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1 Original article

Basic fibroblast growth factor promotes meniscus regeneration through the
cultivation of synovial mesenchymal stem cells via the CXCL6–CXCR2
pathway

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39

- 40 **Running title**
- 41 BFGF-cultured SMSC boost meniscus regrowth
- 42
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- 45
- 46

47 Abstract

48 Objective: To investigate the efficacy of basic fibroblast growth factor (bFGF)
49 in promoting meniscus regeneration by cultivating synovial mesenchymal stem
50 cells (SMSCs) and to validate the underlying mechanisms.

51 Methods: Human SMSCs were collected from patients with osteoarthritis. 52 Eight-week-old nude rats underwent hemi-meniscectomy, and SMSCs in pellet form, either with or without bFGF (1.0×10^6 cells per pellet), were implanted 53 54 at the site of meniscus defects. Rats were divided into the control (no 55 transplantation), FGF (-) (pellet without bFGF), and FGF (+) (pellet with 56 bFGF) groups. Different examinations, including assessment of the regenerated 57 meniscus area, histological scoring of the regenerated meniscus and cartilage, 58 meniscus indentation test, and immunohistochemistry analysis, were performed 59 at 4 and 8 weeks after surgery.

60 **Results**: Transplanted SMSCs adhered to the regenerative meniscus. Compared 61 with the control group, the FGF (+) group had larger regenerated meniscus areas, 62 superior histological scores of the meniscus and cartilage, and better meniscus 63 mechanical properties. RNA sequencing of SMSCs revealed that the gene 64 expression of chemokines that bind to CXCR2 was upregulated by bFGF. 65 Furthermore, conditioned medium derived from SMSCs cultivated with bFGF exhibited enhanced cell migration, proliferation, and chondrogenic 66 differentiation, which were specifically inhibited by CXCR2 or CXCL6 67 68 inhibitors.

69 **Conclusion**: SMSCs cultured with bFGF promoted the expression of CXCL6.

70	This mechanism may enhance cell migration, proliferation, and chondrogenic
71	differentiation, thereby resulting in superior meniscus regeneration and cartilage
72	preservation.
73	

74 Keywords

- 75 synovial mesenchymal stem cells, basic fibroblast growth factor, meniscus
- 76 regeneration, CXCR2, CXCL6

1 Introduction

The meniscus plays an important role in the knee as a shock absorber, load distributor, knee stabilizer, lubricator, and proprioceptor^{1,2}. Meniscus injury is associated with an increased risk of knee osteoarthritis (OA)^{3,4}. However, due to its hypocellularity and hypovascularity, the self-healing capability of the damaged meniscus is highly limited^{5,6}. Although there are different methods for treating damaged meniscus, they remain suboptimal⁷.

8 Mesenchymal stem cells (MSCs) have self-renewal and multilineage differentiation capability^{7,8}, and they are used as a therapeutic option for meniscus regeneration in 9 animal models. For example, the transplantation of synovial MSC aggregates⁹ and the 10 11 intra-articular injection of human bone marrow MSCs contribute to meniscal repair and 12 attenuation of cartilage degeneration in rats¹⁰. Among the various sources of MSCs, synovial MSCs (SMSCs) have superior potential for chondrogenic differentiation and 13 proliferation^{7,8}. Hence, they are a promising cell source of meniscus regeneration^{7,11}. 14 However several issues, such as limited cell proliferation and non-uniformity of cartilage 15 regeneration, should be overcome 12 . 16

Different methods can enhance the tissue-regenerative function of SMSCs^{13,14}. Basic fibroblast growth factor (bFGF) binds to FGF receptors, and they have diverse biological functions, such as anabolic and concomitant catabolic effects, on cartilage maintenance^{15,16}. BFGF promotes the proliferation and chondrogenic differentiation of MSCs in vitro^{13,14}. A previous study reported that SMSCs cultured with bFGF promoted cartilage regeneration in vitro and in vivo. However, the detailed mechanisms remain unclear¹⁷.

24

We hypothesized that SMSCs cultured with bFGF can promote meniscal

regeneration, a phenomenon that has not yet been reported to the best of our knowledge.

26 The current study aimed to investigate the promotion of meniscus regeneration by

27 SMSCs cultured with bFGF and to validate the underlying mechanism.

28

29 Materials and methods

All experiments were approved by the Ethical Review Board of Osaka University Hospital (number: 15409-7, date: April 12, 2016) and the Animal Experimental Committee of Osaka University (number: 29-024-018, date: June 27, 2017).

