

Title	Basic fibroblast growth factor promotes meniscus regeneration through the cultivation of synovial mesenchymal stem cells via the CXCL6-CXCR2 pathway
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1 **Original article**

2 Basic fibroblast growth factor promotes meniscus regeneration through the
3 cultivation of synovial mesenchymal stem cells via the CXCL6–CXCR2
4 pathway

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39

40 **Running title**

41 BFGF-cultured SMSC boost meniscus regrowth

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45

46

47 **Abstract**

48 **Objective:** To investigate the efficacy of basic fibroblast growth factor (bFGF)
49 in promoting meniscus regeneration by cultivating synovial mesenchymal stem
50 cells (SMSCs) and to validate the underlying mechanisms.

51 **Methods:** Human SMSCs were collected from patients with osteoarthritis.
52 Eight-week-old nude rats underwent hemi-meniscectomy, and SMSCs in pellet
53 form, either with or without bFGF (1.0×10^6 cells per pellet), were implanted
54 at the site of meniscus defects. Rats were divided into the control (no
55 transplantation), FGF (-) (pellet without bFGF), and FGF (+) (pellet with
56 bFGF) groups. Different examinations, including assessment of the regenerated
57 meniscus area, histological scoring of the regenerated meniscus and cartilage,
58 meniscus indentation test, and immunohistochemistry analysis, were performed
59 at 4 and 8 weeks after surgery.

60 **Results:** Transplanted SMSCs adhered to the regenerative meniscus. Compared
61 with the control group, the FGF (+) group had larger regenerated meniscus areas,
62 superior histological scores of the meniscus and cartilage, and better meniscus
63 mechanical properties. RNA sequencing of SMSCs revealed that the gene
64 expression of chemokines that bind to CXCR2 was upregulated by bFGF.
65 Furthermore, conditioned medium derived from SMSCs cultivated with bFGF
66 exhibited enhanced cell migration, proliferation, and chondrogenic
67 differentiation, which were specifically inhibited by CXCR2 or CXCL6
68 inhibitors.

69 **Conclusion:** SMSCs cultured with bFGF promoted the expression of CXCL6.

70 This mechanism may enhance cell migration, proliferation, and chondrogenic
71 differentiation, thereby resulting in superior meniscus regeneration and cartilage
72 preservation.

73

74 **Keywords**

75 synovial mesenchymal stem cells, basic fibroblast growth factor, meniscus
76 regeneration, CXCR2, CXCL6

1 Introduction

2 The meniscus plays an important role in the knee as a shock absorber, load distributor,
3 knee stabilizer, lubricator, and proprioceptor^{1,2}. Meniscus injury is associated with an
4 increased risk of knee osteoarthritis (OA)^{3,4}. However, due to its hypocellularity and
5 hypovascularity, the self-healing capability of the damaged meniscus is highly limited^{5,6}.
6 Although there are different methods for treating damaged meniscus, they remain
7 suboptimal⁷.

8 Mesenchymal stem cells (MSCs) have self-renewal and multilineage differentiation
9 capability^{7,8}. and they are used as a therapeutic option for meniscus regeneration in
10 animal models. For example, the transplantation of synovial MSC aggregates⁹ and the
11 intra-articular injection of human bone marrow MSCs contribute to meniscal repair and
12 attenuation of cartilage degeneration in rats¹⁰. Among the various sources of MSCs,
13 synovial MSCs (SMSCs) have superior potential for chondrogenic differentiation and
14 proliferation^{7,8}. Hence, they are a promising cell source of meniscus regeneration^{7,11}.
15 However several issues, such as limited cell proliferation and non-uniformity of cartilage
16 regeneration, should be overcome¹².

17 Different methods can enhance the tissue-regenerative function of SMSCs^{13,14}. Basic
18 fibroblast growth factor (bFGF) binds to FGF receptors, and they have diverse biological
19 functions, such as anabolic and concomitant catabolic effects, on cartilage
20 maintenance^{15,16}. bFGF promotes the proliferation and chondrogenic differentiation of
21 MSCs in vitro^{13,14}. A previous study reported that SMSCs cultured with bFGF promoted
22 cartilage regeneration in vitro and in vivo. However, the detailed mechanisms remain
23 unclear¹⁷.

24 We hypothesized that SMSCs cultured with bFGF can promote meniscal

25 regeneration, a phenomenon that has not yet been reported to the best of our knowledge.
26 The current study aimed to investigate the promotion of meniscus regeneration by
27 SMSCs cultured with bFGF and to validate the underlying mechanism.

28

29 **Materials and methods**

30 All experiments were approved by the Ethical Review Board of Osaka University
31 Hospital (number: 15409-7, date: April 12, 2016) and the Animal Experimental
32 Committee of Osaka University (number: 29-024-018, date: June 27, 2017).

33

34 **Preparation of synovial MSC**

35 Human synovium was collected from five patients with OA (four women and one
36 man; mean age: 76 [range: 70–88] years; demographics of each patient are shown in
37 Supplementary table 1) during total knee arthroplasty. SMSCs were isolated from the
38 synovium and cultured, as described in a previous study¹⁸. We mainly isolated
39 macroscopically hyper-vascular synovium from the supra patella during total knee
40 arthroplasty. SMSCs were separated into the FGF (–) and FGF (+) groups. The SMSCs
41 of the FGF (–) group were cultured in high-glucose DMEM containing 10% FBS and 1%
42 antibiotic–antimitotic (Sigma-Aldrich) and growth medium (GM). The SMSCs of the
43 FGF (+) group were cultured in GM with 5 ng/mL of bFGF (Wako, Osaka, Japan) at 37°C
44 with humidified 5% CO₂¹⁷. SMSCs were expanded and used for experiments in vivo and
45 in vitro at passages 3–5.

46

47 **Rat meniscal defect model**

48 The SMSCs were cultured in GM (without FGF; FGF [–] or with FGF; FGF [+]) for

49 7 days prior to implantation. Next, 1×10^6 SMSCs harvested from passage 3 were
50 centrifuged in 96-well ultra-low attachment plates (Costar, NY, the USA, Cat#7007), and
51 surgery was performed on the following day. Eight-week-old male immunocompromised
52 rats (F344/NJcl-rnu/rnu; CLEA Japan, Fujinomiya, Japan) were anesthetized via the
53 intraperitoneal injection of 0.3 mg/kg medetomidine, 4.0 mg/kg midazolam, and 5.0
54 mg/kg butorphanol. The right knee joint was surgically accessed via a medial parapatellar
55 incision. The patella was laterally dislocated to identify the medial meniscus, which was
56 then resected at the level of the medial collateral ligament⁹. The control group was created
57 by applying fibrin glue (Beriplast, CSL Behring, King of Prussia, Pennsylvania, the USA)
58 to the defect site of the meniscus. In the FGF (-) group and FGF (+) group, two SMSC
59 pellets (5.0×10^5 cells per pellet) were placed on the sites of the meniscus defects and
60 secured in place with two drops of fibrin glue (Supplementary Fig. 1). Patellar dislocation
61 was subsequently reduced, and the joint capsule and skin were sutured in separate layers.
62 Thereafter, the rats were immobilized in full knee extension with fiberglass casts at 4 and
63 8 weeks¹⁹, and the casts were replaced every week. The rats were sacrificed at 4 (n = 8)
64 or 8 (n = 7–8) weeks for analysis. The sample size was determined and evaluated
65 according to the previous study⁹.

66

67 **Macroscopic observation**

68 The meniscus was meticulously dissected from the femoral and tibial condyles at 4
69 and 8 weeks after surgery. Macroscopic images were captured with Nikon AZ 100 (Nikon,
70 Tokyo, Japan). Quantification of the regenerated meniscus size was performed using
71 Image J (National Institutes of Health)⁹.

