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Author(s)	Yamaguchi, Satoshi; Inoue, Sayuri; Sakai, Takahiko et al.
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1 Research Articles

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3 **Multi-scale analysis of the effect of nano-filler particle diameter on the physical**  
4 **properties of CAD/CAM composite resin blocks**

5 Satoshi Yamaguchi<sup>a\*</sup>, Sayuri Inoue<sup>a,b</sup>, Takahiko Sakai<sup>a</sup>, Tomohiro Abe<sup>a</sup>, Haruaki  
6 Kitagawa<sup>a</sup>, Satoshi Imazato<sup>a</sup>

7

8 <sup>a</sup> Department of Biomaterials Science, Osaka University Graduate School of Dentistry, 1-  
9 8 Yamadaoka, Suita, Osaka 565-0871, Japan

10 <sup>b</sup> Department of Orthodontics and Dentofacial Orthopedics, Osaka University Graduate  
11 School of Dentistry, 1-8 Yamadaoka, Suita, Osaka 565-0871, Japan

12

13 \* Correspondence should be addressed to Satoshi Yamaguchi

14 Department of Biomaterials Science, Osaka University Graduate School of Dentistry

15 1-8 Yamadaoka, Suita, Osaka 565-0871, Japan

16 Tel/Fax: +81-6-6879-2919

17 E-mail: [yamagu@dent.osaka-u.ac.jp](mailto:yamagu@dent.osaka-u.ac.jp)

18

1 **ABSTRACT**

2

3 The objective of this study was to assess the effect of silica nano-filler particle diameters  
4 in a computer-aided design/manufacturing (CAD/CAM) composite resin (CR) block on  
5 physical properties at the multi-scale *in silico*. CAD/CAM CR blocks were modeled,  
6 consisting of silica nano-filler particles (20, 40, 60, 80, and 100 nm) and matrix (Bis-  
7 GMA/TEGDMA), with filler volume contents of 55.161%. Calculation of Young's  
8 moduli and Poisson's ratios for the block at macro-scale were analyzed by  
9 homogenization. Macro-scale CAD/CAM CR blocks (3×3×3 mm) were modeled and  
10 compressive strengths were defined when the fracture loads exceeded 6075 N. MPS  
11 values of the nano-scale models were compared by localization analysis. As the filler size  
12 decreased, Young's moduli and compressive strength increased, while Poisson's ratios and  
13 MPS decreased. All parameters were significantly correlated with the diameters of the  
14 filler particles (Pearson's correlation test,  $r = -0.949, 0.943, -0.951, 0.976, p < 0.05$ ). The  
15 *in silico* multi-scale model established in this study demonstrates that the Young's moduli,  
16 Poisson's ratios, and compressive strengths of CAD/CAM CR blocks can be enhanced by  
17 loading silica nanofiller particles of smaller diameter. CAD/CAM CR blocks by using  
18 smaller silica nano-filler particles have a potential to increase fracture resistance.

1 **KEYWORDS**

2 Composite resins; CAD/CAM; multi-scale analysis; compressive strength; maximum

3 principal strain

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## 1 INTRODUCTION

2 Computer-aided design/computer-aided manufacturing (CAD/CAM) composite  
3 resin (CR) blocks containing a high density of nano-filler particles (Nguyen et al. 2012,  
4 Nguyen et al. 2013, Okada et al. 2014) have been available for posterior restorations  
5 (Lauvahutanon et al. 2014, Shembish et al. 2016). In comparison with conventional CRs  
6 (Ferracane 2011, Ilie and Hickel 2009), CAD/CAM CR blocks exhibit superior  
7 mechanical properties, such as flexural strength, Vickers hardness, and fracture toughness  
8 in terms of their clinical wear performance (Thomaidis et al. 2013). Although Vickers  
9 hardness values are lower than those of ceramics, flexural strength is comparable to that  
10 of a ceramic block and within the acceptable range (>100 MPa) for single restorations  
11 described in the ISO standard for ceramic dental implants (Lauvahutanon, Takahashi,  
12 Shiozawa, Iwasaki, Asakawa, Oki, Finger and Arksornnukit 2014). In addition, the effect  
13 of compressive cyclic loading on fatigue resistance of CAD/CAM CR crowns has been  
14 investigated and there is no greater incidence of catastrophic failure and lower  
15 microleakage compared with ceramic crowns (Kassem et al. 2012). These results suggest  
16 that greater compressive strength possibly improves the fatigue resistance of CAD/CAM  
17 CR crowns.

