling implicated in GLUT4 exocytosis in adipocytes was affected by the lack of Munc18c. No marked difference in the extent either of tyrosine phosphorylation of the insulin receptor or insulin receptor substrate (IRS) or of serine phosphorylation of the downstream kinase Akt induced by stimulation with insulin (1 or 100 nM) for 5 minutes was apparent among Munc18c +/+, Munc18c +/− , and Munc18c −/− adipocytes (Figure 6). The absence of Munc18c thus does not affect the activity of major molecules that mediate proximal insulin signaling.

Enhancement of insulin-stimulated GLUT4 externalization in Munc18c −/− adipocytes. We next determined the subcellular localization of endogenous GLUT4 in Munc18c −/− adipocytes. Subcellular fractionation and subsequent immunoblot analysis with antibodies to GLUT4 revealed that, upon stimulation with 100 nM insulin for 20 minutes, GLUT4 translocated from intracellular storage sites to the plasma membrane to a similar extent in Munc18c +/+, Munc18c +/− , and Munc18c −/− adipocytes (Figure 7, A and B), which suggests that Munc18c does not contribute to this process. To distinguish between the movement of GLUT4 vesicles to the cell periphery and the subsequent fusion of the vesicles with the plasma membrane and GLUT4 externalization, we studied adipocytes that had been infected with a retroviral vector encoding a form of GLUT4.
We confirmed that stimulation was enhanced in Munc18c−/− adipocytes, whereas in Munc18c+/+ or Munc18c+/− cells, both GLUT4 translocation to the cell periphery and GLUT4 externalization were maximal at 1 nM insulin (Figure 8, B and C). Thus, uptake in Munc18c+/+ or Munc18c+/− cells was the same whether determined by immunodetection with anti-GFP antibody or GFP fluorescence (data not shown). The extent of GLUT4 movement to the cell periphery was similar upon 20-minute stimulation of cells with either 1 or 100 nM insulin, and similar results were obtained with adipocytes of each of the 3 genotypes (Figure 8, A and B). Munc18c thus does not appear to affect the insulin-stimulated translocation of GLUT4 to the plasma membrane. In Munc18c+/+ or Munc18c+/− cells, 10 or 100 nM insulin was required for maximal externalization of GLUT4 (Figures 8, A and C), even though 1 nM insulin was sufficient for maximal induction of GLUT4 movement to the cell periphery (Figure 8B). However, in Munc18c−/− adipocytes, both GLUT4 translocation to the cell periphery and GLUT4 externalization were maximal at 1 nM insulin (Figure 8, B and C). Thus, sensitivity to the induction of GLUT4 externalization by insulin stimulation was enhanced in Munc18c−/− adipocytes compared with Munc18c+/− or Munc18c+/+ cells, although the maximal responses did not differ significantly among the 3 genotypes. Furthermore, we investigated the insulin-stimulated glucose uptake in adipocytes of each genotype. One hundred nanomolar insulin was required for the remarkable increase of glucose uptake in Munc18c+/+ or Munc18c+/− cells, whereas in Munc18c−/− adipocytes, 1 nM insulin induced almost the same increase in glucose uptake as did 100 nM insulin (Figure 9). These results indicate that not only externalization of GLUT4 but also glucose uptake are enhanced in Munc18c−/− adipocytes compared with Munc18c+/+ or Munc18c+/− cells.

To further confirm the observed effects of Munc18c deficiency in adipocytes, we restored Munc18c expression in Munc18c−/− cells by infection with the adenovirus containing Munc18c that we have used previously (6). Restoration of Munc18c expression in the Munc18c−/− adipocytes increased the abundance of syntaxin4 to the level apparent in wild-type cells (Figure 10A). At this time, it seemed that the amount of Munc18c in Munc18c−/− cells by infection