33

34 Preparation of synovial MSC

35 Human synovium was collected from five patients with OA (four women and one man; mean age: 76 [range: 70-88] years; demographics of each patient are shown in 36 Supplementary table 1) during total knee arthroplasty. SMSCs were isolated from the 37 synovium and cultured, as described in a previous study¹⁸. We mainly isolated 38 39 macroscopically hyper-vascular synovium from the supra patella during total knee 40 arthroplasty. SMSCs were separated into the FGF (-) and FGF (+) groups. The SMSCs 41 of the FGF (-) group were cultured in high-glucose DMEM containing 10% FBS and 1% 42 antibiotic-antimitotic (Sigma-Aldrich) and growth medium (GM). The SMSCs of the FGF (+) group were cultured in GM with 5 ng/mL of bFGF (Wako, Osaka, Japan) at 37°C 43 with humidified 5% CO_2^{17} . SMSCs were expanded and used for experiments in vivo and 44 45 in vitro at passages 3–5.

46

47 Rat meniscal defect model

48 The SMSCs were cultured in GM (without FGF; FGF [-] or with FGF; FGF [+]) for

7 days prior to implantation. Next, 1×10^6 SMSCs harvested from passage 3 were 49 centrifuged in 96-well ultra-low attachment plates (Costar, NY, the USA, Cat#7007), and 50 surgery was performed on the following day. Eight-week-old male immunocompromised 51 52 rats (F344/NJcl-rnu/rnu; CLEA Japan, Fujinomiya, Japan) were anesthetized via the intraperitoneal injection of 0.3 mg/kg medetomidine, 4.0 mg/kg midazolam, and 5.0 53 mg/kg butorphanol. The right knee joint was surgically accessed via a medial parapatellar 54 incision. The patella was laterally dislocated to identify the medial meniscus, which was 55 then resected at the level of the medial collateral ligament⁹. The control group was created 56 57 by applying fibrin glue (Beriplast, CSL Behring, King of Prussia, Pennsylvania, the USA) 58 to the defect site of the meniscus. In the FGF (-) group and FGF (+) group, two SMSC pellets (5.0 \times 10⁵ cells per pellet) were placed on the sites of the meniscus defects and 59 secured in place with two drops of fibrin glue (Supplementary Fig. 1). Patellar dislocation 60 was subsequently reduced, and the joint capsule and skin were sutured in separate layers. 61 Thereafter, the rats were immobilized in full knee extension with fiberglass casts at 4 and 62 8 weeks¹⁹, and the casts were replaced every week. The rats were sacrificed at 4 (n = 8)63 or 8 (n = 7-8) weeks for analysis. The sample size was determined and evaluated 64 according to the previous study⁹. 65

66

67 Macroscopic observation

The meniscus was meticulously dissected from the femoral and tibial condyles at 4
and 8 weeks after surgery. Macroscopic images were captured with Nikon AZ 100 (Nikon,
Tokyo, Japan). Quantification of the regenerated meniscus size was performed using
Image J (National Institutes of Health)⁹.

72

73 Histological examination

74 The rat meniscus and proximal tibia in 4% paraformaldehyde were fixed, dehydrated, 75 and decalcified in 10% ethylenediaminetetraacetic acid. The samples were then 76 embedded in paraffin wax and cut into 5-µm-thick sections for Safranin O staining. These sections were subsequently visualized using APERIO CS2 (Leica, Tokyo, Japan). The 77 regenerated meniscus was evaluated using the modified Pauli's score, which ranges from 78 0 to 21 (Supplementary Table 2) 20,21 . The assessment of cartilage degeneration of the 79 medial tibia plateau was conducted using the Osteoarthritis Research Society 80 International (OARSI) score, which ranges from 0 to 24^{22} . 81

82

83 Immunohistochemistry

Paraffin-embedded sections were used for immunochemistry, as described in a previous study ¹⁷. The antibodies used in the experiments, along with their concentrations, are described in Supplementary Table 3.

87

88 **DAB-stained area overlap ratio (%)**

We used paraffin-embedded sections to evaluate the differentiation of transplanted SMSC pellet into chondrocyte-like cells. The sections of the regenerated meniscus stained for type II collagen and human vimentin were utilized, and the DAB-stained area was quantified using Image J (National Institutes of Health), as described in a previous study²³.

94 Meniscus indentation test

Eight-week samples of regenerated meniscus were utilized in the meniscus
indentation test. The whole meniscus tissue was placed at the base of the testing apparatus

97 (ElectroForce5500, TA Instruments, Newcastle, DE, the USA) via a custom-fabricated 98 jig assembled with a load cell. An indenter with a diameter of 1 mm was applied to the 99 meniscus at the mid-substance and anterior horn and at the mid-point of these two points 100 (with a total of 3 points) at a rate of 0.06 mm/s, up to a depth of 0.03 mm from the 101 meniscus surface. Translation and compression forces were recorded during the 102 examination, and the tangent modulus was calculated²⁴. Three individual samples from 103 three different donors were used distinct from the one used for tissue sectioning.