18 In conventional CRs, the Young's moduli measured by the nanoindentation test

1 increases as the average diameter of filler particles increases at constant volume content  
2 (Masouras et al. 2008). To further improve the mechanical properties of CAD/CAM CR  
3 blocks and achieve excellent clinical wear performance, optimization of the size of nano-  
4 filler particles is required. However, the influence of nano-filler size on the compressive  
5 strength of CAD/CAM CR blocks cannot be rigorously evaluated through *in vitro* testing,  
6 because the average diameter of nano-fillers is not controllable in experimental CRs, and  
7 crack initiations at the nano-scale during fatigue testing cannot be followed even by  
8 observation with scanning electron microscopy (Shembish, Tong, Kaizer, Janal,  
9 Thompson, Opdam and Zhang 2016).

10 *In silico* analysis combined with three-dimensional finite element analysis and  
11 composite theory has been useful for evaluating specific differences, such as the volume  
12 content of fillers in conventional CRs (Li et al. 2012). However, the controllable  
13 parameter for *in silico* analysis has been limited to date to the volume content, and  
14 excludes the size of the fillers.

15 *In silico* multi-scale analysis (**Fig. 1**) is a coupled method for analysis of physical  
16 properties or behaviors between different scales that has been used to predict mechanical  
17 properties of composite materials (Guedes and Kikuchi 1990) and has been applied to the  
18 prediction of mechanical strength of porous ceramics (Takano et al. 2003) and titanium

1 (Takano et al. 2010). This approach consists of homogenization analysis and localization  
2 analysis. Homogenization analysis is a method for obtaining physical properties at the  
3 macro-scale from knowledge of nano- or micro-scale structures. Nano- or micro-scale  
4 stress and strain distribution for each component material in composite materials can be  
5 visualized by localization analysis. This multi-scale approach enables the investigation of  
6 the influence of nano-filler particle size on the physical properties at the macro-scale.

7         The objective of this study was to assess the effect of silica nano-filler particle  
8 diameter in CAD/CAM CR blocks on the Young's modulus, Poisson's ratio, and  
9 compressive strength at the macro-scale, and the maximum principal strain (MPS) at the  
10 nano-scale through *in silico* multi-scale analysis.

11

## 1 2. MATERIALS AND METHODS

### 2 2.1. *In silico* models

3 Nano-scale CAD/CAM CR block models were designed using CAD software  
4 (Solidworks Simulation 2011, Dassault Systèmes SolidWorks Corporation, Massachusetts,  
5 USA), consisting of silica nano-filler particles (20, 40, 60, 80, and 100 nm) and matrix  
6 (Bis-GMA/TEGDMA) (45×45×45, 90×90×90, 135×135×135, 180×180×180 and  
7 225×225×225 nm), with filler volume contents of 55.161% (**Fig. 2**). The material  
8 properties of silica and Bis-GMA/TEGDMA are shown in **Table 1**.

### 9 10 2.2. Homogenization analysis

11 A macro-scale CAD/CAM CR block model (3×3×3 mm) was designed by  
12 Solidworks Simulation 2011 (**Fig. 3**) for compressive analysis. Calculation of Young's  
13 moduli and Poisson's ratios for the block were conducted by homogenization analysis in  
14 computer-aided engineering software (VOXELCON2015, Quint Corporation., Fuchu,  
15 JAPAN). Compressive strengths were defined as the values when the fracture loads  
16 exceeded 6075 N. The MPS distribution in the macro-scale model was observed and  
17 normal strains in x-, y-, and z-axes and shear strains in yz-, zx-, and xy-planes were  
18 recorded at the location of the maximum MPS value.



