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1 **Original Article**

2

3 ***Title:***

4 Effects of iguratimod on glucocorticoid-induced disorder of bone metabolism in vitro

5

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28 ***This article contains 4 figures, 1 table, and 1 Supplementary figure.***

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37 Abstract

38 Glucocorticoids are widely used to treat various diseases including rheumatoid arthritis (RA);
39 however, one of the most frequent and severe adverse effects is glucocorticoid-induced osteoporosis
40 (GIOP). Iguratimod (IGU) is a novel conventional synthetic disease-modifying anti-rheumatic drug
41 developed in Japan. The aim of this study is to investigate the effects of IGU on
42 glucocorticoid-induced disorder of bone metabolism in vitro. IGU significantly suppressed a
43 dexamethasone-induced increase in mouse bone marrow-derived osteoclasts, differentiation, and bone
44 resorption activity by inhibition of the receptor activator of the nuclear factor kappa-B (RANK)
45 /tumor necrosis factor receptor (TNFR)-associated factor 6 (TRAF6)/nuclear factor kappa-B
46 (NFκB)-p52 pathway evaluated by tartrate-resistant acid phosphatase staining, resorption pit assay,
47 western blotting, real-time polymerase chain reaction (PCR), and mRNA sequencing. Concerning
48 osteoblastogenesis of MC3T3-E1 cells, IGU significantly upregulated dexamethasone-induced
49 downregulation of alkaline phosphatase (ALP) activity, bone mineralization, and osteoblast-related
50 protein and gene expression evaluated by ALP staining, alizarin red staining, western blotting,
51 real-time PCR, and mRNA sequencing. In murine osteocyte-like cell line MLO-Y4 cells, IGU
52 significantly upregulated dexamethasone-induced downregulation of the gene expression of ALP and
53 osteocalcin, and also downregulated receptor activator of NFκB ligand (RANKL)/osteoprotegerin
54 gene expression ratio without dexamethasone. Collectively, these results suggest that IGU may

55 improve glucocorticoid-induced disorder of bone metabolism and may exhibit positive effects against

56 GIOP associated with RA.

57 **Keywords:**

58 glucocorticoid-induced osteoporosis, iguratimod, osteoblast, osteoclast, osteocyte

59

60 **Introduction**

61 Glucocorticoids are widely used to treat various autoimmune diseases such as rheumatoid arthritis

62 (RA); however, one of the most frequent and severe adverse effects is glucocorticoid-induced

63 osteoporosis (GIOP) [1]. GIOP is associated with increased bone resorption by inducing

64 osteoclastogenesis and decreased bone formation by suppressing osteoblastogenesis, which results in

65 rapid bone loss and increased fracture risk [2,3]. Regarding the treatment of GIOP, the 2017 updated

66 American College of Rheumatology guideline recommended oral bisphosphonates as the first-line

67 agent for patients at moderate or high risk of fracture [4]. However, concerns have arisen about their

68 accumulation within the bone due to high mineral-binding affinities [5], which may lead to adverse

69 effects such as osteonecrosis of the jaw or atypical femoral fracture.

70 In contrast, according to the European League Against Rheumatism recommendations, primary

71 treatment with conventional synthetic disease-modifying anti-rheumatic drugs (csDMARDs)

72 including methotrexate (MTX) in combination with short-term, low-dose glucocorticoids is

73 recommended for patients with RA. However, in patients who experienced a treatment failure with
74 MTX alone or who have a contraindication to MTX, other csDMARDs can be used as an additional
75 or substitute treatment, although no reliable criteria exist for their selection, especially in combination
76 with glucocorticoids [6].

77 Iguratimod (IGU), also known as T-614, is a novel csDMARD developed in Japan. IGU inhibits the
78 production of pro-inflammatory cytokines by macrophages [7] and reduces immunoglobulin
79 production by human B lymphocytes [8] via inhibition of nuclear factor kappa-B (NFκB). In addition,
80 IGU possesses several unique properties concerning bone metabolism that differ from other
81 csDMARDs. We previously reported that IGU promoted bone morphogenetic protein-2 induced bone
82 formation in vivo [9]. In addition, other studies demonstrated that IGU suppressed osteoclast
83 differentiation in RAW264.7 cells [10] and prevented bone loss in ovariectomized mice [11]. However,
84 no studies to date have demonstrated the effects of IGU on GIOP or osteocytes, which remain unclear.
85 The purpose of this study was to investigate the effects of IGU on glucocorticoid-induced disorder of
86 bone metabolism in vitro and to examine the new evidence for the selection of csDMARDs in patients
87 with RA associated with GIOP.

88

89 **Material and Methods**

90 *Ethics statement*

91 Prior to the study, all experimental protocols were approved by the Ethics Review Committee for
92 Animal Experimentation of Osaka University School of Medicine.

93

94 *Reagents and cell culture*

95 IGU was kindly provided by Toyama Chemical Co. Ltd (Tokyo, Japan), and dissolved in dimethyl
96 sulfoxide (DMSO) (Wako Pure Chemical Industries, Osaka, Japan). Dexamethasone (Dex) was
97 purchased from Sigma-Aldrich (St. Louis, MO, USA) and dissolved in ethanol (Wako Pure Chemical
98 Industries). Murine primary osteoclasts were obtained from bone marrow (BM) cells flushed from the
99 femurs and tibiae of 7-week old male C57BL/6J mice (Charles River Laboratories). These cells were
100 cultured in α -minimum essential medium (α -MEM) (Nacalai Tesque, Kyoto, Japan) containing 10%
101 fetal bovine serum (FBS) (Equitech-Bio, Kerrville, TX, USA) and 1% antibiotic/antimycotic solution
102 (A/A) (Sigma-Aldrich) with 5 ng/mL macrophage colony-stimulating factor (M-CSF) (R&D Systems,
103 Minneapolis, Minnesota, USA) overnight at 37 °C in a humidified atmosphere of 5% carbon dioxide.
104 as previously described [12]. Adherent cells were seeded at 2.4×10^5 cells per well in 12-well or $2 \times$
105 10^4 cells per well in 96-well plates. After 24 hours, osteoclast differentiation was induced with 10
106 ng/mL M-CSF and 50 ng/mL receptor activator of NF κ B ligand (RANKL) (R&D Systems)
107 simultaneously at different concentrations of Dex and/or IGU for 5 days. The concentrations of Dex
108 and IGU were determined based on previous reports [13]. Approximately, the serum concentration of

109 IGU reaches 3 ug/mL in human.

110 The MC3T3-E1 cells of osteoblastic cell lineage were purchased from Riken Cell Bank (Tsukuba,
111 Japan). The cells were cultured with α -MEM containing 10% FBS in 12-well and 24-well plates at $1 \times$
112 10^5 cells per well. After 24 hours, the cells were treated at different concentrations of Dex and/or IGU
113 in media containing 10 mM β -glycerophosphate (Calbiochem, San Diego, CA, USA) and 50 μ g/mL
114 ascorbic acid (Sigma-Aldrich) to induce osteoblast differentiation for 4 days [14].