(GLUT4-myct7-GFP) that contains 7 Myc epitope tags in its first extracellular loop and is fused with GFP at its intracellular COOH-terminus (17). The insulin-induced movement of GLUT4 to the plasma membrane was monitored by measurement of GFP fluorescence at the cell periphery, and GLUT4 externalization was monitored by measurement of cell surface labeling with antibodies to the Myc tag. To exclude the possibility that GFP protein is not always fluorescent in adipocytes, we confirmed that insulin-induced localization of GLUT4 in Munc18c+/+ adipocytes was the same whether determined by immunodetection with anti-GFP antibody or GFP fluorescence (data not shown). The extent of GLUT4 movement to the cell periphery was similar upon 20-minute stimulation of cells with either 1 or 100 nM insulin, and similar results were obtained with adipocytes of each of the 3 genotypes (Figure 8, A and B). Munc18c thus does not appear to affect the insulin-stimulated translocation of GLUT4 to the plasma membrane. In Munc18c+/+ or Munc18c+/− cells, 10 or 100 nM insulin was required for maximal externalization of GLUT4 (Figures 8, A and C), even though 1 nM insulin was sufficient for maximal induction of GLUT4 movement to the cell periphery (Figure 8B). However, in Munc18c−/− adipocytes, both GLUT4 translocation to the cell periphery and GLUT4 externalization were maximal at 1 nM insulin (Figure 8, B and C). Thus, sensitivity to the induction of GLUT4 externalization by insulin stimulation was enhanced in Munc18c−/− adipocytes compared with Munc18c+/− or Munc18c+/+ cells, although the maximal responses did not differ significantly among the 3 genotypes. Furthermore, we investigated the insulin-stimulated glucose uptake in adipocytes of each genotype. One hundred nanomolar insulin was required for the remarkable increase of glucose uptake in Munc18c+/+ or Munc18c+/− cells, whereas in Munc18c−/− adipocytes, 1 nM insulin induced almost the same increase in glucose uptake as did 100 nM insulin (Figure 9). These results indicate that not only externalization of GLUT4 but also glucose uptake are enhanced in Munc18c−/− adipocytes compared with Munc18c+/+ or Munc18c+/− cells.

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tion with adenovirus containing Munc18c was more abundant than that of endogenous Munc18c in Munc18c+/− cells as determined by Western blot analysis (Figure 10A, upper panel). However, we suspected that this may have been due to the much higher level of expression of adenovirus-mediated Munc18c proteins in undifferentiated cells which are scattered among differentiated adipocytes because of high efficiency of adenovirus infection of undifferentiated cells. Therefore, we investigated the expression level of Munc18c in adipocytes or in undifferentiated cells with immunofluorescence staining with anti-Munc18c antibody and confirmed that the abundance of adenovirus-mediated Munc18c proteins in Munc18c+/− adipocytes was almost the same as that of endogenous Munc18c in Munc18c+/− adipocytes (Figure 10B, arrows) and that Munc18c proteins are expressed in much greater quantities in undifferentiated cells (Figure 10B, arrowhead). Furthermore, restoration of Munc18c in Munc18c+/− adipocytes expressing GLUT4-myc7-GFP reduced the insulin sensitivity of GLUT4 externalization in Munc18c+/− cells to a level similar to that apparent in wild-type adipocytes, without affecting the extent of GLUT4 movement to the cell periphery (Figure 10, C and D). These results thus confirmed that the insulin-induced fusion of GLUT4-containing vesicles with the plasma membrane and the consequent externalization of GLUT4, but not the translocation of these vesicles to the cell periphery, were enhanced by Munc18c deficiency in mouse adipocytes.

Insulin-stimulated GLUT4 externalization is wortmannin resistant in Munc18c−/− cells. Activation of a PI3K-dependent pathway is required for insulin-stimulated exocytosis of GLUT4-containing vesicles (18–20). In Munc18c+/− adipocytes expressing GLUT4-myc7-GFP, the PI3K inhibitor wortmannin (100 nM) inhibited by approximately 50% the GLUT4 externalization induced by 100 nM insulin (Figure 11, A and C). This observation is consistent with the previous finding that the half-maximal concentration of wortmannin for inhibition of insulin-stimulated GLUT4 insertion into the plasma membrane in 3T3-L1 mouse adipocytes is 80 nM (21). However, the insulin-stimulated movement of GLUT4 to the cell periphery in Munc18c+/− cells was not inhibited by 100 nM wortmannin (Figure 11, A and B), which is consistent with the previous observation that microtubule-dependent movement of GLUT4 elicited by insulin is insensitive to 100 nM wortmannin (22). Whereas 100 nM wortmannin inhibited insulin-stimulated GLUT4 externalization in WT cells, it did not do so in Munc18c−/− adipocytes (Figure 11, A and C), which suggests that the wortmannin-sensitive step of the insulin signaling pathway that regulates the fusion of GLUT4-containing vesicles with the plasma membrane and GLUT4 externalization involves Munc18c.