1

2 **2.3. Localization analysis**

3       The MPS distribution in nano-scale models at the location where the maximum  
4 MPS values were obtained in the macro-scale model was examined by localization  
5 analysis (VOXELCON2015). The maximum MPS values at the nano-scale, related to the  
6 threshold of fracture initiation, were compared.

7

8 **2.4. Statistical analysis**

9       All parameters were statistically analyzed using Pearson's correlation test (PASW  
10 Statistics 18, IBM, New York, USA).

11

### 3. RESULTS

#### 3.1. Homogenization analysis

Young's moduli, Poisson's ratios, and compressive strengths at the macro-scale are shown in Table 2. The results of macro-scale analyses show that the maximum MPS values were observed at the vertex of the top surface of the cube (**Fig. 4**). As the filler diameter decreased, Young's moduli and compressive strengths increased (**Fig 5a** and **5c**), while Poisson's ratios decreased (**Fig 5b**).

#### 3.2. Localization analysis

Maximum MPS values at the nano-scale containing 20-, 40-, 60-, 80-, and 100-nm filler particles are shown in Table 2. As the filler diameter decreased, the maximum MPS values decreased (**Fig. 5d**). The maximum MPS values were observed in the matrix resins at the nano-filler particle spacing (**Fig. 6**). The nano-scale model containing 20-nm filler particles showed the lowest concentration of MPS values compared with the other models (**Fig. 6a**).

#### 3.3. Statistical analysis

1 All parameters were significantly correlated with the diameters of filler particles  
2 (Pearson's correlation test,  $r = -0.949, 0.943, -0.951, 0.976, p < 0.05$ ).

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#### 1 4. DISCUSSION

2 By comparing the maximum MPS values amongst the nano-scale models at the  
3 location where the maximum MPS values were obtained at the macro-scale, the model  
4 with the greatest compressive strength was identified under the assumption of the  
5 following MPS theory (Hearn 1997). MPS has been used as a failure criterion for the  
6 matrix in fiber-reinforced composites during *in silico* analysis, resulting in good  
7 agreement with experimental results (Hoover et al. 1997, Xia et al. 2000). Our results are  
8 the first report describing the investigation of MPS propagation in nano-scale filler  
9 particles and the resin matrix to elucidate the detailed mechanism behind compressive  
10 strength. The *in silico* multi-scale analysis used in this study is useful for understanding  
11 detailed stress and strain distributions at the nano-scale, which is not possible through *in*  
12 *vitro* testing, and is applicable to the investigation of the influence of other controllable  
13 parameters such as geometric shape and the spatial layout of nano-filler particles.

14 With regard to the homogenization analyses, Young's moduli showed a 28.131%  
15 increase of the nano-scale model containing 100-nm filler particles compared with that  
16 containing 20-nm filler particles, while Poisson's ratios decreased 10.619% at the same  
17 volume content. The relationship between Young's moduli and Poisson's ratio was  
18 comparable with that for conventional CRs (Masouras, Akhtar, Watts and Silikas 2008).

1 Young's moduli of conventional CRs increase, while their Poisson's ratios decrease, as  
2 the filler fraction increases (Li, Li, Fok and Watts 2012). However, the preparation of CRs  
3 with high filler fractions is difficult because of theoretical limitations. In the case of face-  
4 centered cubic lattice and hexagonal close packing structures using uniformly sized  
5 sphere filler particles, the theoretical maximum content of particles is 74 vol% (Sloane  
6 2003). The maximum filler content found for 72 commercial composites was 70 vol%  
7 (Ilie and Hickel 2009). Higher filler contents induce lower fatigue resistance (Htang et al.  
8 1995). Our results suggest that CRs with small, spherical nano-filler particles have the  
9 potential to improve the Young's modulus and Poisson's ratio even at lower filler fractions  
10 such as 55.161%, used in this study. Compressive strengths increased by 31.010% in a  
11 nano-scale model containing 20-nm filler particles from that containing 100-nm filler  
12 particles, while the maximum MPS values were decreased by 71.413%. Under the same  
13 amount of loading, lower values of the maximum MPS definitely showed greater  
14 compressive strength because the maximum MPS is defined as the threshold required to  
15 initiate compressive fracture. These results suggest that the compressive strength of  
16 CAD/CAM CR blocks with constant volume content can be improved by using smaller  
17 filler particles.