104

105 **RNA sequencing**

SMSCs were seeded in six-well plates at a density of 1.0×10^5 cells/well and 106 incubated with GM with bFGF (bFGF; FGF (+)) or without bFGF (FGF (-)) for 7 days. 107 108 Subsequently, the cells were subjected to RNA sequencing. RNA libraries for sequencing 109 were prepared using the TruSeq Stranded Total RNA kit (Illumina, San Diego, CA, the 110 USA). Whole transcriptome sequencing was performed using the RNA samples with the 111 Illumina NovaSeq 6000 platform in a 101-bp single-end mode. The sequenced reads were 112 mapped to the human reference genome sequence (hg19) using TopHat version 2.0.13 113 combined with Bowtie2 version 2.2.3 and SAM tools version 1.0. The number of 114 fragments per kilobase of exon per million mapped fragments was calculated using Cufflinks version 2.2.1. These data were subsequently analyzed using iDEP 96^{25} . 115

116

117 Real-time quantitative polymerase chain reaction

RNA was extracted from cultured cells using the RNeasy Mini Kit (QIAGEN,
Dusseldorf, Germany) and subsequently converted to cDNA via the ReverTra Ace qPCR
Master Mix (TOYOBO, Osaka, Japan). Gene expression was quantified via real-time

121 PCR, with SYBR green master mix (Applied Biosystems, Foster City, CA, the USA) on 122 the Step One Plus Real-Time PCR System (Applied Biosystems, Foster City, CA, the 123 USA). Target gene expression levels were normalized to glyceraldehyde-3-phosphate 124 dehydrogenase, and the fold changes were calculated relative to the control group using 125 the $2^{-\Delta\Delta}$ Ct method. Supplementary Table 4 depicts the primer sequences.

126

127 Conditioned medium (CM) preparation

128 CM was prepared, as described in a previous study²⁶. In particular, SMSCs were 129 seeded at a density of 1.0×10^5 cells/well in six-well plates and cultured in GM without 130 bFGF (CM [FGF–]) or with bFGF (CM [FGF+]) for 24 h. The medium was subsequently 131 changed to serum-free medium or medium containing 1% FBS and cultured for additional 132 48 h. The supernatant was collected and centrifuged at 1700 × g for 5 min at 4°C to 133 eliminate cellular debris. The supernatant was then filtered via a 0.22-µm filter (EMD 134 Millipore, Billerica, MA, the USA) and stored at -80° C until utilized for experiments.

135

136 Cell migration assay

137 The effects of CM on the migratory capacity of SMSCs were assessed using the 138 transwell migration assay (Costar, NY, the USA, Cat#3422). The upper compartment of the assay was populated with 5×10^4 SMSCs/100 µl serum-free medium. The lower 139 140 compartments were each filled with 500 µl of CM (control; 0% FBS + DMEM, CM 141 [FGF-], CM [FGF+]). The cells were then incubated for 12 h at 37°C. Upon completion 142 of the incubation period, the upper compartment was fixed with 4% paraformaldehyde 143 for 5 min, stained with 0.5% crystal violet for 10 min, and subsequently washed three 144 times with PBS. The upper surface of the transwell membrane was then swabbed with a 145 cotton applicator to remove any residual cells. Subsequently, the number of migrated cells
146 was quantified via visual examination under 100x magnification using a TE2000-U
147 microscope (Nikon, Tokyo, Japan) in five randomly selected fields.

148

149 Meniscus explant for avascular healing via SMSC recruitment

150 Human meniscus tissue was isolated from patients undergoing total knee 151 arthroplasty and was subsequently cut into a width of 1 cm. In addition, longitudinal incisions with a total thickness of 5 mm were made in the inner zone of the meniscus 27 . 152 153 The SMSC pellet $(5 \times 10^5$ cells per pellet) was then transplanted onto the sites of 154 meniscus defects. The meniscus explants were subsequently cocultured with monolayer-155 cultured human SMSCs (passage 5) for 1 week. The migrating SMSCs within the 156 meniscus were labeled using SCT108 (Merck, Darmstadt, Germany) for detection. Frozen sections were prepared, as described in a previous study, to quantify the number 157 of migrated SMSCs²⁸. The samples were evaluated using FV3000 (Olympus, TOKYO, 158 159 Japan) at a 20× magnification and were excited using the 488- and 640-nm lasers. The 160 images were subsequently processed using CellSens (Olympus, TOKYO, Japan).