72

73 **Histological examination**

74 The rat meniscus and proximal tibia in 4% paraformaldehyde were fixed, dehydrated,
75 and decalcified in 10% ethylenediaminetetraacetic acid. The samples were then
76 embedded in paraffin wax and cut into 5- μ m-thick sections for Safranin O staining. These
77 sections were subsequently visualized using APERIO CS2 (Leica, Tokyo, Japan). The
78 regenerated meniscus was evaluated using the modified Pauli's score, which ranges from
79 0 to 21 (Supplementary Table 2)^{20,21}. The assessment of cartilage degeneration of the
80 medial tibia plateau was conducted using the Osteoarthritis Research Society
81 International (OARSI) score, which ranges from 0 to 24²².

82

83 **Immunohistochemistry**

84 Paraffin-embedded sections were used for immunochemistry, as described in a
85 previous study¹⁷. The antibodies used in the experiments, along with their concentrations,
86 are described in Supplementary Table 3.

87

88 **DAB-stained area overlap ratio (%)**

89 We used paraffin-embedded sections to evaluate the differentiation of transplanted
90 SMSC pellet into chondrocyte-like cells. The sections of the regenerated meniscus stained
91 for type II collagen and human vimentin were utilized, and the DAB-stained area was
92 quantified using Image J (National Institutes of Health), as described in a previous study²³.

93

94 **Meniscus indentation test**

95 Eight-week samples of regenerated meniscus were utilized in the meniscus
96 indentation test. The whole meniscus tissue was placed at the base of the testing apparatus

97 (ElectroForce5500, TA Instruments, Newcastle, DE, the USA) via a custom-fabricated
98 jig assembled with a load cell. An indenter with a diameter of 1 mm was applied to the
99 meniscus at the mid-substance and anterior horn and at the mid-point of these two points
100 (with a total of 3 points) at a rate of 0.06 mm/s, up to a depth of 0.03 mm from the
101 meniscus surface. Translation and compression forces were recorded during the
102 examination, and the tangent modulus was calculated²⁴. Three individual samples from
103 three different donors were used distinct from the one used for tissue sectioning.

104

105 **RNA sequencing**

106 SMSCs were seeded in six-well plates at a density of 1.0×10^5 cells/well and
107 incubated with GM with bFGF (bFGF; FGF (+)) or without bFGF (FGF (-)) for 7 days.
108 Subsequently, the cells were subjected to RNA sequencing. RNA libraries for sequencing
109 were prepared using the TruSeq Stranded Total RNA kit (Illumina, San Diego, CA, the
110 USA). Whole transcriptome sequencing was performed using the RNA samples with the
111 Illumina NovaSeq 6000 platform in a 101-bp single-end mode. The sequenced reads were
112 mapped to the human reference genome sequence (hg19) using TopHat version 2.0.13
113 combined with Bowtie2 version 2.2.3 and SAM tools version 1.0. The number of
114 fragments per kilobase of exon per million mapped fragments was calculated using
115 Cufflinks version 2.2.1. These data were subsequently analyzed using iDEP 96²⁵.

116

117 **Real-time quantitative polymerase chain reaction**

118 RNA was extracted from cultured cells using the RNeasy Mini Kit (QIAGEN,
119 Dusseldorf, Germany) and subsequently converted to cDNA via the ReverTra Ace qPCR
120 Master Mix (TOYOBO, Osaka, Japan). Gene expression was quantified via real-time

121 PCR, with SYBR green master mix (Applied Biosystems, Foster City, CA, the USA) on
122 the Step One Plus Real-Time PCR System (Applied Biosystems, Foster City, CA, the
123 USA). Target gene expression levels were normalized to glyceraldehyde-3-phosphate
124 dehydrogenase, and the fold changes were calculated relative to the control group using
125 the $2^{-\Delta\Delta Ct}$ method. Supplementary Table 4 depicts the primer sequences.

126

127 **Conditioned medium (CM) preparation**

128 CM was prepared, as described in a previous study²⁶. In particular, SMSCs were
129 seeded at a density of 1.0×10^5 cells/well in six-well plates and cultured in GM without
130 bFGF (CM [FGF-]) or with bFGF (CM [FGF+]) for 24 h. The medium was subsequently
131 changed to serum-free medium or medium containing 1% FBS and cultured for additional
132 48 h. The supernatant was collected and centrifuged at $1700 \times g$ for 5 min at 4°C to
133 eliminate cellular debris. The supernatant was then filtered via a 0.22- μ m filter (EMD
134 Millipore, Billerica, MA, the USA) and stored at -80°C until utilized for experiments.

135

136 **Cell migration assay**

137 The effects of CM on the migratory capacity of SMSCs were assessed using the
138 transwell migration assay (Costar, NY, the USA, Cat#3422). The upper compartment of
139 the assay was populated with 5×10^4 SMSCs/100 μ l serum-free medium. The lower
140 compartments were each filled with 500 μ l of CM (control; 0% FBS + DMEM, CM
141 [FGF-], CM [FGF+]). The cells were then incubated for 12 h at 37°C. Upon completion
142 of the incubation period, the upper compartment was fixed with 4% paraformaldehyde
143 for 5 min, stained with 0.5% crystal violet for 10 min, and subsequently washed three
144 times with PBS. The upper surface of the transwell membrane was then swabbed with a

145 cotton applicator to remove any residual cells. Subsequently, the number of migrated cells
146 was quantified via visual examination under 100x magnification using a TE2000-U
147 microscope (Nikon, Tokyo, Japan) in five randomly selected fields.

148

149 **Meniscus explant for avascular healing via SMSC recruitment**

150 Human meniscus tissue was isolated from patients undergoing total knee
151 arthroplasty and was subsequently cut into a width of 1 cm. In addition, longitudinal
152 incisions with a total thickness of 5 mm were made in the inner zone of the meniscus²⁷.
153 The SMSC pellet (5×10^5 cells per pellet) was then transplanted onto the sites of
154 meniscus defects. The meniscus explants were subsequently cocultured with monolayer-
155 cultured human SMSCs (passage 5) for 1 week. The migrating SMSCs within the
156 meniscus were labeled using SCT108 (Merck, Darmstadt, Germany) for detection.
157 Frozen sections were prepared, as described in a previous study, to quantify the number
158 of migrated SMSCs²⁸. The samples were evaluated using FV3000 (Olympus, TOKYO,
159 Japan) at a 20× magnification and were excited using the 488- and 640-nm lasers. The
160 images were subsequently processed using CellSens (Olympus, TOKYO, Japan).

161

162 **Cell proliferation assay**

163 SMSCs were seeded in a 96-well plate at a density of 2.0×10^4 cells/well. The cells
164 were treated with each CM (control: 1% FBS + DMEM, CM [FGF-], and CM [FGF+]).
165 The medium was changed daily. The cell proliferation assay was used on days 0, 1, 3, and
166 5 with Cell Count Reagent SF (Nacalai Tesque, Inc., Kyoto, Japan), according to the
167 manufacturer's instructions. The SF reagent was added to each well, and the plate was
168 incubated at 37°C for 2 h. Absorbances were then measured at a wavelength of 450 nm

169 using Microplate Reader (Multiskan GO; Thermo Fischer Scientific, Vantaa, Finland).

170

171 **Western blot analysis**

172 SMSCs were seeded in a 10-cm plate at a density of 1.0×10^6 cells/plate. The cells
173 were cultured in a serum-free medium (0% FBS + DMEM) for 24 h and then exchanged
174 with each conditioned medium (control: 0% FBS + DMEM, CM [FGF-], and CM
175 [FGF+]) for 15 min. The total cell lysate was separated with RIPA buffer (Thermo Fischer
176 Scientific, Vantaa, Finland). Western blot (WB) analysis was conducted, as described in
177 a previous study¹⁷. The antibodies used in the experiments, along with their
178 concentrations, are described in Supplementary Table 5.