18 With regard to the localization analysis, the model containing 20-nm filler particles

1 showed the lowest maximum MPS at the nano-scale and must have the greatest total  
2 surface area of filler particles at the same volume content compared with the other models.  
3 This phenomenon, called the “nano-effect”, induces an enormous interfacial area per unit  
4 volume (Fiedler et al. 2006, Wichmann et al. 2006) and the silane coupling rate increases  
5 in association with the increase in the total surface area of filler particles. Although there  
6 is a lack of simulation for the silane coupling ratio between silica nano-filler particles and  
7 matrix resins (Tanimoto et al. 2006), the physical properties of CAD/CAM CR blocks  
8 obtained in this study were identified, with the exception of the relative decrease in  
9 absolute values associated with failure rates of the silane coupling. In addition, uniformly  
10 dispersed, smaller nano-filler particles contribute to energy absorption and dissipation  
11 through the nano-effect (Opelt et al. 2015). The propagation of elastic waves on human  
12 tooth enamel has been analyzed by the time-dependent finite element method and moving  
13 particle simulation (Yamaguchi et al. 2014). This approach is applicable to evaluate the  
14 performance of energy absorption and dissipation in CAD/CAM CR blocks, while a static  
15 analysis was used in this study.

16 Further fatigue testing to evaluate the long-term performance of CAD/CAM CR  
17 crowns has also been required (Harada et al. 2015). High fracture resistance of a  
18 mandibular first molar crown fabricated by Lava Ultimate then IPS Empress CAD has

1 been reported (Shembish, Tong, Kaizer, Janal, Thompson, Opdam and Zhang 2016) and  
2 fabrication of other crowns by commercial CAD/CAM CR blocks are ongoing for  
3 investigating the relationship between compressive strength and fatigue resistance. In  
4 addition, *in silico* probabilistic fatigue analyses of all-ceramic crowns have been proposed  
5 (Lekesiz 2014, Zhang et al. 2010) and may have potential as a useful approach for  
6 predicting the reliability of CAD/CAM CR crowns, while long-term *in vivo* trials to  
7 investigate clinical performance have been eagerly anticipated (Ruse and Sadoun 2014,  
8 Shembish, Tong, Kaizer, Janal, Thompson, Opdam and Zhang 2016).

9

1 **5. CONCLUSIONS**

2       The *in silico* multi-scale model established in this study demonstrated that the  
3 Young's moduli, Poisson's ratios, and compressive strengths of CAD/CAM CR blocks  
4 can be enhanced by loading silica nano-filler particles of smaller diameter. CAD/CAM  
5 CR blocks by using smaller silica nano-filler particles have a potential to increase fracture  
6 resistance.

7



1 **ACKNOWLEDGEMENT**

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3 JP15K11195) from the Japan Society for the Promotion of Science (JSPS).

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1 **Tables**

2 **Table 1.** Material properties of silica and Bis-GMA/TEGDMA used for homogenization  
 3 analysis

	Young's modulus (MPa)	Poisson's ratio
Silica	72000	0.16
Bis-GMA/TEGDMA	2000	0.45

4

5 **Table 2.** Physical properties resulting from homogenization and localization analyses

Size of nano-filler particles (nm)	20	40	60	80	100
Young's moduli (GPa)	16.739	15.110	13.814	13.524	13.064
Poisson's ratios	0.303	0.320	0.332	0.335	0.339
Compressive strengths (MPa)	752	675	611	597	574
Maximum MPS	2.652e-3	4.943e-3	7.081e-3	7.340e-3	9.277e-3

6

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8

1 **Figure Legends**

2

3 Figure 1. Schematic of multi-scale analysis, consisting of homogenization and  
4 localization analyses.

5

6 Figure 2. Nano-scale models containing (a) 20-, (b) 40-, (c) 90-, (d) 135- and (e) 180-nm  
7 filler particles.

8

9 Figure 3. Macro-scale model.

10

11 Figure 4. Maximum principal strain distribution in macro-scale models containing (a) 20-,  
12 (b) 40-, (c) 90-, (d) 135- and (e) 180-nm filler particles.