115 Murine osteocyte-like cell line MLO-Y4 cells were purchased from Kerablast (Boston, MA, USA)
116 and cultured on type I collagen-coated dishes (Corning, Corning, NY, USA) in α -MEM supplemented
117 with 5% heat-inactivated FBS (Hyclone, Logan, UT, USA), 5% calf serum (Hyclone) and 1% A/A as
118 previously described [15]. The cells were seeded in 24-well plate at 1×10^4 cells per well. After 24
119 hours, the cells were treated at different concentrations of Dex and/or IGU for 3 days.

120

121 *Tartrate-resistant acid phosphatase staining and resorption pit assay*

122 Tartrate-resistant acid phosphatase (TRAP) staining was performed using a TRAP staining kit (Cosmo
123 Bio, Tokyo, Japan). The total number of TRAP-positive cells with ≥ 3 nuclei was counted as
124 previously described [12]. Resorption pit assay was performed using Osteo-Assay Surface 96 Well
125 Multiple Well Plates (Corning). Individual pits, or multiple pit clusters, were assayed as previously
126 described [12].

127

128 *Extraction of the RNA, first-strand complementary DNA synthesis, and quantitative real-time PCR*

129 *analysis*

130 Total RNA was extracted from cells in a 12-well plate using RNAeasy Mini Kit (Qiagen, Düsseldorf,

131 Germany). First-strand complementary DNA was reverse-transcribed from total RNA (1 µg) using

132 ReverTra Ace quantitative polymerase chain reaction (qPCR) RT kit (Toyobo Co., Ltd., Osaka, Japan)

133 according to the manufacturer's protocol. Real-time PCR (RT-PCR) was performed using a Step One

134 Plus Real-Time PCR System (Life Technologies) and Fast SYBR Green Master Mix (Life

135 Technologies). Gene expression levels were normalized to HPRT1. The sequences of PCR primers are

136 described in **Table 1**.

137

138 *RNA sequencing and KEGG pathway analysis*

139 After total RNA was extracted, an mRNA sequencing analysis was performed at BGI Tech Solutions

140 Co., Ltd. (Hong Kong) using the DNBseq platform. The differentially expressed genes (DEGs)

141 between the groups were detected with DEseq2 by BGI Tech Solutions, as described [16]. The *p* value

142 cut-off was set at 0.05. A fold change ≥ 2.00 or ≤ 0.50 and Q value ≤ 0.05 were defined to indicate

143 significance. Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analysis was performed

144 [17], and the most enriched signaling pathways were identified.

145

146 *Western blotting*

147 Western blotting was conducted as previously described [12]. The primary antibodies were as follow:

148 Anti-RANK antibody (1:1000), anti-NFκB p52 antibody (1:1000), anti-Runx2 antibody (1:1000),

149 phosphate anti-extracellular signal-regulated kinase 1/2 (ERK1/2) antibody (Thr202/Tyr204) (1:2000),

150 anti-ERK1/2 antibody (p44/42) (1:1000), phosphate anti-p38 antibody (Thr180/Tyr182) (1:1000),

151 anti-p38 antibody (1:1000), phosphate anti-Stress-activated protein kinase (SAPK)/Jun amino

152 terminal kinase (JNK) antibody (Thr183/Tyr185) (1:1000), anti-SAPK/JNK antibody (1:1000) and

153 β-actin (1:1000) were purchased from Cell Signaling Technology (Danvers, MA, USA). Anti-TRAF6

154 antibody (1:2000), anti-NFATc1 antibody (1:1000), anti-Osterix antibody, anti-Osteocalcin antibody,

155 anti-Sclerostin antibody (1:1000) and anti-DKK1 antibody (1:1000) were purchased from Abcam

156 (Cambridge, MA, USA). Anti-RANKL antibody (1:1000) was purchased from Santa Cruz

157 Biotechnology (Dallas, TX, USA).

158

159 *ALP staining and activity assay*

160 Alkaline phosphatase (ALP) staining was performed by using BCIP/NBT Color Development

161 Substrate (Promega, Madison, WI, USA), and ALP activity was assayed using ALP assay kit (Wako)

162 as previously described [14].

163

164 *Alizarin red staining and bone mineralization quantification*

165 The MC3T3-E1 cells were incubated for 35 days. Alizarin red staining and bone mineralization
166 quantification were performed as previously described [14].

167

168 *Cell proliferation assay*

169 The MC3T3-E1 or MLO-Y4 cells were cultured in 96-well plates at a concentration of 5.0×10^3
170 cells/well. After 24 hours of incubation, the cells were treated with or without Dex and/or IGU. The
171 cell proliferation was assessed every 24 hours using a cell proliferation assay system (Cell Count
172 Reagent SF, Nacalai Tesque) according to the manufacturer's instructions.

173

174 *Statistical analysis*

175 All values were expressed as the mean \pm standard deviation. Differences between groups were
176 assessed using the Mann–Whitney U test. Significance was set at $p < 0.05$.

177

178 **Results**

179 *Effects of IGU on Dex-induced promotion of osteoclast number and bone resorption activity in*
180 *mouse BM cells*

181 The use of Dex significantly promoted RANKL-induced multi-nuclear osteoclast number in a
182 dose-dependent manner, whereas IGU significantly suppressed this phenomenon in a dose-dependent
183 manner within clinical blood concentration (≤ 3 ug/mL) (**Fig. 1a, 1b**). Both RANKL and Dex
184 significantly promoted resorption activity, whereas IGU significantly inhibited them, regardless of
185 Dex administration (**Fig. 1c, 1d**). Furthermore, an mRNA sequencing assay was performed to
186 examine the possible intracellular signaling pathways. By KEGG pathway analysis, the 10 most
187 enriched pathways were obtained in each group comparison, and osteoclast differentiation signaling
188 ($Q = 0.008$) and rheumatoid arthritis associated signaling ($Q = 0.00009$) were one of the significantly
189 enriched pathways compared with or without IGU in the presence of Dex (**Fig. 1e**). These findings
190 suggested that IGU significantly suppressed RANKL and Dex induced osteoclast differentiation and
191 bone resorption activity.

192

193 *Effects of IGU on Dex-induced upregulation of osteoclastogenesis pathway*

194 By analysis of the KEGG pathway map of osteoclast differentiation, many DEGs were identified,
195 including tumor necrosis factor receptor (TNFR)-associated factor 6 (TRAF6) and its downstream
196 signaling (**Fig. 2a**). Therefore, the study focused on the TRAF6/NF κ B/nuclear factor of activated T
197 cells cytoplasmic 1 (NFATc1) signaling pathway and investigated the osteoclast-related genes and
198 proteins expression. In RT-PCR, RANKL significantly increased gene expression of RANK, TRAF6,

199 NF- κ B (p100/p52), RelB, c-Fos, NFATc1, TRAP, DC-STAMP, and cathepsin K. The Dex significantly
200 increased gene expression of RANK and NFATc1. However, IGU significantly suppressed
201 Dex-induced upregulation of RANK, TRAF6, c-Fos, NFATc1, TRAP, DC-STAMP, and Cathepsin K
202 (**Fig. 2b**). Moreover, western blotting was performed to investigate NF κ B-p52 at 24 hours because
203 NF κ B was activated by RANKL in the early phase of osteoclastogenesis [18]. IGU suppressed protein
204 expression of NF κ B-p52 at 24 hours, and RANK, TRAF6, and NFATc1 at 5 days after RANKL
205 stimulation, regardless of Dex administration (**Fig. 2c**). Taken together, IGU suppressed Dex-induced
206 upregulation of osteoclastogenesis via inhibition of RANK/TRAF6/NF κ B-p52.