Phosphatidylinositol 3-phosphate induces GLUT4 externalization in Munc18c+/− adipocytes. Given that we could not exclude the possibility that the insulin signaling pathway that is operative at 1 nM hormone and is insensitive to 100 nM wortmannin might also be required for GLUT4 externalization, we reconstituted the exocytosis of GLUT4-containing vesicles without insulin. The insulin-induced formation of phosphatidylinositol 3-phosphate (PI3P), which is mediated by the activation of TC10, is resistant to 100 nM wortmannin (23); PI3P was recently shown to trigger the movement of GLUT4-containing vesicles to the plasma membrane, but not glucose transport, in insulin-responsive cells (23). Exogenous delivery of PI3P with a polyamine carrier induced GLUT4 movement to the cell periphery in approximately 40–50% of Munc18c+/− or Munc18c+/− adipocytes (Figure 12, A and B). However, PI3P also induced GLUT4 externalization in Munc18c+/− adipocytes but not in wild-type cells (Figure 12, A and C). Thus, a large proportion (approximately 80%) of GLUT4 molecules that were translocated to the cell periphery in Munc18c+/− adipocytes in response to PI3P was externalized in the absence of insulin (Figure 12D). These results suggest that the insulin-induced formation of PI3P is sufficient to trigger both the translocation of GLUT4-containing vesicles to the cell periphery and their fusion with the plasma membrane in the absence of Munc18c.

Discussion

Munc18 isoforms are mammalian members of the family of Sec1- and UNC-18–related proteins that are highly conserved from yeast to mammals. This protein family is thought to play important roles in SNARE-dependent membrane trafficking and membrane fusion reactions (24). Three Munc18 isoforms, Munc18a (Munc18-1), Munc18b, and Munc18c, have been identified to date (11–13, 25). Munc18a is mainly expressed in neuronal cells, and Munc18a−/− mice die immediately after birth as a result of respiratory insufficiency (14). Furthermore, deletion of the Munc18a gene leads to a complete loss of neurotransmitter release from synaptic vesicles without an apparent effect on brain structure. We have now shown that deletion of the gene for the widely expressed isoform Munc18c (25) causes intrauterine growth retardation and
disorganization of brain structure in mice. The characteristics of homozygous knockout mice thus suggest that Munc18a is essential for neurotransmitter secretion and that Munc18c is important for normal development of embryos, including that of the CNS.

Overexpression of Munc18c in 3T3-L1 adipocytes was previously shown to inhibit insulin-stimulated GLUT4 translocation to the plasma membrane (6, 7). In addition, microinjection of antibodies to Munc18c into 3T3-L1 cells stimulated GLUT4 translocation (26). These observations thus suggested that Munc18c plays an inhibitory role in insulin-induced GLUT4 translocation. In contrast, the introduction into adipocytes of a peptide fragment of Munc18c (18c/pep3) that inhibits the binding of Munc18c to syntaxin4 resulted in inhibition of insulin-stimulated integration of GLUT4 vesicles into the plasma membrane (15), which suggests that the interaction between Munc18c and syntaxin4 is required for this process. However, results from recent studies using crystallography have shown that this peptide (18c/pep3) is derived from a region that does not directly contact syntaxin but represents Rab or Rab effector binding sites whose conformations are critical to syntaxin binding (27, 28). Thus, this peptide may induce some other effects on Rab or Rab effectors in addition to disrupting the association between syntaxin4 and Munc18c. These contradictory data have thus left unclear the precise role of Munc18c in insulin-stimulated GLUT4 translocation. In the present study, ablation of Munc18c in adipocytes by gene knockout did not affect insulin-stimulated GLUT4 trafficking to the cell periphery, but it enhanced the fusion of GLUT4-containing vesicles with the plasma membrane. We believe that the gene knockout methods used in our studies to determine the physiological functions of Munc18c in the insulin-stimulated GLUT4 translocation in adipocytes can lead to more definitive results than those of previous studies using other methods. In addition to its role in GLUT4 exocytosis in insulin-sensitive cells, Munc18c is implicated in the regulation of a SNARE complex that functions in the Ca²⁺-triggered exocytosis of dense-core vesicles in platelets (29, 30). Introduction into platelets either of antibodies to Munc18c or of Munc18c peptides that inhibit the