13

14 Figure 5. Relationship between nano-filler diameters and physical properties resulting  
15 from homogenization and localization analysis. (a) Young's modulus, (b) Poisson's ratio,  
16 (c) compressive strength, and (d) maximum value of maximum principal strain in nano-  
17 scale models.

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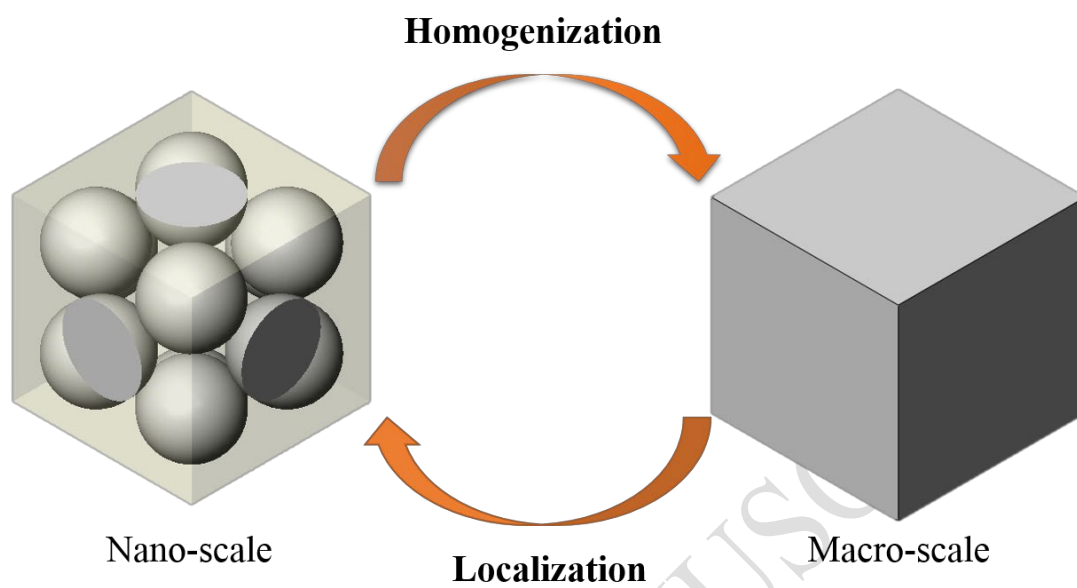
1 Figure 6. Maximum principal strain distribution in nano-scale models containing (a) 20-,  
2 (b) 40-, (c) 90-, (d) 135- and (e) 180-nm filler particles. Red arrows indicate the locations  
3 of maximum values of maximum principal strain observed.