179

180 **Chondrogenic differentiation**

181 To cultivate three-dimensional pellets, 2×10^5 SMSCs sourced from passage 3 were
182 centrifuged within a 15-mL polypropylene tube and cultured in GM. On the following
183 day, the medium was replaced with chondrogenic medium (0% FBS + DMEM or CM
184 [FGF-] or CM [FGF+]), which included 1% ITS + premix (Corning, NY, the USA), 50
185 $\mu\text{g}/\text{mL}$ L-ascorbic acid 2-phosphate (Sigma-Aldrich), 40 $\mu\text{g}/\text{mL}$ L-proline (Sigma-
186 Aldrich), and 10 ng/mL TGF- β 3 (PeproTech, Rocky Hill, NJ, the USA). The medium was
187 replaced twice per week, and the cells were maintained at 37°C with humidified 5% CO₂.
188 The pellets were cultured for 2 weeks and subsequently embedded in paraffin wax.
189 Paraffin-embedded pellets were cut with a thickness of 5 μm and subsequently subjected
190 to Safranin O staining. As described in a previous study, the staining intensity was
191 quantified using Image J²⁹.

192

193 **Inhibition of CXCR2, ERK pathways, and CXCLs**

194 We used the inhibitors of CXCR2, ERK pathways, and CXCLs in the migration
195 assays, cell proliferation assays, qPCR, WB analysis, and chondrogenic differentiation
196 experiments to investigate the effects of CM to elucidate its underlying mechanism.
197 Supplementary Table 6 shows the aforementioned inhibitors.

198

199 **Enzyme-linked immunosorbent assay (ELISA)**

200 Using conditioned medium (FBS 0% and FBS 1%), Quantikine Colormetric
201 sandwich ELISA for CXCL6 (R&D systems, MN, USA) was conducted following the
202 manufacturer's instructions.

203

204 **Statistical analysis**

205 Data were analyzed with GraphPad Prism 9.0 (GraphPad Software, Inc., La Jolla,
206 CA, the USA)²⁹. In vitro, one-way analysis of variance with the Tukey post-hoc test was
207 used to differentiate between each group. In vivo, differences between three groups were
208 assessed using the Kruskal-Wallis test. A P value of < 0.05 was considered statistically
209 significant. Data were presented as means with 95% confidence intervals.

210

211 **Results**

212 **The transplantation of SMSC pellet significantly promoted meniscus regeneration**
213 **and prevented cartilage degeneration of the medial tibia plateau in a rat model**

214 At 4 weeks after surgery, the areas of the regenerated meniscus in the FGF (–) and
215 FGF (+) groups were significantly larger than that of the control group. At 8 weeks, the
216 regenerated meniscus area in the FGF (+) group was larger than that of the control group

217 (Figs. 1A, B).

218 Regarding cartilage injuries, the control group had a thinner cartilage layer and
219 poorer Safranin O stainability at 4 weeks after surgery. These factors further caused severe
220 cartilage injuries at 8 weeks after surgery. Conversely, the FGF (+) group had a thick
221 cartilage layer and good Safranin O stainability at 4 and 8 weeks after surgery (Fig. 1C).
222 The OARSI scores of the FGF (+) group was better than that of the control group at 4
223 weeks, and the OARSI scores of the FGF (+) group showed a tendency to be better
224 compared to that of the control group at 8 weeks (Fig. 1D). The corresponding donor and
225 transplanted animal pairs, along with the associated regenerative meniscus area, modified
226 Pauli's score, and OARSI score are shown in Supplementary Table 7.

227

228 We utilized ElectroForce5500 to evaluate the tangent modulus of the regenerated
229 meniscus using the indentation test (Fig. 1E). The tangent modulus of the control group
230 was lower than that of the sham group. Conversely, the tangent modulus of the FGF (+)
231 group was significantly higher than that of the control group (Fig. 1F). Regarding the
232 regenerated meniscus (Fig. 2A), the stainability of Safranin O and type II collagen in the
233 FGF (+) group was higher than that in the other groups. In addition, the FGF (+) group
234 exhibited hyaline cartilage-like repair with chondrocyte-like round-shaped cells in the
235 lacuna. Subsequently, we evaluated the expression of the specific markers of MSCs
236 (CD44, CD73, and CD90)³⁰ to confirm the role of SMSCs in meniscus regeneration. As
237 a positive control, human SMSC pellets exhibited robust expression of CD44, CD73, and
238 CD90 (Supplementary Fig. 2). The, normal meniscus presented with minimum
239 expression of these MSC markers. Meanwhile, and the regenerated meniscus had
240 abundant expression. Hence, SMSCs had an important role in meniscus regeneration.

241 Compared with the control group at 4 and 8 weeks, the FGF (+) group had higher
242 modified Pauli's score (Figs. 2B, C).

243 In the immunohistochemical analysis, the FGF (-) and FGF (+) meniscus samples
244 had both human vimentin- and type II collagen-positive regions, which indicated a
245 successful engraftment of SMSCs and chondrogenic regeneration (data not shown).
246 Subsequently, we assessed the localization of type II collagen- and human vimentin-
247 positive regions to investigate whether transplanted SMSCs may differentiate directly
248 into chondrocyte-like cells, which can produce type II collagen. However, these regions
249 were found to be quite different from one another (Fig. 2D). This was quantitatively
250 confirmed by the overlap ratio of type II collagen- and human vimentin-positive regions
251 (Fig. 2E). Therefore, the implanted human SMSCs were successfully engrafted in the
252 meniscus defect area. However, they may not have undergone direct differentiation into
253 chondrocyte-like cells.

254

255 **RNA sequence**

256 Most variable genes were calculated and divided into four clusters using iDEP 96
257 (Fig 3A). Genes that were upregulated in SMSCs with bFGF were present in cluster B.
258 Based on the immunohistochemical analysis results of the regenerated meniscus (Fig. 3B),
259 we focused on the pathway of cell chemotaxis. Subsequently, using the Kyoto
260 Encyclopedia of Genes and Genomes, we detected the pathway of cytokine–cytokine
261 receptor interaction. Ultimately, the gene of CXCLs, which bind to CXCR2, was found
262 to be upregulated in SMSCs with bFGF (Fig. 3C).

263

264 **BFGF promoted the gene expression of chemokines in SMSCs**

265 qPCR was conducted to evaluate gene expression in SMSCs. The cells were seeded
266 in six-well plates at 1.0×10^5 cells/well and cultured in GM without bFGF (FGF⁻ group)
267 or with bFGF (FGF⁺ group) for 7 days. Thereafter, the total RNA was extracted from
268 SMSCs. The expression levels of CXCLs that bind to CXCR2 in the FGF⁺ group were
269 higher than those in the FGF⁻ group at each time point (Fig. 3D). Immunostaining using
270 an anti-CXCR2 antibody revealed that CXCR2 was expressed abundantly in the
271 synovium, meniscus, and cartilage (Fig. 3E).

272

273 **The conditioned medium of SMSCs cultured with bFGF promoted cell migration,**
274 **and this mechanism was attenuated by the CXCL6 inhibitor**

275 The transwell migration assay was used with the conditioned medium (FGF (-) or
276 FGF (+)) of SMSCs to investigate the effect of SMSC migration (Fig. 4A). The CM (FGF
277 (+)) significantly enhanced the migration of SMSCs, and this effect was significantly
278 suppressed by the use of SB265610 and PD98059 (Figs. 4B, C). Among CXCLs binding
279 to CXCR2, the gene expression of CXCL6 was highest in SMSCs (Fig. 4D). We
280 subsequently used different CXCL inhibitors to investigate the most effective chemokine
281 that bind to CXCR2 in cell migration. Results revealed that among the CXCL inhibitors,
282 a CXCL6 inhibitor was the most effective in suppressing cell migration (Fig. 4E). SMSCs
283 were treated with each CM for 24 h, and RNA was extracted. The gene expression of
284 CXCL6 was significantly upregulated in the CM (FGF⁻) and further in the CM (FGF (+)).
285 SB265610 and PD98059 decreased these effects with or without bFGF (Fig. 4F).

286

287 **The SMSC pellet cultured with bFGF promoted the migration of SMSCs in**
288 **meniscus explants**

289 A meniscus explant examination was conducted to investigate the effect of SMSC
290 migration using SMSC pellet (without FGF; FGF [-] or with FGF; FGF [+]) (Fig. 4G).

291 The FGF (+) group exhibited a significantly higher number of migrated SMSCs than
292 that of the control group (Figs. 4H, I).