Figure 8
Enhancement of insulin-stimulated GLUT4 externalization, but not of GLUT4 translocation to the cell periphery, in Munc18c−/− adipocytes. (A) Munc18c+/+, Munc18c+/–, or Munc18c−/− adipocytes were infected with a retroviral vector encoding a GFP fusion protein of Myc epitope–tagged GLUT4 (GLUT4-myc7-GFP). The cells were stimulated with the indicated concentrations of insulin for 20 minutes, fixed, and subjected to indirect immunofluorescence staining with antibodies to the Myc tag and PE-conjugated secondary antibodies in order to detect externalized GLUT4 (red). GLUT4 translocation to the cell periphery was detected by GFP fluorescence (green) on analysis of the cells by confocal microscopy. Scale bar: 10 μm. (B) Movement of GLUT4 to the cell periphery in experiments similar to that shown in A was quantitated by determination of the percentage of GFP-positive cells that manifested GFP fluorescence at the cell periphery. Data are mean ± SE of values from 3 separate experiments, with 1,000 GFP-positive cells being examined in each experiment. (C) GLUT4 externalization in experiments similar to that shown in A was quantitated by determination of the percentage of GFP-positive cells that exhibited PE fluorescence at the cell surface. Data are mean ± SE of values from 4–6 independent experiments, with 1,000 GFP-positive cells being examined in each experiment. *P < 0.05, **P < 0.001 versus the corresponding values for Munc18c+/+ cells (Student’s t test).
binding of Munc18c to syntaxin4 enhanced Ca²⁺-induced exocytosis (30), which suggests that Munc18c plays a negative role in Ca²⁺-induced secretion in these cells. Furthermore, Munc18c localized at the basal membrane of pancreatic acinar cells inhibits amylase release at the basal cell surface under physiological conditions (31). These observations of secretion in platelets and acinar cells are consistent with our present results showing that Munc18c negatively regulates insulin-induced GLUT4 exocytosis in adipocytes.

Stimulation of MEF-derived adipocytes with insulin at concentrations of 1 and 100 nM induced similar levels of GLUT4 movement to the cell periphery. In contrast, GLUT4 externalization required 100 nM insulin in wild-type adipocytes. We have obtained similar results with 3T3-L1 adipocytes (M. Yoshikawa, Y. Tamori, and M. Kasuga, unpublished observations). Our observations that 100 nM wortmannin inhibited the insulin-induced externalization of GLUT4 but not GLUT4 translocation to the plasma membrane in Munc18c⁻/⁻ adipocytes, and that it did not affect GLUT4 externalization in Munc18c⁻/⁻ cells, suggest that insulin-induced trafficking of GLUT4 from intracellular compartments to the plasma membrane is insensitive to 100 nM wortmannin and that Munc18c plays a negative role downstream of PI3K activation in the fusion of GLUT4 vesicles with the plasma membrane.

**Figure 9**
Enhancement of insulin-stimulated glucose transport in Munc18c⁻/⁻ adipocytes. Uptake of 2-deoxy-D-[1,2-³H]glucose was assayed in Munc18c⁺/⁺, Munc18c⁺/⁻, or Munc18c⁻/⁻ adipocytes stimulated with the indicated concentrations of insulin. Data are mean ± SE of 6 independent experiments and are expressed as fold stimulation of glucose uptake relative to that without insulin. *P < 0.01 versus cells stimulated with 1 nM insulin (Student’s t test).