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1 Figure 1

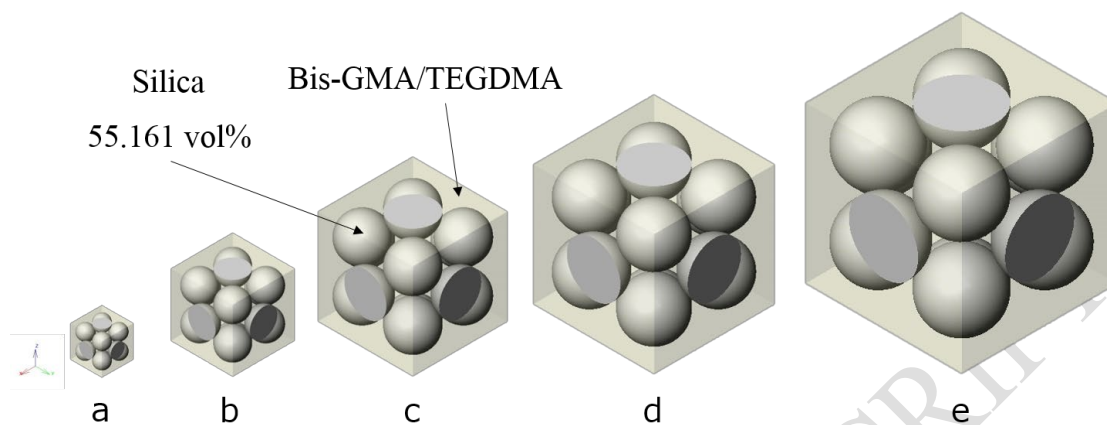


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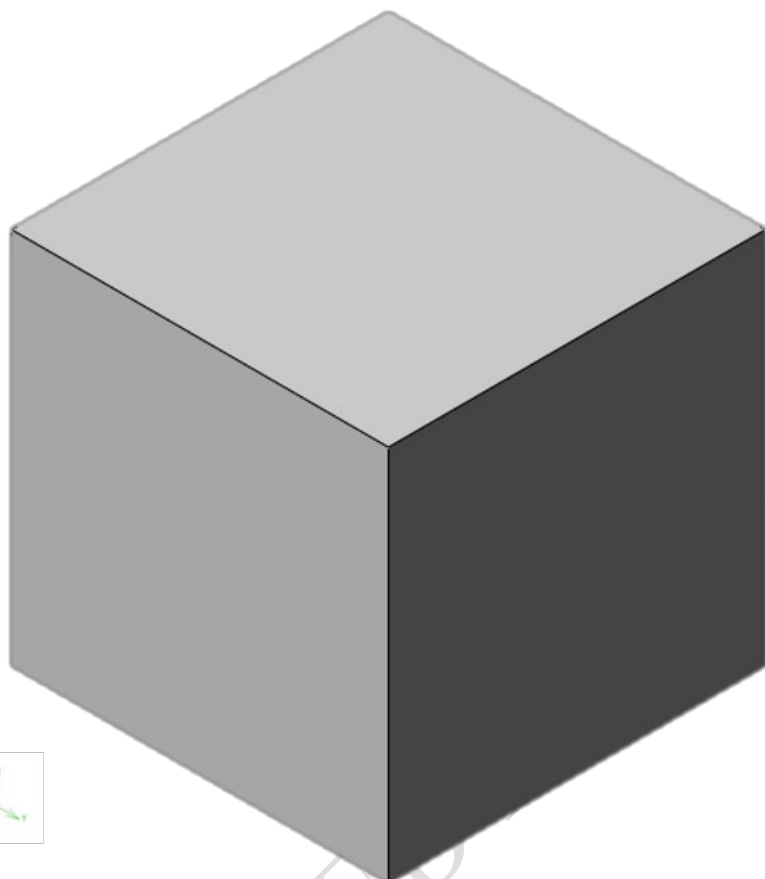