293

294 **The conditioned medium of SMSCs cultured with bFGF promoted the gene**
295 **expression of CXCL6 in SMSCs and induced the phosphorylation of ERK and**
296 **Akt**

297 Based on the cell proliferation assay of SMSCs, the CM (FGF (+)) group showed a
298 significant increase compared with the control group on day 5 (Fig. 5A). The use of
299 SB265610, PD98059, and MAB333 (a CXCL6 inhibitor) inhibited proliferation on day 5
300 (Fig. 5B). WB analysis revealed that CM (FGF (-)) and CM (FGF (+)) induced the
301 phosphorylation of ERK and Akt in SMSCs and that PD98059 suppressed this
302 phosphorylation (Fig. 5C).

303

304 **The conditioned medium of SMSCs cultured with bFGF promoted the chondrogenic**
305 **differentiation of SMSC pellet**

306 In a 2-week chondrogenic medium culture, the CM (FGF (+)) group had a higher
307 degree of Safranin O stainability than the other groups (Figs. 5D, E). The use of
308 SB265610, PD98059, and MAB333 significantly reduced the Safranin O-stained area
309 (Figs. 5D, E). Hence, CXCL6 produced by SMSCs may enhance the chondrogenic
310 differentiation of SMSCs (Fig. 6).

311

312 **The conditioned medium of SMSCs cultured with bFGF contained higher levels of**

313 **CXCL6.**

314 The CM (FGF (+)) group exhibited higher levels of CXCL6 compared to the other
315 groups in the presence of 1% FBS (Supplementary Fig. 3).

316

317 **CXCL6 was found to be expressed in the regenerated rat meniscus.**

318 To investigate the involvement of CXCL6 in meniscus regeneration, immunostaining was
319 conducted on the regenerated meniscus. The expression of CXCL6 was observed in the
320 regenerated meniscus, confirming their presence not only in implanted human cells but
321 also in host rat cells. Furthermore, the proportion of CXCL6-positive cells was higher in
322 the FGF (+) group compared to the control group (Supplementary Fig. 4).

323

324 **Discussion**

325 To the best of our knowledge, the current study first evaluated the regeneration
326 effects and detailed mechanism of SMSCs cultured with bFGF.

327 SMSCs are a promising cell source for meniscus regeneration, and regenerated
328 meniscus cells were mainly derived from the surrounding synovial tissue^{27,31}. A previous
329 study has shown that the transplantation of SMSC aggregates can promote meniscus
330 regeneration and prevent cartilage degeneration⁹. Further, intra-articular-injected SMSCs
331 contributed to meniscal repair and loss of cartilage degeneration³² in animal models. The
332 therapeutic potential of SMSCs in meniscus regeneration is discussed from various
333 aspects, which include direct differentiation of different cell lineages, secretion of growth
334 factor, cell–cell interactions, and release of extracellular vesicle^{10,33–39}. However, SMSCs
335 have limitations. That is, they have limited cell proliferation and non-uniformity of
336 cartilage regeneration¹². Therefore, various methods that can enhance the regenerative

337 function of SMSCs have been investigated. Some studies have reported that growth
338 factors can promote the proliferation and chondrogenic differentiation of SMSCs^{13,14}.

339 Recently, bFGF has attracted attention in cartilage regeneration research in vitro^{13,14}.
340 However, to date, there are no reports on the use of SMSCs cultured with bFGF for
341 meniscus regeneration in vivo. Immunohistochemistry results revealed that meniscus
342 regeneration by SMSC transplantation might be correlated to indirect factors, such as
343 humoral factors and chemokines. The conditioned media of MSC include a wide variety
344 of secreted growth factors, chemokines, and hormones with immunomodulatory,
345 angiogenic, anti-apoptotic, and extracellular vesicle (EV)-mediated functions⁴⁰. RNA
346 sequencing revealed that chemokines that bind to CXCR2 were mainly upregulated by
347 bFGF in SMSCs. CXCR2 is the primary G protein-coupled receptor of ELR-CXC
348 chemokines. Further, it is expressed in different cell types, such as neutrophils, monocytes,
349 eosinophils, and endothelial⁴¹, chondrocyte⁴², and synovial⁴³ cells. The binding of various
350 chemokines, such as CXCLs, to CXCR2 activates multiple G protein-coupled receptor
351 signaling cascades, including the ERK, PI3K/Akt, MAPK, and STAT3 pathways. These
352 pathways promote cell migration, proliferation, and cytokine and chemokine production
353 and form a positive loop to enhance the function of CXCR2⁴⁴⁻⁴⁷.

354 According to the migration assay of SMSCs, CXCL6 is the most important
355 chemokine in SMSC migration. CXCL6 is a well-known chemoattractant for
356 neutrophils⁴⁸, which binds to CXCR1 and CXCR2. CXCR2 has a higher affinity than
357 CXCR1 for chemokines, and it plays a unique role in cell chemotaxis⁴⁹. CXCL6 is
358 contained within the CM from MSCs⁵⁰. Furthermore, recent studies have shown that EVs
359 from SMSCs upregulated the gene expression of CXCL5/6 in chondrocyte cells and
360 promoted the regeneration of meniscus via CXCR2 signaling³⁷. Moreover, they activate

361 CXCL6-CXCR2 signaling in chondrocytes, leading to the maintenance of cartilage
362 homeostasis⁴². These results are in accordance with our findings. However, the
363 aforementioned report requires weekly intra-articular injection of EVs³⁷, which may need
364 additional effort or cost in refining EVs compared with our method. Therefore, CXCL6
365 can be an essential factor for meniscus and cartilage regeneration.

366 The limitations of this study include the following: First, human SMSCs were used.
367 Thus, an in vivo xenograft model using immunodeficient rats must be adopted. Second,
368 we examined a small animal model over a brief duration. Hence, a large animal model
369 with a longer duration should be utilized. Third, knockout or transgenic animals were not
370 used in the evaluation of genetic effects. Fourth, insufficient investigation has been
371 conducted regarding the duration of the knee immobilization and the impairments caused
372 immobilization.

373 The current study summarized the proposed mechanism of meniscus regeneration
374 (Fig. 6). The transplantation of SMSC pellets cultured with bFGF accelerated the
375 secretion of CXCL6, which binds to CXCR2 and activates the downstream of the ERK
376 and Akt pathways. Thus, cell migration from surrounding synovial tissue, cell
377 proliferation, and chondrogenic differentiation may be promoted, thereby improving
378 meniscus regeneration. The transplantation of SMSCs cultured with bFGF can be a
379 simple and effective treatment option for promoting meniscus regeneration.

380

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385

386 **CONTRIBUTIONS OF AUTHORS**

387 AG and KE take responsibility for the integrity of the work as a whole, from inception to
388 the completed manuscript.

389 Conception and design: AG, YE, MH, SY, GO, and KE.

390 Analysis and interpretation of the data, statistical expertise:

391 AG, YE, MH, SY, GO, AM, KT, TM, YF, TK, NO, SOyama and KE.

392 Administrative, technical, or logistic support:

393 AG, YE, MH, SY, GO, AM, KT, TM, YF, TK, MT, TI, TT, TK, NO, SOyama, SOkada,
394 KN, and KE.

395 Drafting the manuscript:

396 AG, YE, and KE.

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398 AG, YE, MH, and KE.

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401

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406

407 **COMPETING INTEREST STATEMENT**

408 No conflicts of interest were declared.

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584 6
- 585
- 586

587 **FIGURE LEGENDS**

588

589 **Figure 1**

590 **The transplantation of synovial mesenchymal stem cells (SMSC) pellet promoted**

591 **meniscus regeneration and mitigated cartilage degeneration.** (A) Macroscopic

592 findings of the meniscus at 4 and 8 weeks. Control (left), fibroblast growth factor (FGF

593 (-)) (center), and FGF (+) (right). The yellow dotted line indicates the regenerated

594 meniscus, with a scale bar of 1 mm. (B) The regenerative meniscus area at 4 and 8 weeks

595 (n = 7–8 for each group). (C) Macroscopic findings of the tibial plateau 4 and 8 weeks

596 after surgery. Control (left), FGF (-) (center), and FGF (+) (right), with a scale bar of 600

597 μm . (D) Osteoarthritis Research Society International scores of the cartilage (n = 7–8 for

598 each group). (E) A schematic representation of the meniscus indentation test. (F) The

599 tangent modulus of the regenerated meniscus (n = 8 per each group). Data were presented

600 as means with 95% confidence intervals. A P value according to Kruskal-Wallis test.