207

208 *Effects of IGU on Dex-induced downregulation of osteoblast differentiation and bone mineralization*
209 *in MC3T3-E1 cells*

210 To examine the effects of IGU on Dex-induced osteoblast differentiation and mineralization, ALP and
211 alizarin staining and activity were assayed in MC3T3-E1 cells. The IGU significantly promoted ALP
212 activity and bone mineralization, regardless of Dex administration (**Fig. 3 a–d**). In cell proliferation
213 assay, IGU significantly increased cell proliferation without Dex, whereas IGU tended to promote cell
214 proliferation in the presence of Dex (**Fig. 3e**). An mRNA sequencing analysis revealed 3 significantly
215 enriched pathways by IGU (**Fig. 3f**). One of these pathways was the parathyroid hormone
216 (PTH)-activated pathway, and the *bglap* gene which encoded osteocalcin was differentially expressed

217 in the KEGG map of PTH-activated pathway as shown in **Supplementary Fig (Online Resource)**.
218 By RT-PCR, IGU significantly increased Runx2, osterix, ALP, and osteocalcin regardless of Dex
219 administration (**Fig. 3g**), although the RANKL/OPG expression ratio was not significantly changed.
220 In western blotting, IGU increased protein expression of Runx2 and osterix, regardless of Dex
221 administration (**Fig. 3h**).

222

223 *Effects of IGU on MLO-Y4 cells in the presence of Dex*

224 Osteocytes are the most abundant source of RANKL to promote osteoclastogenesis, and
225 glucocorticoids induce RANKL and sclerostin expression as well as apoptosis in MLO-Y4 cells [19].
226 In RT-PCR, Dex significantly decreased the expression of ALP, osteocalcin, and connexin43, whereas
227 IGU significantly increased the gene expression of ALP, osteocalcin, and RANKL/OPG ratio without
228 Dex, and significantly restored the gene expression of ALP, osteocalcin, and connexin43 (**Fig. 4a**).
229 The gene expression of sclerostin coding gene (Sost), dickkopf-1 (Dkk-1), dentin matrix protein 1
230 (Dmp-1), and fibroblast growth factor 23 (Fgf23) were not significantly changed by IGU. In a cell
231 proliferation assay, Dex significantly decreased cell proliferation, whereas IGU did not affect the
232 results (**Fig. 4b**). In western blotting, IGU promoted the protein expression of osteocalcin, whereas no
233 change was observed in RANKL, sclerostin, and Dkk-1 (**Fig. 4c**). Moreover, the mitogen-activated
234 protein kinases signaling pathway including extracellular signal-regulated kinase (ERK), p-38, and

235 c-Jun N-terminal kinases (JNK) pathway, which regulated apoptosis or RANKL expression in
236 MLO-Y4 cells, was investigated [20]. The use of IGU promoted phosphorylation of ERK1/2 and p38,
237 especially without Dex, whereas no change was observed in JNK (**Fig. 4d**).

238

239 **Discussion**

240 To the best of our knowledge, this report is the first to demonstrate the effects of IGU on
241 glucocorticoid-induced disorder of bone metabolism. The study results revealed that IGU significantly
242 suppressed glucocorticoid-induced upregulation of osteoclastogenesis, and significantly restored
243 Dex-induced downregulation of osteoblastogenesis.

244 Concerning osteoclastogenesis, Dex stimulated RANKL-induced osteoclastogenesis, whereas IGU
245 strongly abolished it. A previous study showed that IGU suppressed osteoclastogenesis via inhibition
246 of PPAR- γ /c-Fos pathway [11]. Indeed, IGU suppressed Dex-induced upregulation of c-fos expression,
247 although the findings of the present study may offer another novel mechanism for this effect. One of
248 the key transcription factors, NF- κ B, is activated by RANKL in the early phase [18]. **Recent study**
249 **showed that IGU suppressed nuclear translocation of NF κ B-p65 in RAW264.7 cells and**
250 **RANKL-induced osteoclastogenesis in vitro [21], while our present study demonstrated that IGU**
251 **inhibited both gene and protein expression of NF κ B-p52, which plays an essential role in**
252 **osteoclastogenesis [18], in mouse bone marrow-derived osteoclasts. This action may lead to inhibition**

253 of upstream RANK and TRAF6, which resulted in suppression of osteoclastogenesis [22]. Thus, these
254 results suggest that IGU suppressed glucocorticoid-induced osteoclastogenesis via inhibition of
255 RANK/TRAF6/NF κ B-p52.

256 In contrast, glucocorticoids have multiple inhibitory effects on osteoblastogenesis [1]. Consistently,
257 Dex inhibited ALP activity and bone mineralization of MC3T3-E1 cells, whereas IGU significantly
258 restored them in the presence of Dex. These osteogenic effects of IGU may be attributable to
259 upregulation of osteoblast-related gene, such as Runx2 and osterix, as previous reports demonstrated
260 that IGU stimulated osteoblastic differentiation by increased expression of osterix and Dlx5 [9,23].
261 Accordingly, in the present study IGU significantly increased the early osteoblast-related gene and
262 protein expression of Runx2 and osterix, regardless of Dex administration. In addition, the
263 PTH-activated pathway including PTH1 receptor (PTH1R) and osteocalcin expression was
264 significantly enriched by IGU evaluated by RNA sequencing analysis. Specifically, PTH increases the
265 numbers of early osteoblast precursors and hastens their differentiation via PTH1R signaling [24].
266 These results suggest that PTH-activated pathway by IGU may be associated with the significant
267 promotion of cell proliferation and differentiation in MC3T3-E1 cells.

268 Concerning osteocytes, the results of the current study revealed for the first time that IGU
269 significantly increased the gene expression of ALP and osteocalcin in MLO-Y4 cells. A previous
270 study indicated that mature osteocytes strongly expressed mineralization-related genes, such as type I

271 collagen and osteocalcin, compared with young osteocytes in MLO-Y4 cells [25]. Therefore, the
272 current study results suggest that IGU may promote maturation of MLO-Y4 cells. Moreover, IGU
273 significantly inhibited the RANKL/OPG gene expression ratio in MLO-Y4 cells in the current study.
274 Previous studies demonstrated that glucocorticoids increased the RANKL/OPG ratio in osteoblastic
275 cells [26] and RANKL production in MLO-Y4 cells [19]. In contrast, IGU decreased the IL-6-induced
276 elevation of RANKL/OPG ratio in synovial fibroblasts from RA patients [27]. Taken together, IGU
277 may synergistically suppress osteoclastogenesis by inhibition of RANK expression in osteoclasts and
278 also inhibition of RANKL/OPG ratio in osteocytes.