**Figure 10**
Normalization both of syntaxin4 expression and of the insulin sensitivity of GLUT4 externalization in Munc18c⁻/⁻ adipocytes by restoration of Munc18c expression. (A) Syntaxin4 expression. Munc18c⁺/⁺ or Munc18c⁻/⁻ adipocytes were infected with an adenoaviral vector for Munc18c (adex-Munc18c) or with the corresponding empty vector (control adex), as indicated. After 2 days, cell lysates were subjected to immunoblot analysis with antibodies to Munc18c (upper panel) or to syntaxin4 (lower panel). (B) Immunofluorescence microscopic analysis of Munc18c in adipocytes. Munc18c⁺/⁺ adipocytes infected with control adex, Munc18c⁻/⁻ adipocytes infected with control adex, or Munc18c⁻/⁻ adipocytes infected with adex-Munc18c at an MOI of 5 were fixed, permeabilized, subjected to immunofluorescence staining with antibodies to Munc18c, and analyzed by confocal microscopy. Arrows mark the localizations of differentiated adipocytes, and the arrowhead indicates undifferentiated cells. Scale bar: 10 μm. (C and D) GLUT4 translocation and externalization. Cells infected as in A were assayed for the translocation (C) and externalization (D) of GLUT4 in response to insulin as described in Figure 8. Data are mean ± SE of values from 3 separate experiments. *P < 0.05 versus the value for Munc18c⁻/⁻ cells infected with control adex and stimulated with 1 nM insulin (Student’s t test).
The wortmannin insensitivity of GLUT4 translocation observed in the present study is consistent with the previous observation that insulin induces the movement of GLUT4-containing intracellular membranes along microtubules by a mechanism that is insensitive to 100 nM wortmannin (22). Furthermore, insulin-induced generation of PI3P in a manner that is resistant to 100 nM wortmannin has been shown to contribute to GLUT4 trafficking to the plasma membrane (23). We confirmed this result by showing that PI3P induced not only the movement of GLUT4 to the plasma membrane but also GLUT4 externalization in Munc18c–/– cells.

The total amount of syntaxin4 was decreased in Munc18c–/– adipocytes, whereas the abundance of neither SNAP23 nor VAMP2 was altered. This specific downregulation of syntaxin4 is consistent with the previous observation that the abundance of syntaxin1, which forms a complex with Munc18-1, was reduced by approximately 50% in the adrenal glands of Munc18-1–/– mice (32). Furthermore, the abundance of the syntaxin-like protein Tlg2p, which associates with the Munc18 homolog Vps45p, was also downregulated to undetectable levels by rapid proteasome-mediated degradation in yeast cells that lack Vps45p (33). These various results suggest that Munc18c may protect syntaxin4 from proteasome-mediated degradation in adipocytes.

Syntaxin4+/– mice are insulin resistant (34). Glucose transport as well as GLUT4 translocation to the plasma membrane in skeletal muscle of these mice are thus reduced during hyperinsulinemic-euglycemic clamp procedures. These results suggest that downregulation of syntaxin4 expression results in impairment of insulin-stimulated GLUT4 translocation in skeletal muscle. Furthermore, Munc18c transgenic mice manifest whole-body insulin resistance that results from a reduction in the extent of glucose uptake in skeletal muscle and white adipose tissue (16). This insulin resistance was reversed by the simultaneous overexpression of syntaxin4, which suggests that a relative excess of Munc18c compared with the amount of syntaxin4 causes insulin resistance. We have now shown that the amount of Munc18c-free syntaxin4 is greater in Munc18c–/– adipocytes than in Munc18c+/– cells, even though the total amount of syntaxin4 was reduced in the former. These results thus suggest that Munc18c-free syntaxin4 is able to associate with SNAP23 and VAMP2 and to participate in the fusion of GLUT4 vesicles with the plasma membrane. Consistent with the notion that the relative expression levels of syntaxin4 and Munc18c affect insulin sensitivity, Munc18c is upregulated without a change in syntaxin4 abundance in the skeletal muscle either of transgenic mice that overexpress lipoprotein lipase specifically in skeletal muscle or of mice fed a high-fat diet, both of which are insulin resistant (35).