601

602 **Figure 2**

603 **Histological evaluation of regenerative meniscus in rats.** (A) Representative sections

604 of the normal and regenerated meniscus at 4 and 8 weeks. Control (left), fibroblast growth

605 factor (FGF (-)) (center), FGF (+) (right). (B, C) Modified Pauli's score of the

606 regenerative meniscus at 4 and 8 weeks (n = 7–8 per each group). (D) Representative

607 immunohistochemical staining for type II collagen and human vimentin at 8 weeks. (E)

608 Overlap of type II collagen with human vimentin-stained area (n = 7–8 for each group).

609 Data were presented as means with 95% confidence intervals. A P value according to

610 Kruskal-Wallis test.

611

612 **Figure 3**

613 **Effects of basic fibroblast growth factor (bFGF) on gene expression in human**
614 **synovial mesenchymal stem cells (SMSCs).** (A) The most variable genes were
615 calculated and clustered into four groups using iDEP96. (B) The enriched pathways for
616 cluster B were identified. (C) Kyoto Encyclopedia of Genes and Genomes pathway
617 analysis revealed the enriched genes, which were indicated in red. (D) Gene expression
618 of chemokines that bind to CXCR2 was assessed in SMSC culture using growth medium
619 with bFGF (FGF (+)) and without bFGF (FGF (-)) (n = 3). (E) Immunohistochemical
620 analysis of CXCR2 was performed on rat knee samples. A higher magnification focused
621 on the synovium (with a scale bar of 200 μm) and the meniscus (with a scale bar of 200
622 μm).

623

624 **Figure 4**

625 **Effects of conditioned medium (CM) and synovial mesenchymal stem cell (SMSC)**
626 **pellet on SMSC migration.** (A) Schematic representation of the migration assay of
627 SMSCs. (B) Representative magnification of SMSC migration in response to CM, with a
628 scale bar of 100 μm . (C) Number of migrated SMSCs in response to CM and the effects
629 of SB25610 and PD98059 (n = 3). (D) Fold change in the gene expression of each CXCL
630 versus that of CXCL5 in SMSCs (n = 4). (E) Effect of each CXCL inhibitor on SMSC
631 migration was evaluated (n = 3). (F) The relative gene expression of CXCL6 and the
632 effects of SB265610 and PD98059 were quantified (n = 4). (G) Schematic representation
633 of the SMSC migration assay in meniscus explant culture. (H) Representative sections of
634 SMSC migration into human meniscus tears, with control (left), FGF (-) (center), and

635 FGF (+) (right), with a scale bar of 50 μm . (I) Number of migrated SMSCs per 0.1 mm^2
636 (n = 5 for each group). Data were presented as means with 95% confidence intervals. (C),
637 (D), (E), (F) A P value according to one-way analysis of variance using the Tukey post-
638 hoc test. (I) A P value according to Kruskal-Wallis test.

639

640 **Figure 5**

641 **Effects of conditioned medium (CM) on the proliferation and chondrogenic**
642 **differentiation of synovial mesenchymal stem cell (SMSCs).** (A) The cell proliferation
643 assay was performed with CM, with absorbance being proportional to the cell number.
644 (B) The effects of SB265610, PD98059, and MAB333 on cell proliferation on day 5 (n =
645 5). (C) Effects of CM and PD98059 on the phosphorylation of ERK and Akt in SMSCs.
646 (D) Representative sections of human SMSC pellets at 2 weeks were examined using
647 different chondrogenic CM. (E) Effects of CM and SB265610, PD98059, and MAB333
648 on the Safranin O-stained area of SMSC pellets (n = 3). Data were presented as means
649 with 95% confidence intervals. ¶ control vs FGF (+) =0.096. A P value according to one-
650 way analysis of variance using the Tukey post-hoc test.

651

652 **Figure 6**

653 **Graphical abstract of this study.** Transplantation of synovial mesenchymal stem cell
654 (SMSCs) in pellet form, cultured with bFGF, enhances the secretion of CXCLs that bind
655 to CXCR2. This might lead to the phosphorylation of ERK and Akt in host SMSCs,
656 thereby promoting cell migration, proliferation, and chondrogenic differentiation. These
657 mechanisms may regenerate the meniscus, enhance its mechanical property, and prevent
658 cartilage degeneration.

659

660 **Supplementary Figure 1**

661 **Meniscectomy and transplantation of the rat knee.**

662 Details of the animal experiments conducted in this study.

663

664 **Supplementary Figure 2**

665 **Histological analysis of human synovial mesenchymal stem cell (SMSCs) in pellet**
666 **form**

667 A representative magnification of the human SMSC pellet stained using CD44, CD73,
668 and CD90 antibodies.

669

670 **Supplementary Figure 3**

671 **Quantitative assessment of CXCL6 in the conditioned medium.**

672 CXCL6 levels in the conditioned medium (0% FBS and 1% FBS) used in this study were
673 measured using ELISA. Data were presented as means with 95% confidence intervals. A
674 P value according to one-way analysis of variance using the Tukey post-hoc test.

675

676 **Supplementary Figure 4**

677 **Histological evaluation of regenerative meniscus in rats (CXCL6).**

678 Representative sections of the normal and regenerated meniscus at 8 weeks. Control (left),
679 without bFGF (FGF (-)) (center), and with bFGF (FGF (+)) (right). CXCL6 positive cell
680 ratio was evaluated. A P value according to Kruskal-Wallis test.