161

162 Cell proliferation assay

SMSCs were seeded in a 96-well plate at a density of 2.0×10^4 cells/well. The cells were treated with each CM (control: 1% FBS + DMEM, CM [FGF-], and CM [FGF+]). The medium was changed daily. The cell proliferation assay was used on days 0, 1, 3, and swith Cell Count Reagent SF (Nacalai Tesque, Inc., Kyoto, Japan), according to the manufacturer's instructions. The SF reagent was added to each well, and the plate was incubated at 37°C for 2 h. Absorbances were then measured at a wavelength of 450 nm 169 using Microplate Reader (Multiskan GO; Thermo Fischer Scientific, Vantaa, Finland).

170

171 Western blot analysis

SMSCs were seeded in a 10-cm plate at a density of 1.0×10^6 cells/plate. The cells were cultured in a serum-free medium (0% FBS + DMEM) for 24 h and then exchanged with each conditioned medium (control: 0% FBS + DMEM, CM [FGF-], and CM [FGF+]) for 15 min. The total cell lysate was separated with RIPA buffer (Thermo Fischer Scientific, Vantaa, Finland). Western blot (WB) analysis was conducted, as described in a previous study¹⁷. The antibodies used in the experiments, along with their concentrations, are described in Supplementary Table 5.

179

180 Chondrogenic differentiation

To cultivate three-dimensional pellets, 2×10^5 SMSCs sourced from passage 3 were 181 centrifuged within a 15-mL polypropylene tube and cultured in GM. On the following 182 183 day, the medium was replaced with chondrogenic medium (0% FBS + DMEM or CM 184 [FGF-] or CM [FGF+]), which included 1% ITS + premix (Corning, NY, the USA), 50 µg/mL L-ascorbic acid 2-phophate (Sigma-Aldrich), 40 µg/mL L-proline (Sigma-185 186 Aldrich), and 10 ng/mL TGF-β3 (PeproTech, Rocky Hill, NJ, the USA). The medium was replaced twice per week, and the cells were maintained at 37°C with humidified 5% CO₂. 187 188 The pellets were cultured for 2 weeks and subsequently embedded in paraffin wax. 189 Paraffin-embedded pellets were cut with a thickness of 5 µm and subsequently subjected 190 to Safranin O staining. As described in a previous study, the staining intensity was quantified using Image J²⁹. 191

192

193 Inhibition of CXCR2, ERK pathways, and CXCLs

We used the inhibitors of CXCR2, ERK pathways, and CXCLs in the migration assays, cell proliferation assays, qPCR, WB analysis, and chondrogenic differentiation experiments to investigate the effects of CM to elucidate its underlying mechanism. Supplementary Table 6 shows the aforementioned inhibitors.

198

199 Enzyme-linked immunosorbent assay (ELISA)

Using conditioned medium (FBS 0% and FBS 1%), Quantikine Colormetric sandwich ELISA for CXCL6 (R&D systems, MN, USA) was conducted following the manufacturer's instructions.

203

204 Statistical analysis

Data were analyzed with GraphPad Prism 9.0 (GraphPad Software, Inc., La Jolla, CA, the USA)²⁹. In vitro, one-way analysis of variance with the Tukey post-hoc test was used to differentiate between each group. In vivo, differences between three groups were assessed using the Kruskal-Wallis test. A P value of < 0.05 was considered statistically significant. Data were presented as means with 95% confidence intervals.

210

211 **Results**

212 The transplantation of SMSC pellet significantly promoted meniscus regeneration

and prevented cartilage degeneration of the medial tibia plateau in a rat model

At 4 weeks after surgery, the areas of the regenerated meniscus in the FGF (–) and FGF (+) groups were significantly larger than that of the control group. At 8 weeks, the

216 regenerated meniscus area in the FGF (+) group was larger than that of the control group

217 (Figs. 1A, B).

218 Regarding cartilage injuries, the control group had a thinner cartilage layer and 219 poorer Safranin O stainability at 4 weeks after surgery. These factors further caused severe 220 cartilage injuries at 8 weeks after surgery. Conversely, the FGF (+) group had a thick cartilage layer and good Safranin O stainability at 4 and 8 weeks after surgery (Fig. 1C). 221 222 The OARSI scores of the FGF (+) group was better than that of the control group at 4 223 weeks, and the OARSI scores of the FGF (+) group showed a tendency to be better 224 compared to that of the control group at 8 weeks (Fig. 1D). The corresponding donor and 225 transplanted animal pairs, along with the associated regenerative meniscus area, modified 226 Pauli's score, and OARSI score are shown in Supplementary Table 7.