Together, our data demonstrate that insulin regulates the 2 distinct steps in the exocytosis of GLUT4-containing vesicles by different mechanisms. The first step is the translocation of GLUT4-containing vesicles from intracellular storage sites to the cell periphery, and the second step is the fusion of these vesicles with the plasma membrane and GLUT4 externalization. These steps...
differ with regard to insulin concentration requirement, sensitivity to wortmannin, and involvement of Munc18c. On the basis of our observations, we suggest that insulin (100 nM) induces the release of syntaxin4 from its complex with Munc18c in a manner sensitive to wortmannin, resulting in fusion with the plasma membrane of GLUT4-containing vesicles that have been translocated from the cell interior to the periphery. The amount of Munc18c-free syntaxin4 is thus an important determinant of the rate of glucose transport and is a potential target for the development of therapeutics to increase the glucose transport rate in adipose tissues or skeletal muscles in individuals with type 2 diabetes mellitus.

Methods

Antibodies and cDNA clones. Rabbit polyclonal antibodies to Munc18c, to syntaxin4, to SNAP23, and to GLUT4 have been described previously (4, 6, 9). Rabbit polyclonal antibodies to rat Munc18c and to rat syntaxin2 were kindly provided by A. Imai (Nippon Dental University, Niigata, Japan) and M.K. Bennett (University of California, Berkeley, California, USA), respectively. Rabbit polyclonal antibodies to VAMP2 were obtained from Synaptic Systems. Mouse mAbs to phosphotyrosine (PY20) and rabbit polyclonal antibodies to VAMP2 were obtained from Synaptic Systems. Mouse mAbs to c-Myc were from Santa Cruz Biotechnology Inc. Mouse mAbs to Akt phosphorylated on serine 473 were from BD Biosciences. The mAb A6C, which immunoprecipitates only GLUT4-myc7-GFP were exposed for 7 minutes to a mixture of PI3P and polyamine carrier or to the carrier alone and were then analyzed as described in Figure 8A. Scale bar: 10 μm.

(B–D) Quantitation of GLUT4 movement to the cell periphery (B), of GLUT4 externalization (C), and of the proportion of GLUT4 molecules translocated to the cell periphery that undergo externalization (the percentage of cells with peripheral GFP fluorescence that also show surface PE fluorescence) (D) in experiments similar to that shown in A. Data are mean ± SE of values from 3 independent experiments. *P < 0.01, **P < 0.001 versus the corresponding values for Munc18c−/− cells.
dexamethasone (Sigma-Aldrich), 0.5 mM isobutylmethylxanthine (Sigma-Aldrich), and 125 nM indomethacin (Wako Pure Chemical Industries Ltd.). The cells were then returned to the original MEF culture medium where they were incubated for 8 days, with refreshment of the medium every 2 days, before being subjected to experiments.

Production of and infection with retrovirus encoding GLUT4-myc7-GFP. Platinum-E (PLAT-E) ecotropic packaging cells were transfected with the retrovirus vector pMX-GLUT4-myc7-GFP, which was kindly provided by H.F. Lodish (Massachusetts Institute of Technology, Cambridge, Massachusetts, USA) (17) using transfection reagent FuGENE 6 (Roche Diagnostics) according to the manufacturer’s recommendation. Media containing recombinant retroviruses were harvested 48 hours after transfection. For infection to the target cells, 2 × 10^6 MEFs were cultured in 10% FBS-DMEM containing 1 ml of media containing retrovirus in 60-mm culture dishes for 24 hours. The recombinant retrovirus that we used was shown to be expressed with an efficacy of greater than 80% in MEF-derived adipocytes, as assessed by GFP fluorescence.

Preparation of and infection with adenovirus containing Munc18c. Recombinant adenovirus vectors containing Munc18c were generated as described previously (6). Eight days after induction of differentiation, MEF-derived adipocytes were infected with the adenovirus at an MOI of 5. The adipocytes were subjected to experiments 2 days after infection.