Figure 1

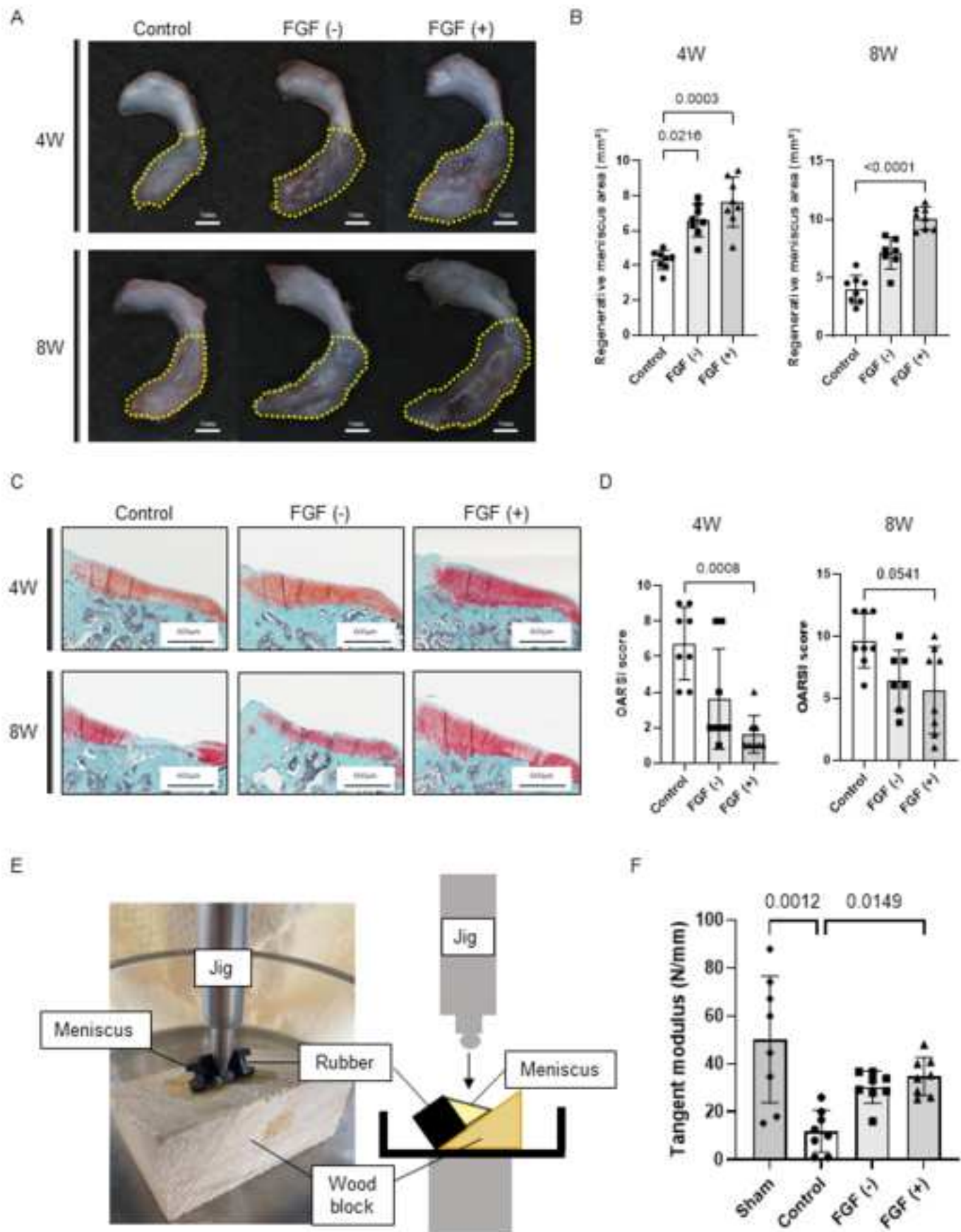


Figure 2

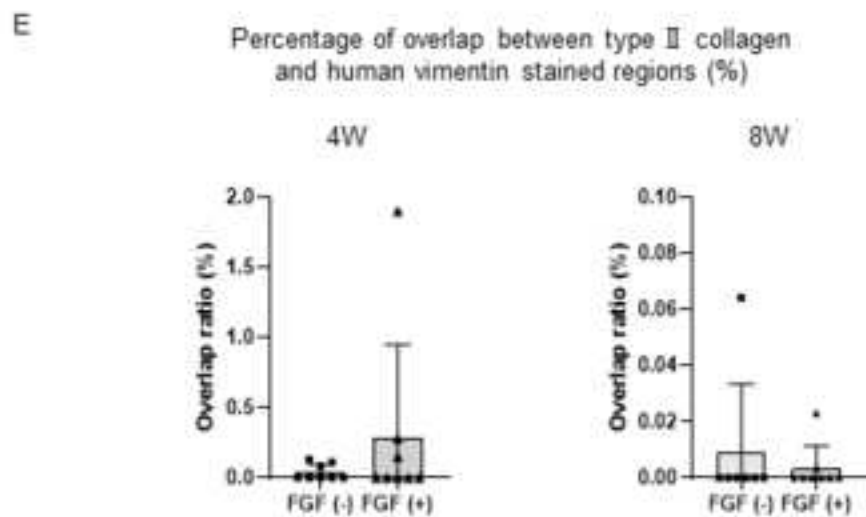
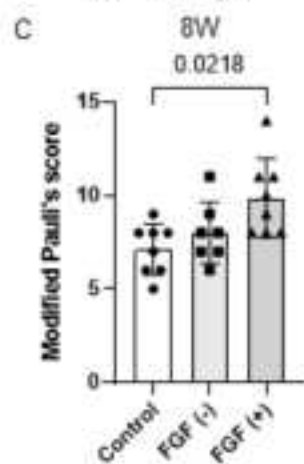