227

We utilized ElectroForce5500 to evaluate the tangent modulus of the regenerated 228 229 meniscus using the indentation test (Fig. 1E). The tangent modulus of the control group was lower than that of the sham group. Conversely, the tangent modulus of the FGF (+) 230 231 group was significantly higher than that of the control group (Fig. 1F). Regarding the 232 regenerated meniscus (Fig. 2A), the stainability of Safranin O and type II collagen in the FGF (+) group was higher than that in the other groups. In addition, the FGF (+) group 233 234 exhibited hyaline cartilage-like repair with chondrocyte-like round-shaped cells in the 235 lacuna. Subsequently, we evaluated the expression of the specific markers of MSCs (CD44, CD73, and CD90)³⁰ to confirm the role of SMSCs in meniscus regeneration. As 236 237 a positive control, human SMSC pellets exhibited robust expression of CD44, CD73, and 238 CD90 (Supplementary Fig. 2). The, normal meniscus presented with minimum 239 expression of these MSC markers. Meanwhile, and the regenerated meniscus had 240 abundant expression. Hence, SMSCs had an important role in meniscus regeneration.

241 Compared with the control group at 4 and 8 weeks, the FGF (+) group had higher 242 modified Pauli's score (Figs. 2B, C).

In the immunohistochemical analysis, the FGF (-) and FGF (+) meniscus samples 243 244 had both human vimentin- and type II collagen-positive regions, which indicated a successful engraftment of SMSCs and chondrogenic regeneration (data not shown). 245 246 Subsequently, we assessed the localization of type II collagen- and human vimentin-247 positive regions to investigate whether transplanted SMSCs may differentiate directly into chondrocyte-like cells, which can produce type II collagen. However, these regions 248 249 were found to be quite different from one another (Fig. 2D). This was quantitively 250 confirmed by the overlap ratio of type II collagen- and human vimentin-positive regions 251 (Fig. 2E). Therefore, the implanted human SMSCs were successfully engrafted in the 252 meniscus defect area. However, they may not have undergone direct differentiation into 253 chondrocyte-like cells.

254

255 **RNA sequence**

Most variable genes were calculated and divided into four clusters using iDEP 96 (Fig 3A). Genes that were upregulated in SMSCs with bFGF were present in cluster B. Based on the immunohistochemical analysis results of the regenerated meniscus (Fig. 3B), we focused on the pathway of cell chemotaxis. Subsequently, using the Kyoto Encyclopedia of Genes and Genomes, we detected the pathway of cytokine–cytokine receptor interaction. Ultimately, the gene of CXCLs, which bind to CXCR2, was found to be upregulated in SMSCs with bFGF (Fig. 3C).

263

264 **BFGF promoted the gene expression of chemokines in SMSCs**

qPCR was conducted to evaluate gene expression in SMSCs. The cells were seeded in six-well plates at 1.0×10^5 cells/well and cultured in GM without bFGF (FGF– group) or with bFGF (FGF+ group) for 7 days. Thereafter, the total RNA was extracted from SMSCs. The expression levels of CXCLs that bind to CXCR2 in the FGF+ group were higher than those in the FGF– group at each time point (Fig. 3D). Immunostaining using an anti-CXCR2 antibody revealed that CXCR2 was expressed abundantly in the synovium, meniscus, and cartilage (Fig. 3E).

272

The conditioned medium of SMSCs cultured with bFGF promoted cell migration, and this mechanism was attenuated by the CXCL6 inhibitor

275 The transwell migration assay was used with the conditioned medium (FGF (-) or FGF (+)) of SMSCs to investigate the effect of SMSC migration (Fig. 4A). The CM (FGF 276 (+)) significantly enhanced the migration of SMSCs, and this effect was significantly 277 suppressed by the use of SB265610 and PD98059 (Figs. 4B, C). Among CXCLs binding 278 279 to CXCR2, the gene expression of CXCL6 was highest in SMSCs (Fig. 4D). We 280 subsequently used different CXCL inhibitors to investigate the most effective chemokine 281 that bind to CXCR2 in cell migration. Results revealed that among the CXCL inhibitors, 282 a CXCL6 inhibitor was the most effective in suppressing cell migration (Fig. 4E). SMSCs were treated with each CM for 24 h, and RNA was extracted. The gene expression of 283 284 CXCL6 was significantly upregulated in the CM (FGF-) and further in the CM (FGF (+)). SB265610 and PD98059 decreased these effects with or without bFGF (Fig. 4F). 285 286