279 Previous studies reported positive effects of csDMARDs and biologic DMARDs on bone
280 metabolisms in vitro [28] [29]. These effects may be partly due to suppression of osteoclastogenesis
281 by interfering with RANKL-mediated induction of NFATc1 or by inhibiting intracellular calcium
282 oscillations depending on Fc receptor gamma. Different from these previous studies, we examined the
283 effects of IGU in osteoclasts, osteoblasts, and osteocytes, concerning glucocorticoid-induced disorder
284 of bone metabolism. However, few studies of csDMARDs and biologic DMARDs showed the
285 significant effects on reducing clinical fractures, while the efficacy of bisphosphonates and
286 denosumab have been established, with reduction of fracture risks [30]. We suppose that this
287 difference may be due to relatively weak inhibitory effects of other csDMARDs or biologic DMARDs
288 on osteoclastogenesis, although bisphosphonates and denosumab exhibit strong inhibitory effect on

289 osteoclastogenesis even under inflammation, glucocorticoids usage, or disuse condition which may
290 promote osteoclastogenesis. Remarkably, our present study demonstrated strong inhibition of
291 osteoclastogenesis by IGU under glucocorticoids usage in vitro.

292 This study has several limitations. First, the study design was in vitro, and further research should be
293 conducted in vivo. Second, a detailed pathway examination using the knock-down and overexpression
294 methods should be considered in the future.

295 In conclusion, IGU significantly suppressed glucocorticoid-induced upregulation of
296 osteoclastogenesis via inhibition of RANK/TRAF6/NF κ B-p52. In addition, IGU significantly restored
297 glucocorticoid-induced downregulation of osteoblastogenesis and bone mineralization. These results
298 suggest that IGU may improve glucocorticoid-induced disorder of bone metabolism and that IGU may
299 be considered as one of the preferential treatment options for RA associated with GIOP.

300

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303

304 **Conflicts of interest**

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307 Nakata supervises the Department of Musculoskeletal Regenerative Medicine, Osaka University
308 Graduate School of Medicine, which is supported by Taisho. S. Oyama is an employee of Taisho.
309 These companies had no role in the study design, decision to publish, or preparation of the manuscript.
310 A. Miyama, M. Hirao, G. Okamura, Y. Etani, K. Takami, A. Goshima, T. Miura, T. Kanamoto, and H.
311 Yoshikawa declare that they have no conflicts of interest.

312

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420

421

422 **Figure legends**

423 **Fig. 1** IGU significantly suppressed a Dex-induced increase in mouse bone marrow-derived
424 osteoclasts, differentiation, and bone resorption activity. **a** TRAP staining of osteoclasts with M-CSF
425 and RANKL treated at different doses of Dex and/or IGU ($\times 40$, scale bar, 500 μm). **b** The number of
426 TRAP-positive cells per well (n = 4 **independent experiments' data** for each group). **c** TRAP staining
427 and pit formation by osteoclasts ($\times 200$, scale bar, 100 μm). **d** Quantification of bone resorption area (n
428 = 4 **independent experiments' data** for each group). **e** KEGG pathway analysis results for the 10 most
429 enriched pathways compared with or without IGU in the presence of Dex. All pathways described
430 were significant (Q < 0.05).

431 * p < 0.05, ** p < 0.01, versus the control group treated with RANKL or treated with RANKL and

432 Dex.

433 # $p < 0.05$, ## $p < 0.01$, versus vehicle.

434 All data are expressed as the mean \pm standard deviation.

435 Dex, dexamethasone; IGU, iguratimod; TRAP, Tartrate-resistant acid phosphatase; RANKL, receptor

436 activator of nuclear factor kappa-B ligand; KEGG, Kyoto Encyclopedia of Genes and Genomes.

437

438 **Fig. 2** IGU significantly suppressed Dex-induced upregulation of osteoclastogenesis via inhibition of

439 RANK/TRAF6/NF κ B-p52. **a** KEGG pathway map of osteoclast differentiation compared with or

440 without IGU in the presence of Dex. Red rectangles represent significantly upregulated, and green

441 rectangles represent significantly downregulated factors. **b** Real-time-PCR analysis of

442 osteoclast-related gene expression at 5 days after RANKL stimulation (n = 5 **independent**

443 **experiments' data** for each group). **c** Western blotting analysis of NF κ B-p52 at 24 hours, and RANK,

444 TRAF6, and NFATc1 at 5 days after RANKL stimulation.

445 * $p < 0.05$, ** $p < 0.01$, versus control group treated with RANKL or treated with RANKL and Dex.

446 # $p < 0.05$, ## $p < 0.01$, versus vehicle.

447 All data are expressed as the mean \pm standard deviation.

448 DC-STAMP, dendritic cell-specific trans-membrane protein; Dex, dexamethasone; HPRT1,

449 hypoxanthine phosphoribosyltransferase 1; IGU, iguratimod; KEGG, Kyoto Encyclopedia of Genes

450 and Genomes; NFκB, nuclear factor kappa-B; NFATc1, nuclear factor of activated T cells c1; n.s., not
451 significant; RANK, receptor activator of nuclear factor kappa-B; RANKL, receptor activator of
452 nuclear factor kappa-B ligand; TRAF, tumor necrosis factor receptor associated factor; TRAP,
453 tartrate-resistant acid phosphatase.

454

455 **Fig. 3** IGU significantly restored Dex-induced downregulation of ALP activity, bone mineralization,
456 and osteoblast-related gene and protein in MC3T3-E1 cells. **a** ALP staining, **b** ALP activity, **c** alizarin
457 red staining, and **d** bone mineralization assay (n = 6 **independent experiments' data** for each group). **e**
458 Cell proliferation assay after 48 hours of treatment with or without Dex and/or IGU (n = 5
459 **independent experiments' data** for each group). **f** KEGG pathway analysis results for the 4 most
460 enriched pathways in comparison with or without IGU. **g** Real-time-PCR analysis of
461 osteoblast-related gene expression treated with or without Dex and/or IGU for 4 days (n = 5
462 **independent experiments' data** for each group). **h** Western blotting analysis of Runx2 and Osterix
463 treated with or without Dex and/or IGU for 4 days.

464 * $p < 0.05$, ** $p < 0.01$, versus control group treated with vehicle or Dex.

465 # $p < 0.05$, ## $p < 0.01$, versus vehicle.

466 All data are expressed as the mean \pm standard deviation.

467 ALP, Alkaline phosphatase; Dex, dexamethasone; IGU, iguratimod; HPRT1, hypoxanthine

468 phosphoribosyltransferase 1; KEGG, Kyoto Encyclopedia of Genes and Genomes; n.s., not
469 significant; OPG, osteoprotegerin; PCR, polymerase chain reaction; RANKL, receptor activator of
470 nuclear factor kappa-B ligand; Runx2, Runt-related transcription factor 2.