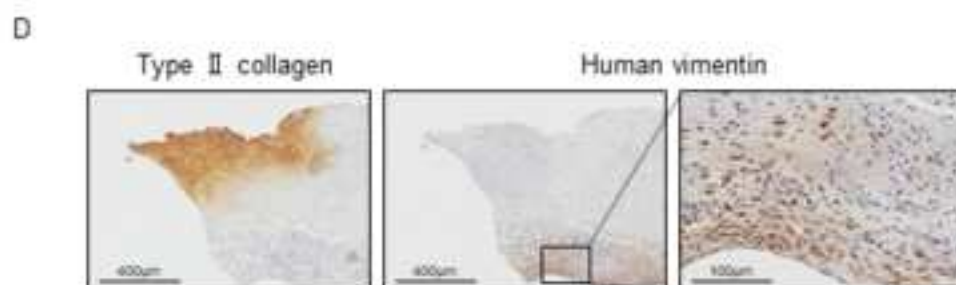
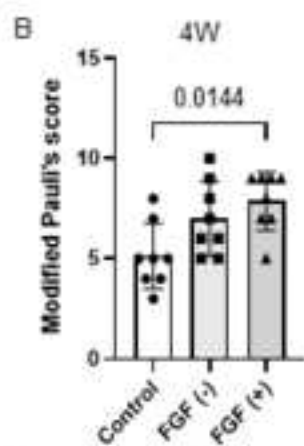
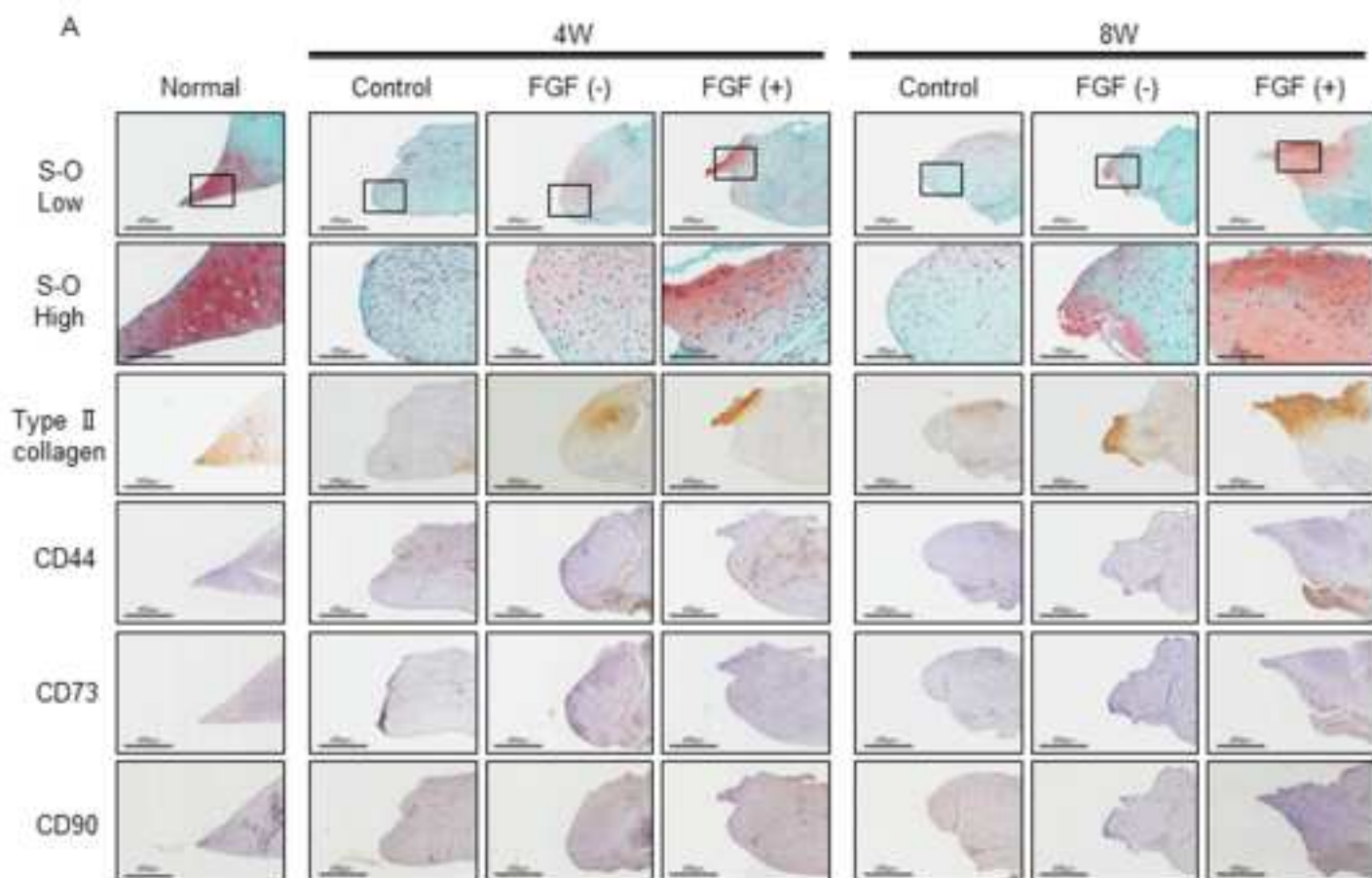
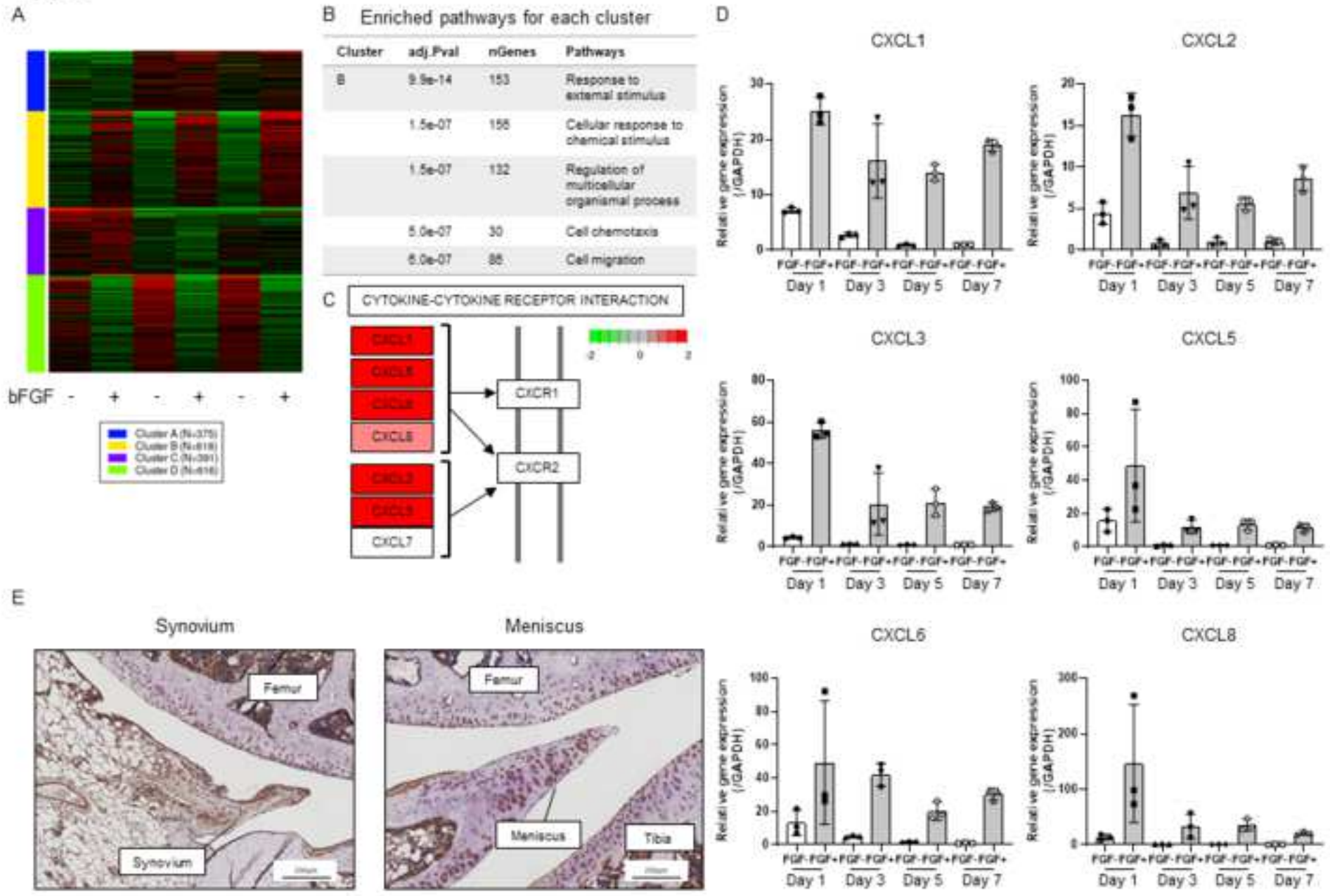