The SMSC pellet cultured with bFGF promoted the migration of SMSCs in
 meniscus explants

- A meniscus explant examination was conducted to investigate the effect of SMSC migration using SMSC pellet (without FGF; FGF [-] or with FGF; FGF [+]) (Fig. 4G).
- 291 The FGF (+) group exhibited a significantly higher number of migrated SMSCs than
 292 that of the control group (Figs. 4H, I).
- 293

294 The conditioned medium of SMSCs cultured with bFGF promoted the gene 295 expression of CXCL6 in SMSCs and induced the phosphorylation of ERK and 296 Akt

Based on the cell proliferation assay of SMSCs, the CM (FGF (+)) group showed a significant increase compared with the control group on day 5 (Fig. 5A). The use of SB265610, PD98059, and MAB333 (a CXCL6 inhibitor) inhibited proliferation on day 5 (Fig. 5B). WB analysis revealed that CM (FGF (-)) and CM (FGF (+)) induced the phosphorylation of ERK and Akt in SMSCs and that PD98059 suppressed this phosphorylation (Fig. 5C).

303

The conditioned medium of SMSCs cultured with bFGF promoted the chondrogenic differentiation of SMSC pellet

In a 2-week chondrogenic medium culture, the CM (FGF (+)) group had a higher degree of Safranin O stainability than the other groups (Figs. 5D, E). The use of SB265610, PD98059, and MAB333 significantly reduced the Safranin O-stained area (Figs. 5D, E). Hence, CXCL6 produced by SMSCs may enhance the chondrogenic differentiation of SMSCs (Fig. 6).

311

312 The conditioned medium of SMSCs cultured with bFGF contained higher levels of

313 CXCL6.

The CM (FGF (+)) group exhibited higher levels of CXCL6 compared to the other groups in the presence of 1% FBS (Supplementary Fig. 3).

316

317 CXCL6 was found to be expressed in the regenerated rat meniscus.

To investigate the involvement of CXCL6 in meniscus regeneration, immunostaining was conducted on the regenerated meniscus. The expression of CXCL6 was observed in the regenerated meniscus, confirming their presence not only in implanted human cells but also in host rat cells. Furthermore, the proportion of CXCL6-positive cells was higher in the FGF (+) group compared to the control group (Supplementary Fig. 4).

323

324 Discussion

To the best of our knowledge, the current study first evaluated the regeneration effects and detailed mechanism of SMSCs cultured with bFGF.

327 SMSCs are a promising cell source for meniscus regeneration, and regenerated meniscus cells were mainly derived from the surrounding synovial tissue ^{27,31}. A previous 328 329 study has shown that the transplantation of SMSC aggregates can promote meniscus regeneration and prevent cartilage degeneration⁹. Further, intra-articular-injected SMSCs 330 contributed to meniscal repair and loss of cartilage degeneration³² in animal models. The 331 332 therapeutic potential of SMSCs in meniscus regeneration is discussed from various 333 aspects, which include direct differentiation of different cell lineages, secretion of growth factor, cell-cell interactions, and release of extracellular vesicle^{10,33-39}. However, SMSCs 334 have limitations. That is, they have limited cell proliferation and non-uniformity of 335 cartilage regeneration¹². Therefore, various methods that can enhance the regenerative 336

function of SMSCs have been investigated. Some studies have reported that growth
 factors can promote the proliferation and chondrogenic differentiation of SMSCs^{13,14}.

Recently, bFGF has attracted attention in cartilage regeneration research in vitro^{13,14}. 339 340 However, to date, there are no reports on the use of SMSCs cultured with bFGF for meniscus regeneration in vivo. Immunohistochemistry results revealed that meniscus 341 342 regeneration by SMSC transplantation might be correlated to indirect factors, such as 343 humoral factors and chemokines. The conditioned media of MSC include a wide variety 344 of secreted growth factors, chemokines, and hormones with immunomodulatory, angiogenic, anti-apoptotic, and extracellular vesicle (EV)-mediated functions⁴⁰. RNA 345 346 sequencing revealed that chemokines that bind to CXCR2 were mainly upregulated by bFGF in SMSCs. CXCR2 is the primary G protein-coupled receptor of ELR-CXC 347 chemokines. Further, it is expressed in different cell types, such as neutrophils, monocytes, 348 eosinophils, and endothelial⁴¹, chondrocyte⁴², and synovial⁴³ cells. The binding of various 349 chemokines, such as CXCLs, to CXCR2 activates multiple G protein-coupled receptor 350 signaling cascades, including the ERK, PI3K/Akt, MAPK, and STAT3 pathways. These 351 352 pathways promote cell migration, proliferation, and cytokine and chemokine production and form a positive loop to enhance the function of $CXCR2^{44-47}$. 353