471

472 **Fig. 4** IGU significantly upregulated Dex-induced downregulation of the gene expression of ALP and
473 osteocalcin, and also downregulated RANKL/OPG gene expression ratio without dexamethasone in
474 murine osteocyte-like cell line MLO-Y4 cells. **a** Real-time-PCR analysis of MLO-Y4 cells for
475 osteocyte-related gene expression treated with or without Dex and/or IGU for 3 days (n = 4
476 independent experiments' data for each group). **b** Cell proliferation assay after 72 hours of treatment
477 with or without Dex and/or IGU (n = 5 independent experiments' data for each group). **c and d**
478 Western blotting analysis of the osteocyte-related protein expression and the mitogen-activated
479 protein kinases (MAPK) signaling pathway treated with or without Dex and/or IGU for 3 days.

480 * $p < 0.05$, ** $p < 0.01$, versus control group treated with vehicle or Dex.

481 # $p < 0.05$, ## $p < 0.01$, versus vehicle.

482 All data are expressed as the mean \pm standard deviation.

483 ALP, alkaline phosphatase; Dex, dexamethasone; Dkk-1, dickkopf-1; Dmp-1, dentin matrix protein 1;
484 ERK, extracellular signal-regulated kinase; Fgf23, fibroblast growth factor 23; HPRT1, hypoxanthine
485 phosphoribosyltransferase 1; IGU, iguratimod; n.s., not significant; OPG, osteoprotegerin; PCR,

486 polymerase chain reaction; RANKL, receptor activator of nuclear factor kappa-B ligand; SAPK/JNK,

487 stress-activated protein kinase/Jun-amino-terminal kinase; Sost, sclerostin coding gene.

- 1 **Supplementary Fig.** KEGG map of parathyroid hormone activated pathway in comparison with or
- 2 without IGU in the absence of Dex. Red rectangles represent significantly upregulated factors.
- 3 Dex, dexamethasone; IGU, iguratimod; PTH, parathyroid hormone; KEGG, Kyoto Encyclopedia of
- 4 Genes and Genomes.

1 **Table 1 Primers used in RT-PCR**

Genes	Forward (5'-3')	Reverse (5'-3')
RANK	AGAAGACGGTGCTGGAGTCT	TAGGAGCAGTGAACCAGTCG
TRAF6	AGCCCACGAAAGCCAGAAGAA	CCCTTATGGATTTGATGATGC
NF-κB (p105/p50)	GAAATTCCTGATCCAGACAAAAAC	ATCACTTCAATGGCCTCTGTGTAG
NF-κB (p100/p52)	CTGGTGGACACATACAGGAAGAC	ATAGGCACTGTCTTCTTTCACCTC
RelA	CTTCCTCAGCCATGGTACCTCT	CAAGTCTTCATCAGCATCAAACCTG
RelB	CTTTCCTATGATCCTTCTGC	GAGTCCAGTGATAGGGGCTCT
c-Fos	AAACCGCATGGAGTGTGTTGTCC	TCAGACCACCTCGACAATGCATGA
NFATc1	CCGTTGCTTCCAGAAAATAACA	TGTGGGATGTGAACTCGGAA
TRAP	GGGACAATTTCTACTTCACTGGAG	TCAGAGAACACGTCCTCAAAGG
DC-STAMP	GACCTTGGGCACCAGTATTT	CAAAGCAACAGACTCCCAA
cathepsin K	CCATATGTGGGCCAGGATG	TCAGGGCTTTCTCGTTCCC
Runx2	GCTTGATGACTCTAAACCTA	AAAAAGGGCCCAGTTCTGAA
osterix	AGGCACAAAGAAGCCATAC	AATGAGTGAGGGAAGGGT
ALP	AATCGGAACAACCTGACTGACC	TCCTTCCACCAGCAAGAAGAA
osteocalcin	CTCACTCTGCTGGCCCTG	CCGTAGATGCGTTTGTAGGC

RANKL	TGGAAGGCTCATGGTTGGAT	CATTGATGGTGAGGTGTGCAA
OPG	ACCCAGAACTGGTCATCAGC	CTGCAATACACACACTCATCACT
Connexin43	CTCACCTATGTCTCCTCCT	CTGGCTTGCTTGTGTAAT
Sost	GGAATGATGCCACAGAGGTCAT	CCCGGTTTCATGGTCTGGTT
Dkk-1	GAGGGGAAATTGAGGAAAGC	AGCCTTCTTGCCTTTGGTG
Dmp-1	AGATCCCTCTTCGAGAACTTCGCT	TTCTGATGACTCACTGTTCGTGGGTG
Fgf23	GATCCCCACCTCAGTTCTCA	CCGGATAGGCTCTAGCAGTG
HPRT1	CTGGTGAAAAGGACCTCTCGAA	CTGAAGTACTCATTATAGTCAAGGGCAT

-
- 2 receptor activator of nuclear factor kappa-B (RANK) ; tumor necrosis factor receptor associated factor 6
3 (TRAF6) ; nuclear factor-kappa B (NFκB) ; nuclear factor of activated T cells c1 (NFATc1) ; tartrate
4 resistant acid phosphatase (TRAP) ; dendritic cell-specific trans-membrane protein (DC-STAMP) ;
5 Runt-related transcription factor 2 (Runx2) ; alkaline phosphatase (ALP) ; receptor activator of NF-κB
6 ligand (RANKL) ; osteoprotegerin (OPG) ; dickkopf-1 (Dkk-1) ; dentin matrix protein1 (Dmp1) ;
7 fibroblast growth factor23 (Fgf23) ; hypoxanthine phosphoribosyltransferase 1 (HPRT1)