Figure 3



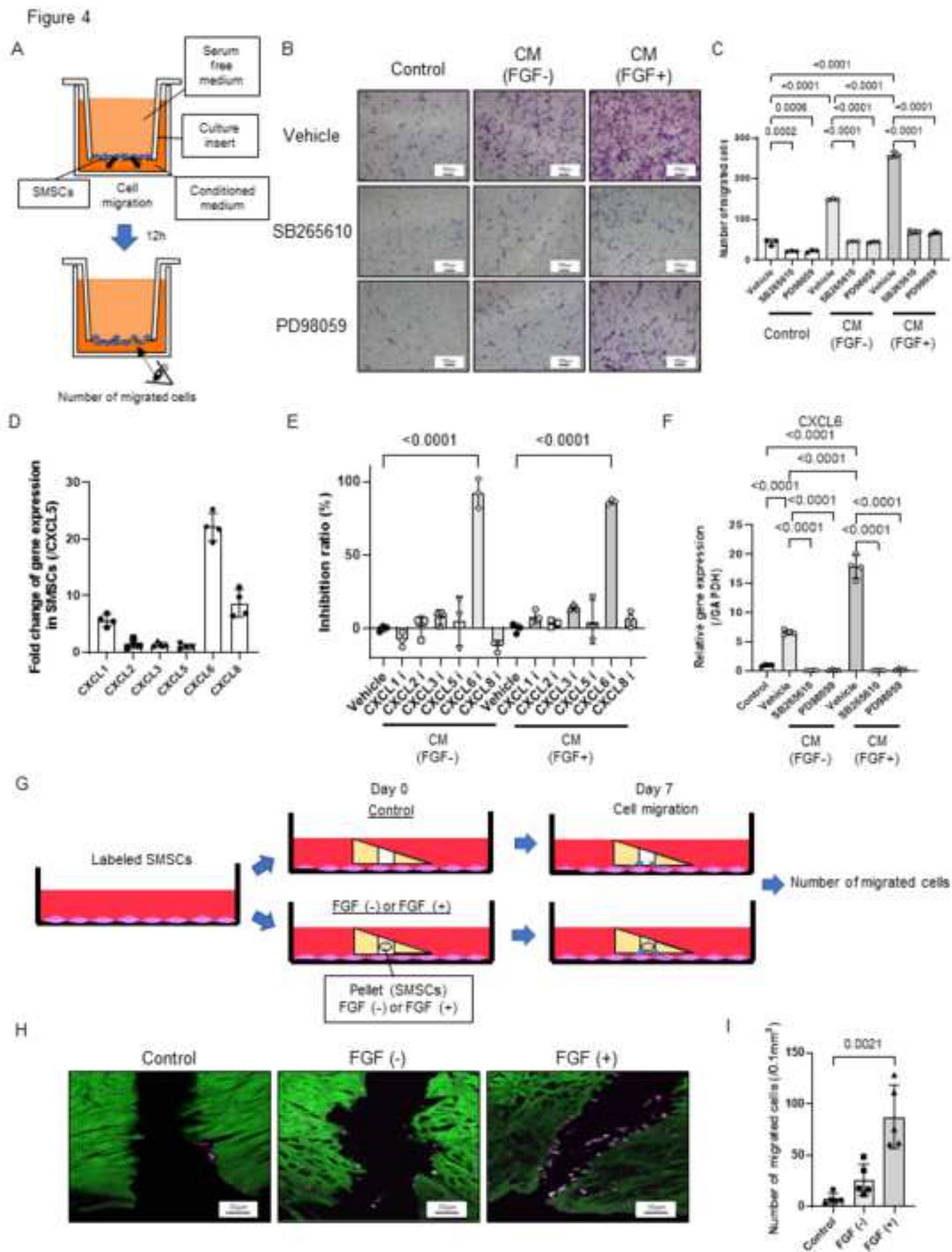


Figure 5

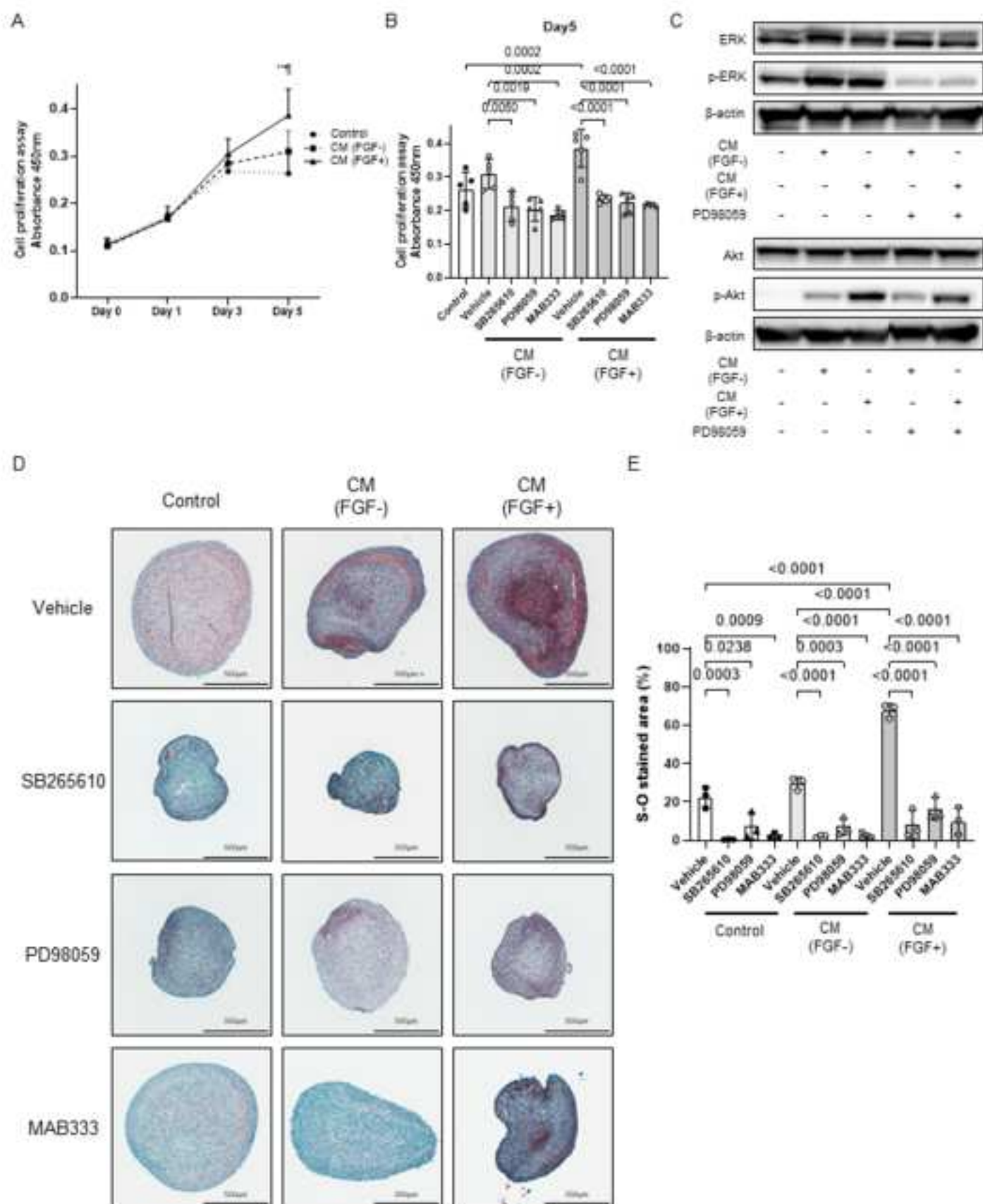
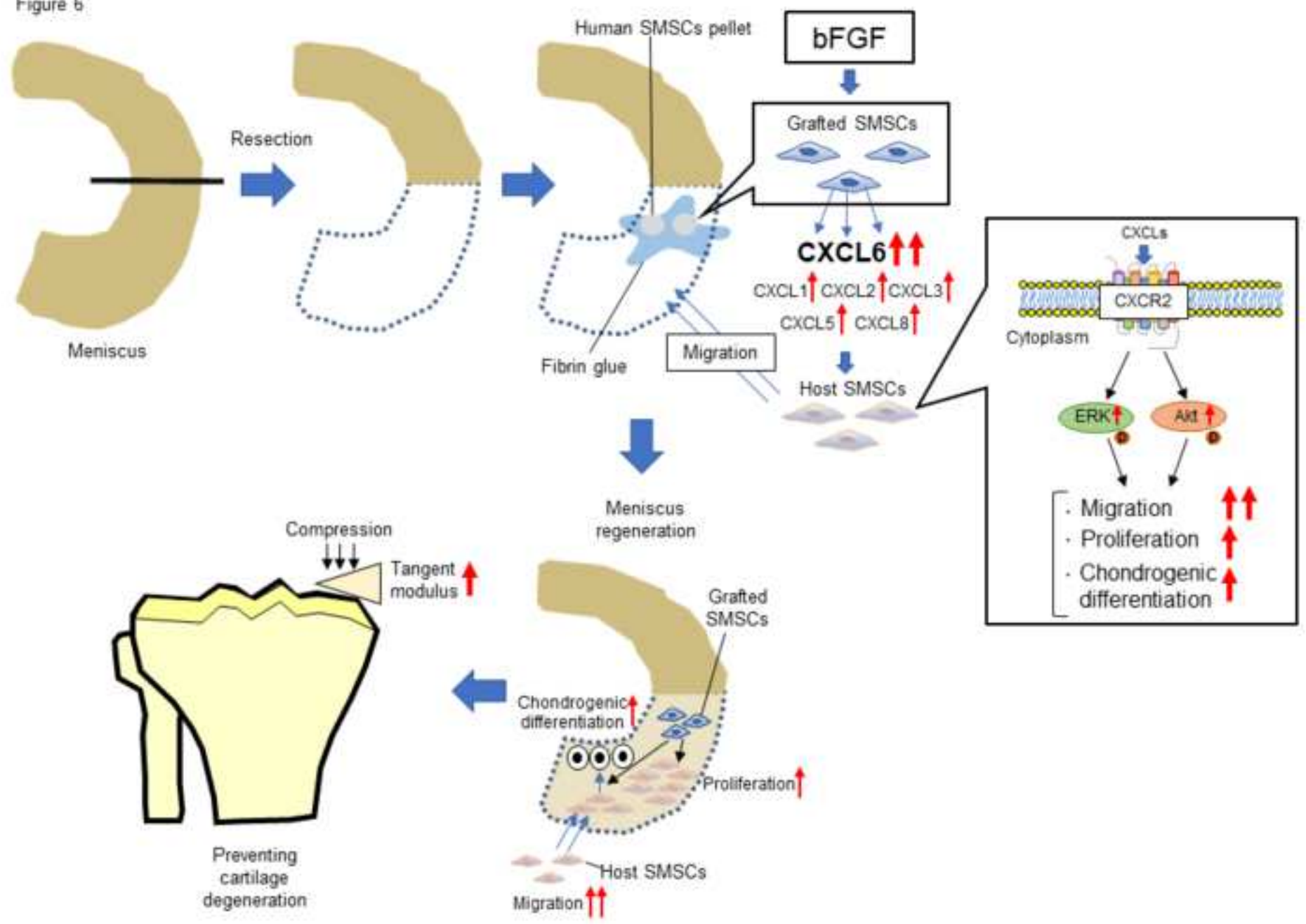


Figure 6





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