Northern blot analysis. Total RNA was extracted from adipocytes with the use of an RNeasy kit (QIAGEN), and 30-μg portions of the isolated RNA were subjected to Northern blot analysis with [32P]-labeled probes prepared with a Rediprime II random-primer labeling system (Amersham Biosciences). Probes for mouse Munc18c and SNAP23 mRNAs were generated by amplification of cDNA fragments by PCR. Probes for mouse syntaxin4 and VAMP2 mRNAs were obtained by reverse transcription with total RNA extracted from mouse skeletal muscle followed by PCR. Probes for mouse Munc18b mRNA were obtained by reverse transcription with total RNA extracted from mouse adipose tissues followed by PCR. Autoradiograms of blots were visualized with a BAS-2000 image analyzer (FujiFilm).

Subcellular fractionation. Subcellular fractionation of adipocytes was performed as described previously (36) with minor modifications. The cells were homogenized in TES buffer (20 mM Tris-HCl [pH 7.4], 1 mM EDTA, 225 mM sucrose), and the homogenate was centrifuged at 16,000 g for 15 minutes. The resulting pellets were resuspended, layered on top of a 1.12-M sucrose cushion, and centrifuged at 101,000 g for 20 minutes, after which the plasma membrane fraction was collected from the interface of the 2 solutions. The intracellular membrane fraction was obtained by centrifugation of the initial supernatant at 212,000 g for 60 minutes. Plasma membrane and intracellular membrane fractions were subjected to immunoblot analysis with antibodies to GLUT4. Immunoblot band intensity of GLUT4 was quantitated using NIH Image software (http://rsb.info.nih.gov/nih-image).

Immunofluorescence microscopy. Adipocytes expressing GLUT4-myc7-GFP were fixed with 4% paraformaldehyde, washed with PBS containing 0.1% Triton X-100 and incubated with PBS containing 5% BSA, then visualized by indirect immunofluorescence staining with antibodies to Munc18c and Texas red-conjugated donkey antibodies to rabbit IgG (Amersham Biosciences). Immunoprecipitation and immunoblot analysis. Whole cell lysates were prepared by detergent solubilization with a lysis buffer containing 25 mM Tris-HCl (pH 7.4), 150 mM NaCl, 1 mM EDTA, 1% Triton X-100, 1 mM sodium vanadate, 50 mM NaF, 10 mM sodium pyrophosphate, and 1 mM PMSF. The lysates were subjected to immunoprecipitation by incubation for 1 hour at 4°C with protein G-Sepharose (Amersham Biosciences) conjugated with the indicated antibodies. The beads were washed 3 times before immunoblot analysis. Immunoblot band intensity was quantitated with NIH Image software.

Assays of 2-deoxy-D-glucose transport. Adipocytes cultured in 12-well plates were deprived of serum by incubation for 2 hours. The cells were then incubated with 1 nM or 100 nM insulin for 20 minutes in 450 μl of KRH buffer (25 mM HEPES-NaOH [pH 7.4], 120 mM NaCl, 5 mM KCl, 1.2 mM MgSO4·7H2O, 1.3 mM CaCl2, and 1.3 mM KH2PO4). Glucose transport was initiated by the addition of 50 μl of KRH buffer containing 0.5 mM 2-deoxy-D-[1,2-3H]glucose (0.25 μCi) to each well; after 5 minutes, transport was terminated by washing the cells 3 times with ice-cold KRH buffer. The cells were solubilized, and the incorporated radioactivity was measured by liquid scintillation counting.

Delivery of PI3P into cells. Unlabeled Carrier 3 (Echelon Research Laboratories) and PI3P (Cell Signals) were mixed at a molar ratio of 1:1 (final concentration of each, 200 μM), agitated, subjected to sonication, and incubated for 7 minutes at room temperature. The mixture was then added to the medium of adipocytes to a final concentration of 1 μM PI3P (23), and, after 10 minutes, the cells were subjected to immunofluorescence microscopy.

Measurement of triglyceride content of adipocytes. The triglyceride content of isopropanol extracts prepared from adipocytes grown in 35-mm dishes was quantitated with an acetyl acetone–based colorimetric kit (Wako Pure Chemical Industries Ltd.).

Statistical analysis. All quantitative data were compared using Student’s t test.

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