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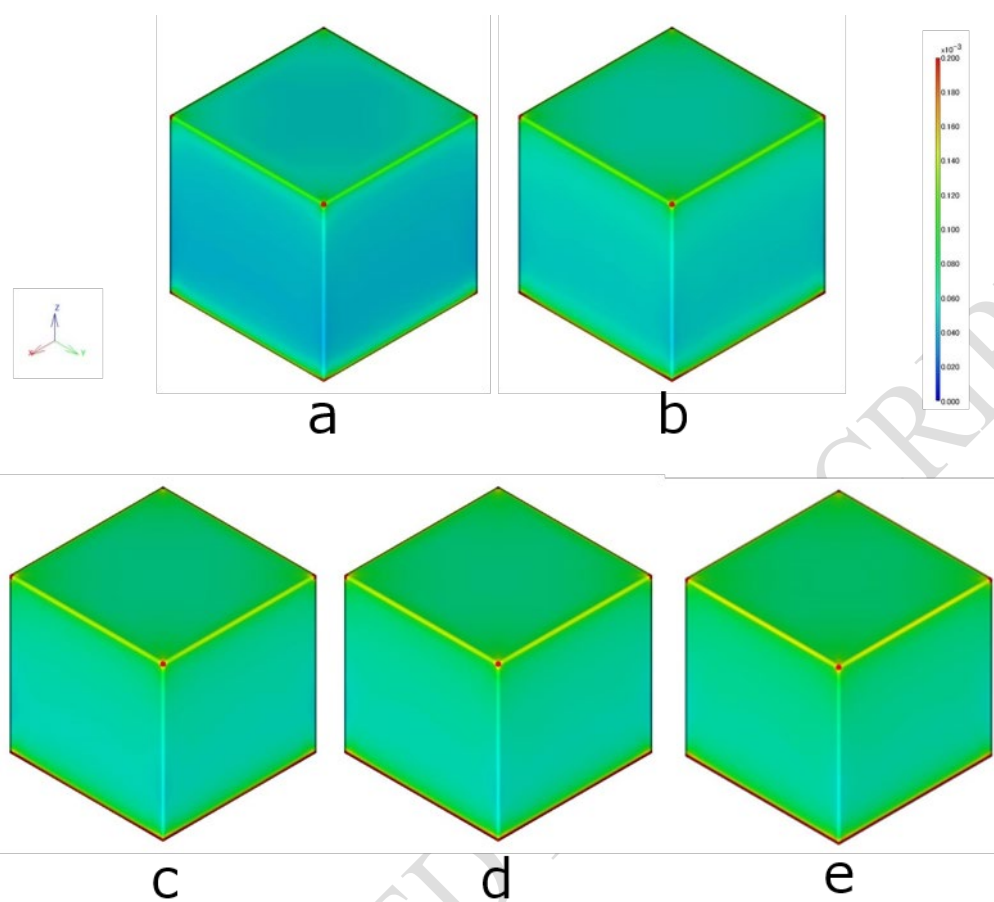
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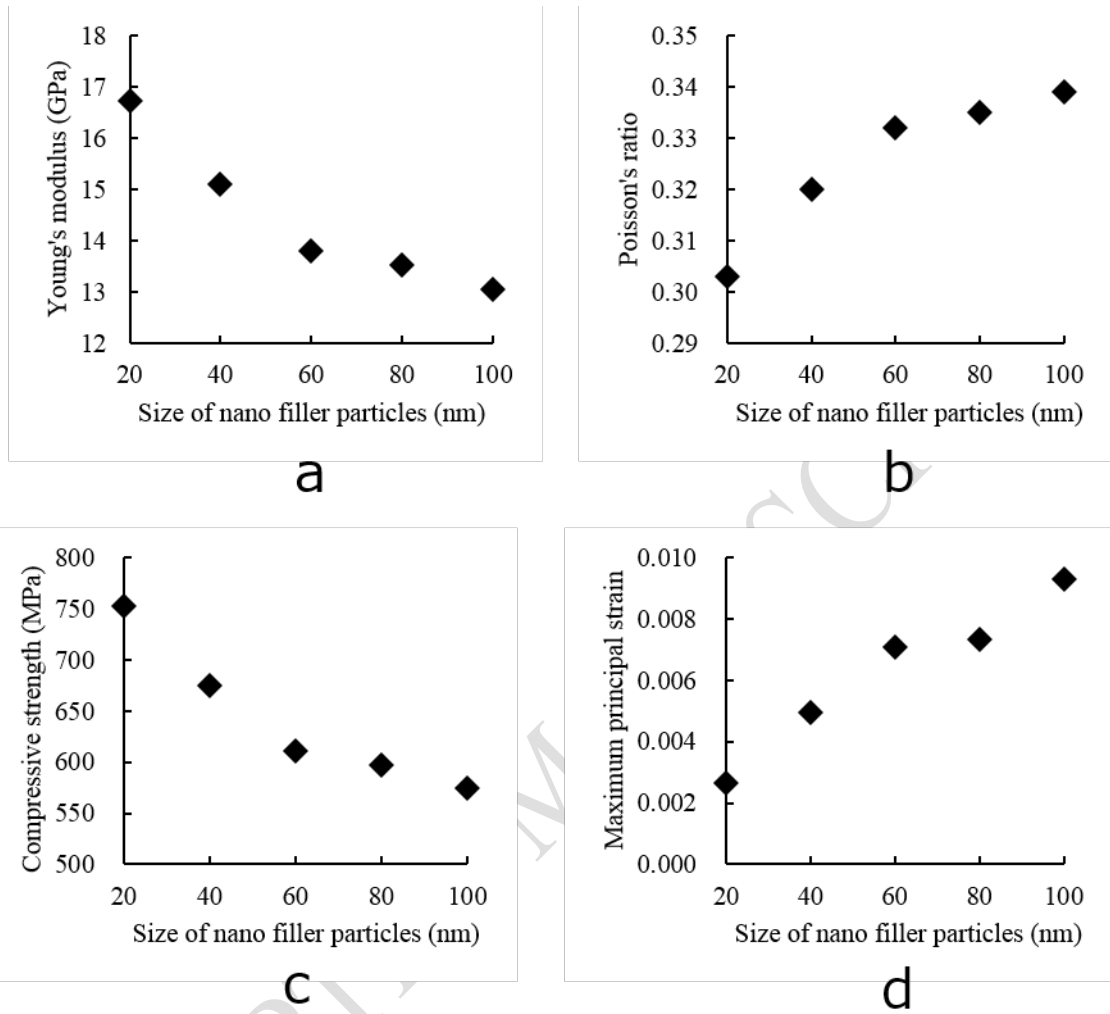