Figure 1

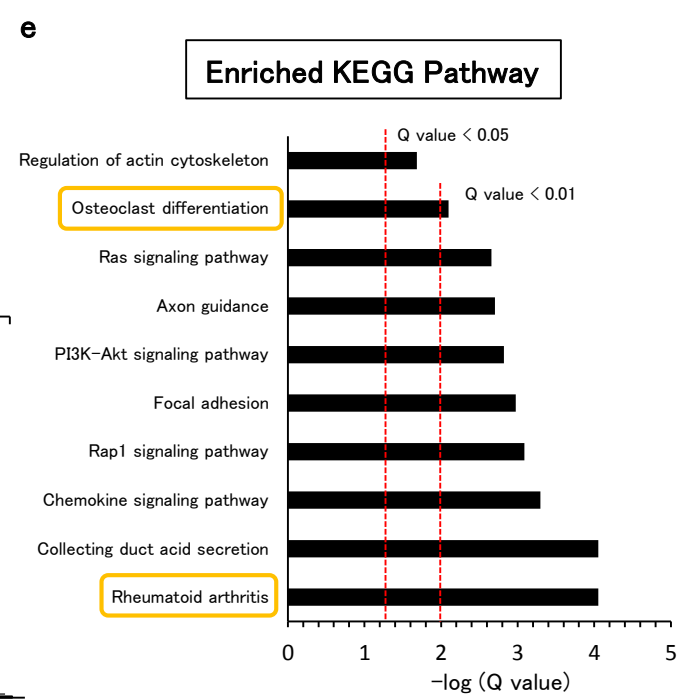
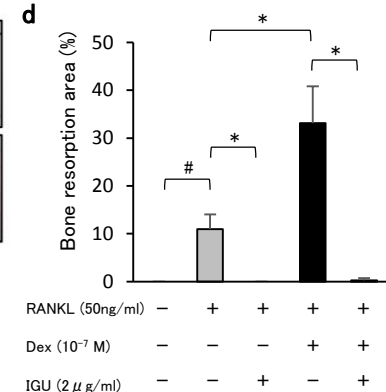
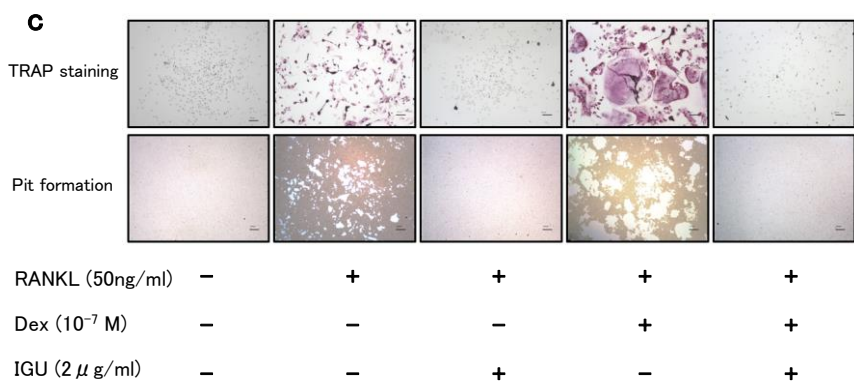
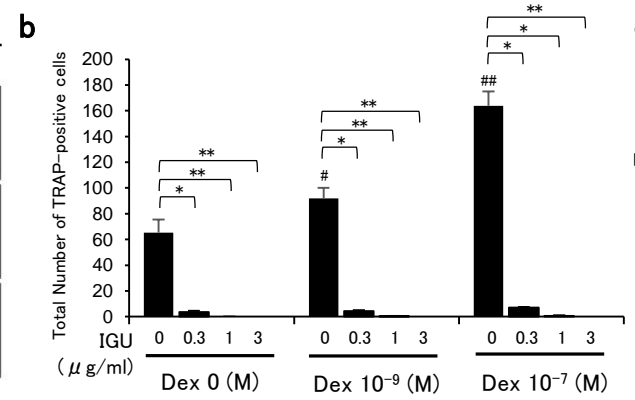
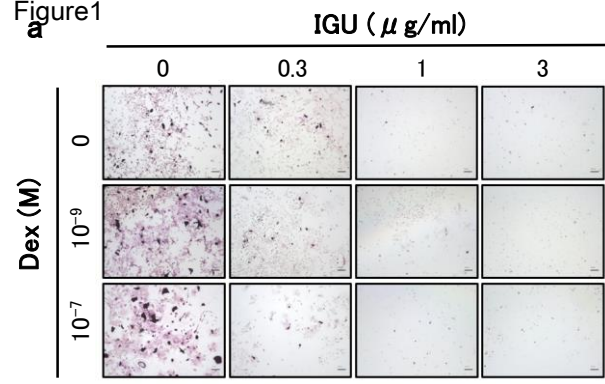
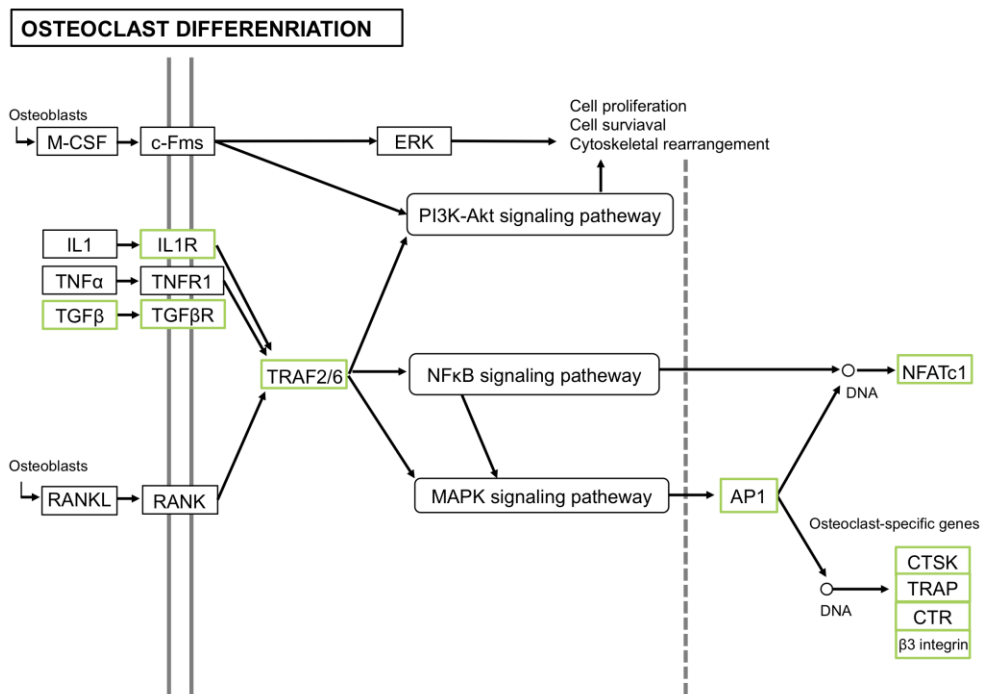
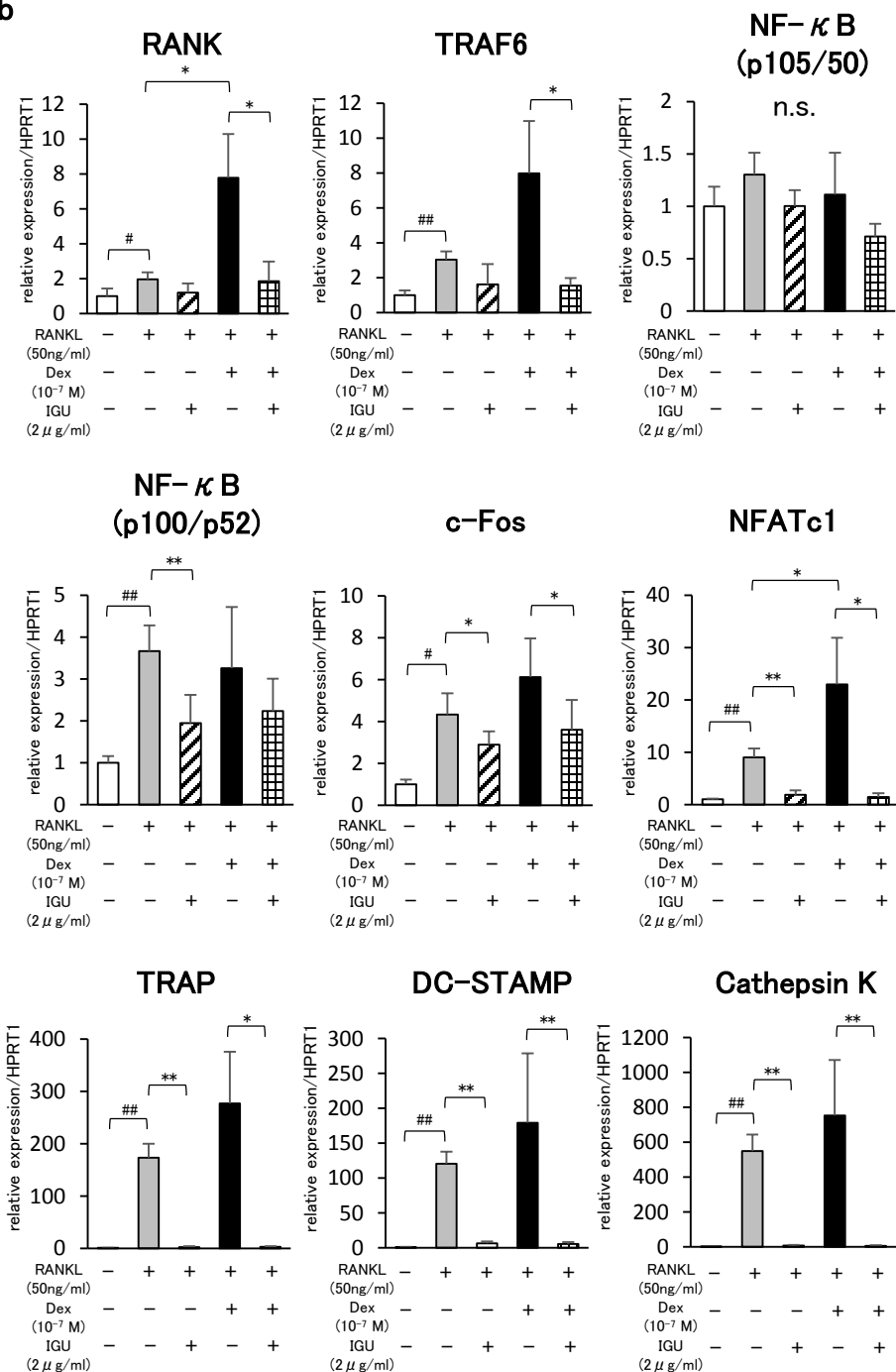