According to the migration assay of SMSCs, CXCL6 is the most important chemokine in SMSC migration. CXCL6 is a well-known chemoattractant for neutrophils⁴⁸, which binds to CXCR1 and CXCR2. CXCR2 has a higher affinity than CXCR1 for chemokines, and it plays a unique role in cell chemotaxis⁴⁹. CXCL6 is contained within the CM from MSCs⁵⁰. Furthermore, recent studies have shown that EVs from SMSCs upregulated the gene expression of CXCL5/6 in chondrocyte cells and promoted the regeneration of meniscus via CXCR2 signaling³⁷. Moreover, they activate 361 CXCL6-CXCR2 signaling in chondrocytes, leading to the maintenance of cartilage 362 homeostasis⁴². These results are in accordance with our findings. However, the 363 aforementioned report requires weekly intra-articular injection of EVs^{37} , which may need 364 additional effort or cost in refining EVs compared with our method. Therefore, CXCL6 365 can be an essential factor for meniscus and cartilage regeneration.

The limitations of this study include the following: First, human SMSCs were used. Thus, an in vivo xenograft model using immunodeficient rats must be adopted. Second, we examined a small animal model over a brief duration. Hence, a large animal model with a longer duration should be utilized. Third, knockout or transgenic animals were not used in the evaluation of genetic effects. Fourth, insufficient investigation has been conducted regarding the duration of the knee immobilization and the impairments caused immobilization.

The current study summarized the proposed mechanism of meniscus regeneration (Fig. 6). The transplantation of SMSC pellets cultured with bFGF accelerated the secretion of CXCL6, which binds to CXCR2 and activates the downstream of the ERK and Akt pathways. Thus, cell migration from surrounding synovial tissue, cell proliferation, and chondrogenic differentiation may be promoted, thereby improving meniscus regeneration. The transplantation of SMSCs cultured with bFGF can be a simple and effective treatment option for promoting meniscus regeneration.

380

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386 CONTRIBUTIONS OF AUTHORS

- 387 AG and KE take responsibility for the integrity of the work as a whole, from inception to
- the completed manuscript.
- 389 Conception and design: AG, YE, MH, SY, GO, and KE.
- 390 Analysis and interpretation of the data, statistical expertise:
- 391 AG, YE, MH, SY, GO, AM, KT, TM, YF, TK, NO, SOyama and KE.
- 392 Administrative, technical, or logistic support:
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407 COMPETING INTEREST STATEMENT

408 No conflicts of interest were declared.

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586

589 **Figure 1**

590 The transplantation of synovial mesenchymal stem cells (SMSC) pellet promoted meniscus regeneration and mitigated cartilage degeneration. (A) Macroscopic 591 592 findings of the meniscus at 4 and 8 weeks. Control (left), fibroblast growth factor (FGF 593 (-)) (center), and FGF (+) (right). The yellow dotted line indicates the regenerated meniscus, with a scale bar of 1 mm. (B) The regenerative meniscus area at 4 and 8 weeks 594 595 (n = 7-8 for each group). (C) Macroscopic findings of the tibial plateau 4 and 8 weeks 596 after surgery. Control (left), FGF (-) (center), and FGF (+) (right), with a scale bar of 600 597 μ m. (D) Osteoarthritis Research Society International scores of the cartilage (n = 7–8 for each group). (E) A schematic representation of the meniscus indentation test. (F) The 598 tangent modulus of the regenerated meniscus (n = 8 per each group). Data were presented 599 600 as means with 95% confidence intervals. A P value according to Kruskal-Wallis test.

601

602 **Figure 2**

603 Histological evaluation of regenerative meniscus in rats. (A) Representative sections 604 of the normal and regenerated meniscus at 4 and 8 weeks. Control (left), fibroblast growth factor (FGF (-)) (center), FGF (+) (right). (B, C) Modified Pauli's score of the 605 606 regenerative meniscus at 4 and 8 weeks (n = 7-8 per each group). (D) Representative 607 immunohistochemical staining for type II collagen and human vimentin at 8 weeks. (E) Overlap of type II collagen with human vimentin-stained area (n = 7-8 for each group). 608 609 Data were presented as means with 95% confidence intervals. A P value according to 610 Kruskal-Wallis test.