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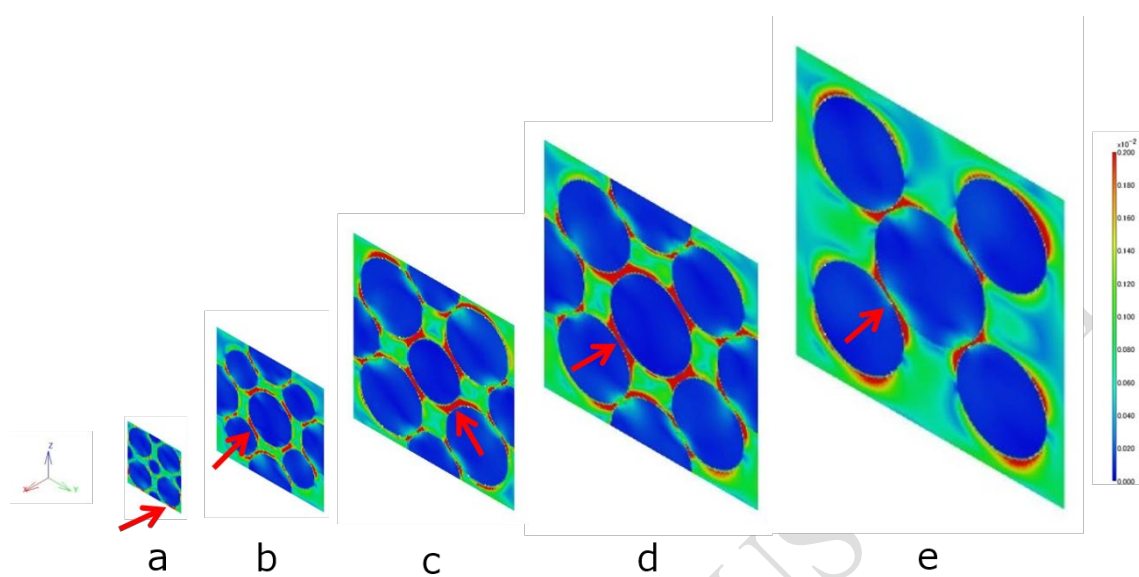
1 Figure 5



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1 Figure 6



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