Figure 2



b



c

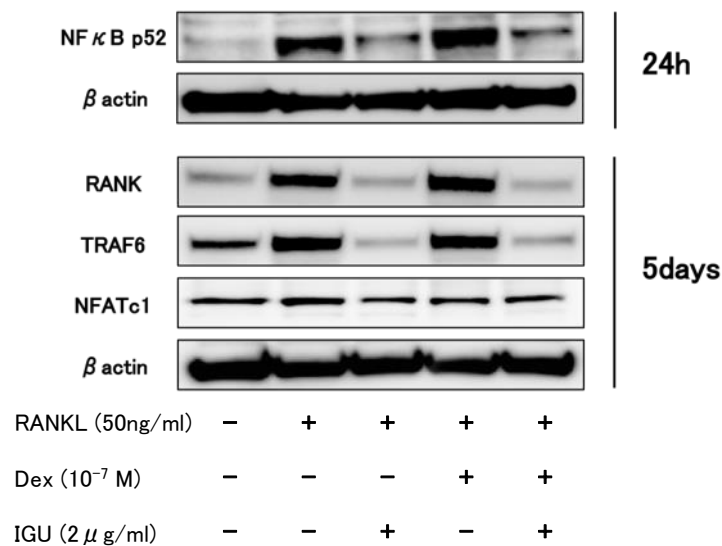


Figure 3

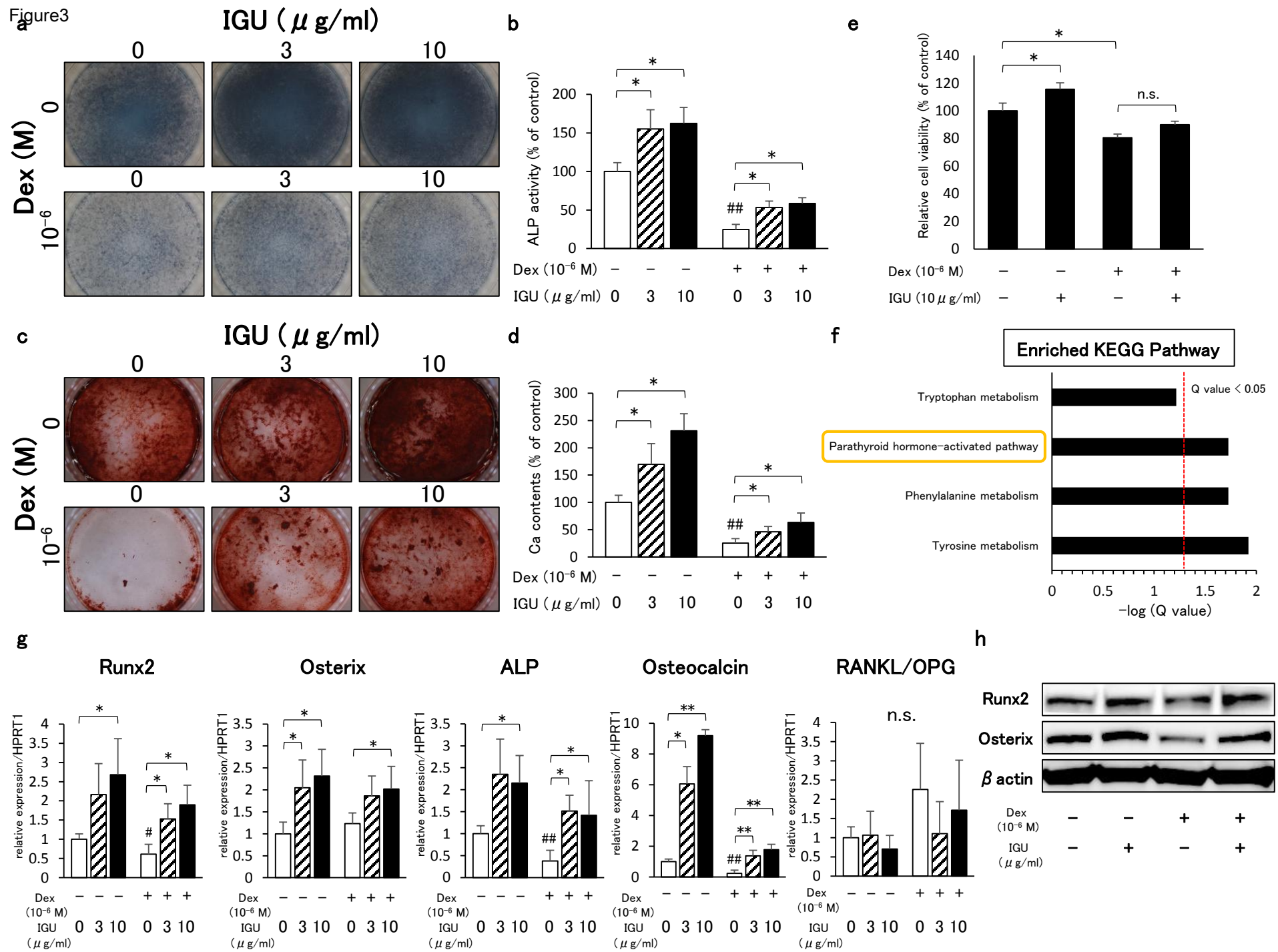
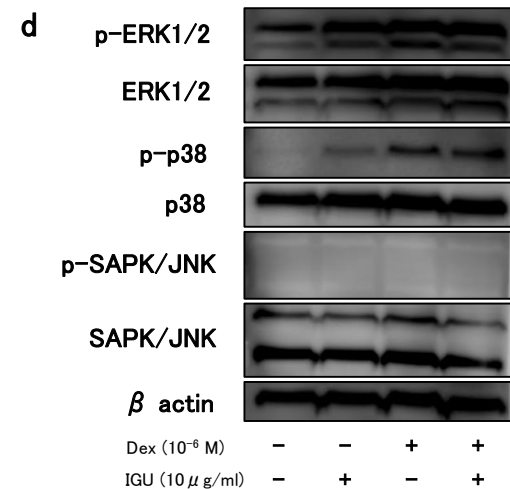
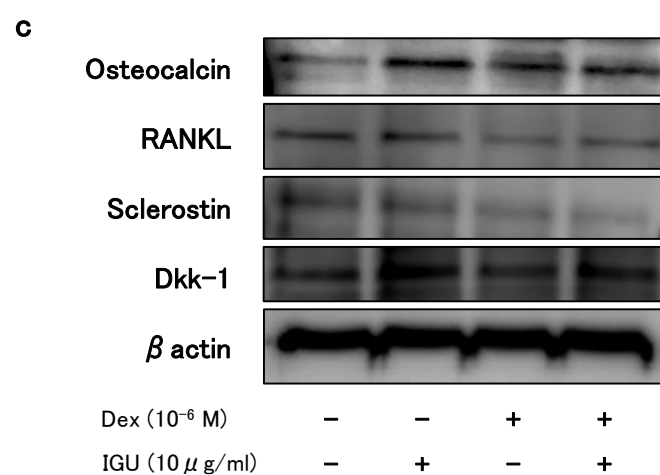