612 **Figure 3**

613 Effects of basic fibroblast growth factor (bFGF) on gene expression in human 614 synovial mesenchymal stem cells (SMSCs). (A) The most variable genes were calculated and clustered into four groups using iDEP96. (B) The enriched pathways for 615 616 cluster B were identified. (C) Kyoto Encyclopedia of Genes and Genomes pathway 617 analysis revealed the enriched genes, which were indicated in red. (D) Gene expression of chemokines that bind to CXCR2 was assessed in SMSC culture using growth medium 618 619 with bFGF (FGF (+)) and without bFGF (FGF (-)) (n = 3). (E) Immunohistochemical 620 analysis of CXCR2 was performed on rat knee samples. A higher magnification focused on the synovium (with a scale bar of 200 µm) and the meniscus (with a scale bar of 200 621 622 μm).

623

624 Figure 4

625 Effects of conditioned medium (CM) and synovial mesenchymal stem cell (SMSC) 626 pellet on SMSC migration. (A) Schematic representation of the migration assay of 627 SMSCs. (B) Representative magnification of SMSC migration in response to CM, with a scale bar of 100 µm. (C) Number of migrated SMSCs in response to CM and the effects 628 of SB25610 and PD98059 (n = 3). (D) Fold change in the gene expression of each CXCL 629 630 versus that of CXCL5 in SMSCs (n = 4). (E) Effect of each CXCL inhibitor on SMSC 631 migration was evaluated (n = 3). (F) The relative gene expression of CXCL6 and the 632 effects of SB265610 and PD98059 were quantified (n = 4). (G) Schematic representation 633 of the SMSC migration assay in meniscus explant culture. (H) Representative sections of 634 SMSC migration into human meniscus tears, with control (left), FGF (-) (center), and

FGF (+) (right), with a scale bar of 50 μ m. (I) Number of migrated SMSCs per 0.1 mm² (n = 5 for each group). Data were presented as means with 95% confidence intervals. (C), (D), (E), (F) A P value according to one-way analysis of variance using the Tukey posthoc test. (I) A P value according to Kruskal-Wallis test.

639

640 **Figure 5**

Effects of conditioned medium (CM) on the proliferation and chondrogenic 641 differentiation of synovial mesenchymal stem cell (SMSCs). (A) The cell proliferation 642 643 assay was performed with CM, with absorbance being proportional to the cell number. 644 (B) The effects of SB265610, PD98059, and MAB333 on cell proliferation on day 5 (n =645 5). (C) Effects of CM and PD98059 on the phosphorylation of ERK and Akt in SMSCs. 646 (D) Representative sections of human SMSC pellets at 2 weeks were examined using different chondrogenic CM. (E) Effects of CM and SB265610, PD98059, and MAB333 647 on the Safranin O-stained area of SMSC pellets (n = 3). Data were presented as means 648 649 with 95% confidence intervals. ¶ control vs FGF (+) =0.096. A P value according to one-650 way analysis of variance using the Tukey post-hoc test.

651

652 **Figure 6**

653 **Graphical abstract of this study.** Transplantation of synovial mesenchymal stem cell 654 (SMSCs) in pellet form, cultured with bFGF, enhances the secretion of CXCLs that bind 655 to CXCR2. This might lead to the phosphorylation of ERK and Akt in host SMSCs, 656 thereby promoting cell migration, proliferation, and chondrogenic differentiation. These 657 mechanisms may regenerate the meniscus, enhance its mechanical property, and prevent 658 cartilage degeneration.

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660	Supplementary Figure 1
661	Menisectomy and transplantation of the rat knee.
662	Details of the animal experiments conducted in this study.
663	
664	Supplementary Figure 2
665	Histological analysis of human synovial mesenchymal stem cell (SMSCs) in pellet
666	form
667	A representative magnification of the human SMSC pellet stained using CD44, CD73,
668	and CD90 antibodies.
669	
670	Supplementary Figure 3
671	Quantitative assessment of CXCL6 in the conditioned medium.
672	CXCL6 levels in the conditioned medium (0% FBS and 1% FBS) used in this study were
673	measured using ELISA. Data were presented as means with 95% confidence intervals. A
674	P value according to one-way analysis of variance using the Tukey post-hoc test.
675	
676	Supplementary Figure 4
677	Histological evaluation of regenerative meniscus in rats (CXCL6).
678	Representative sections of the normal and regenerated meniscus at 8 weeks. Control (left),
679	without bFGF (FGF (-)) (center), and with bFGF (FGF (+)) (right). CXCL6 positive cell

680 ratio was evaluated. A P value according to Kruskal-Wallis test.

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Figure 1
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Figure 1
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Figure 5

Figure 5









Figure 6



Supplemental method and table

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