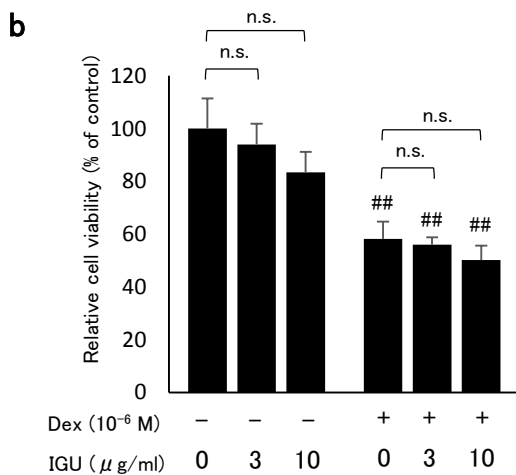
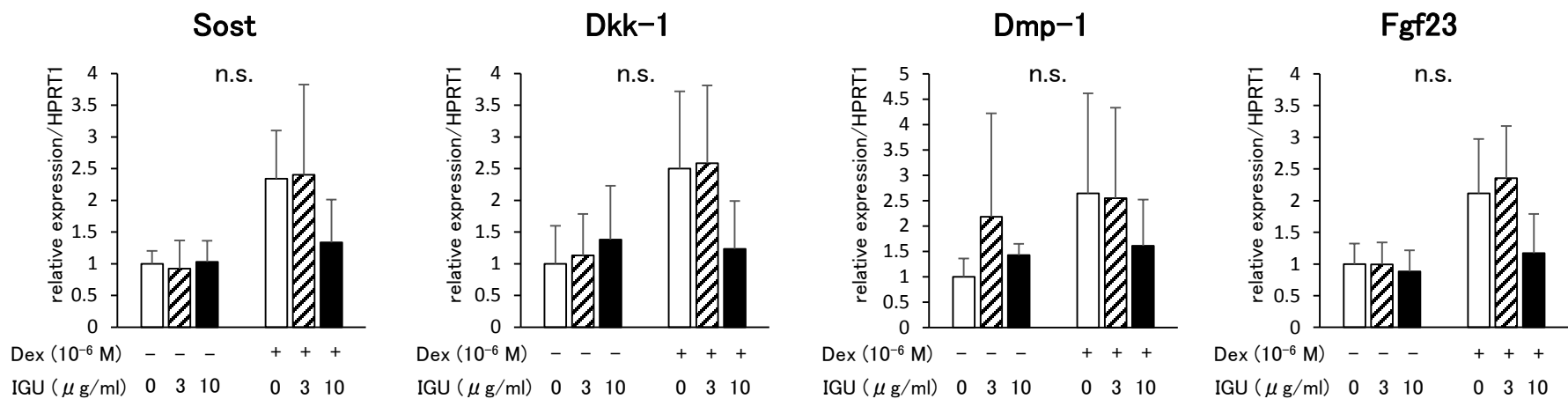
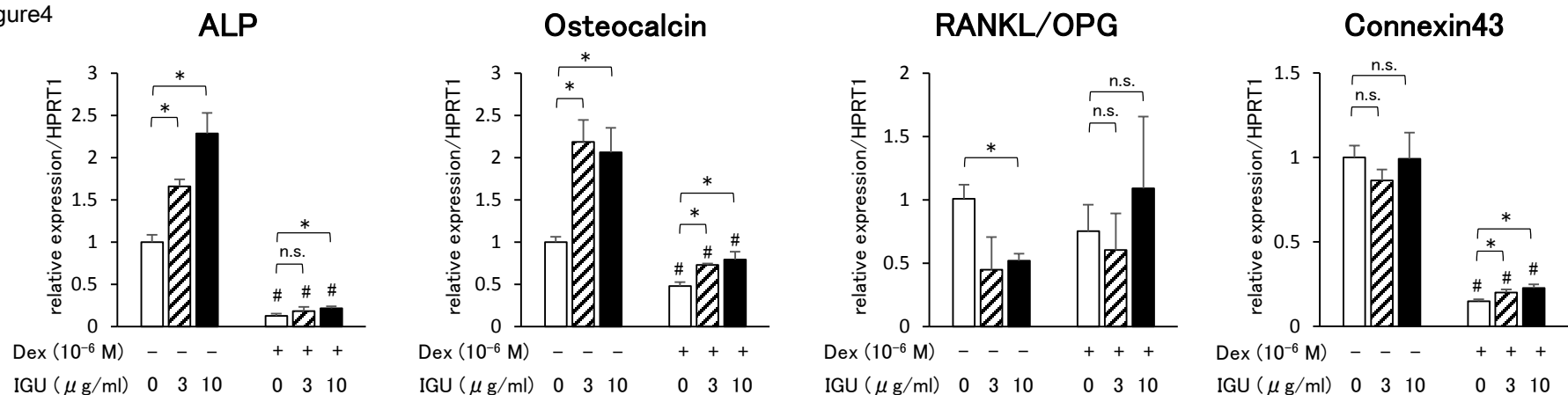


Figure 4



PARATHYROID HORMONE-ACTIVATED PATHWAY

