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1 **Original Article**

2 The effects of switching daily teriparatide to oral bisphosphonates or denosumab in
3 patients with primary osteoporosis

4

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23

24 **Abstract**

25 *Purpose*

26 The aim of this twelve-month, observational study was to compare the effects of
27 switching daily teriparatide (TPTD) to oral bisphosphonates (BP) therapy or denosumab
28 (DMAb) therapy in patients with primary osteoporosis.

29 *Methods*

30 Patients (n=78; 71 postmenopausal women and 7 men; mean age 76.3 [64-94] years;
31 mean duration of prior daily TPTD therapy 20.1 [6-24] months) were allocated to either
32 the (1) “switch-to-BP” group (n=36; weekly alendronate 35 mg [n=19], weekly
33 risedronate 17.5 mg [n=12], monthly minodronate 50 mg [n=5]) or (2)
34 “switch-to-DMAb” group (n=42; 60 mg sc every 6 months) based on each physicians’
35 decision. Changes in bone mineral density (BMD) and serum bone turnover markers
36 were monitored every 6 months.

37 *Results*

38 No significant difference was observed in baseline clinical characteristics between the
39 groups. After 12 months, the increase in BMD was significantly greater in the
40 switch-to-DMAb group compared to the switch-to-BP group: lumbar spine (6.2 vs
41 2.6%; $P < 0.01$), total hip (4.2 vs 1.1%; $P < 0.05$), and femoral neck (3.5 vs 1.4%; $P <$

42 0.05). In addition, the patients in the switch-to-DMAb group showed a significant
43 decrease compared to those in the switch-to-BP group in TRACP-5b (-55.8 vs -32.8%;
44 $P < 0.01$) and ucOC (-85.5 vs -65.0%; $P < 0.001$), while no significant difference was
45 observed in PINP (-67.5 vs -62.1%).

46 *Conclusions*

47 Switching daily TPTD to DMAb significantly increased BMD and decreased bone
48 resorption marker compared to switching to oral BP at 12 months, and thus may provide
49 an effective sequential treatment option after daily TPTD treatment.

50

51 **Keywords**

52 primary osteoporosis, daily teriparatide, oral bisphosphonates, denosumab

53

54 **Introduction**

55 In daily teriparatide (TPTD) treatment, osteoblastic differentiation and increase of bone
56 formation markers is strongly induced [1], which is also associated with receptor
57 activator of NF- κ B ligand (RANKL) production from bone marrow cells [2]. RANKL
58 induces osteoclasts differentiation and bone resorption which may mitigate bone
59 anabolic effects of TPTD [3]. The early treatment period of TPTD in which

60 osteoanabolic effects overwhelm osteocatabolic effects is called the “anabolic window”
61 [3]. A previous study demonstrated that adding alendronate (ALN) to TPTD after 9
62 months of initiation resulted in higher increase in bone mineral density (BMD)
63 compared to TPTD monotherapy, suggesting that reopening the anabolic window by
64 bone resorption inhibition is effective in increasing BMD [4]. Furthermore, daily TPTD
65 treatment is associated with “cortical porosity,” which is one of the concerns to
66 attenuate bone strength [5]. Denosumab (DMAb), a fully human monoclonal antibody
67 to RANKL, has shown a greater reduction in bone resorption compared to
68 bisphosphonates (BP) such as ALN [6], ibandronate [7], or risedronate (RIS) [8], and
69 also reduces cortical porosity by greater inhibition of intracortical remodeling compared
70 to ALN [9, 10]. From these observations, we hypothesized that greater inhibition of
71 bone resorption (especially intracortical remodeling) by DMAb may be a more effective
72 sequential treatment compared to oral BP after daily TPTD treatment.

73 The aim of this observational study was to compare the switching effect of daily TPTD
74 to oral BP and DMAb in patients with primary osteoporosis.

75

76 **Materials and methods**

77 *Study design and subjects*

78 This twelve-month observational study was carried out at 2 centers. A total of 78
79 patients with primary osteoporosis who were treated with daily TPTD in proportion to
80 the Japanese guidelines for prevention and treatment of osteoporosis 2011 [11] were
81 enrolled in the study (Fig. 1). Patients were allocated to either the “switch-to-BP” group
82 (n=36), consisting of patients who were switched to an oral BP, or the
83 “switch-to-DMAb” group (n=42), consisting of patients who were switched to
84 subcutaneous DMAb 60 mg every 6 months, depending on each physicians’ decision.
85 Patients who finished TPTD before DMAb came onto the market of Japan (June, 2013)
86 were switched to oral BP. After DMAb became available, patients were mainly switched
87 to DMAb. Most patients were treated with active or native vitamin D during the study
88 (Table 1).

89 This observational study was conducted in accordance with the ethical standards of the
90 Declaration of Helsinki and approved by ethical review boards at each clinical center
91 (approval number 13231-2; Osaka University, Graduate School of Medicine) and posted
92 on the hospital homepage with informed consent obtained from individual patients
93 included in the study.

94

95 *BMD assessment*

96 Areal BMD in the lumbar spine (LS, L2–L4), total hip (TH), and femoral neck (FN)
97 were assessed by dual-energy x-ray absorptiometry (Discovery A, Hologic, Inc.,
98 Waltham, MA, USA) at baseline and after 6 and 12 months of treatment. Regions of
99 severe scoliosis, previous vertebral fracture, and postoperative sites were excluded from
100 BMD measurements, and at least 2 of the lumbar vertebrae L2–L4 had to be evaluable
101 for BMD. Subjects were excluded from the BMD analyses if the area was fractured or
102 operated on during the study as previously described [12–14].

103

104 *Biochemical markers of bone turnover*

105 Bone turnover markers were measured in serum obtained from each patient at
106 approximately the same time in the morning after overnight fasting. The bone formation
107 marker, N-terminal type I procollagen propeptide (PINP); inter-assay coefficient of
108 variation [CV] 3.2%–5.2% (Intact UniQ assay, Orion Diagnostica, Espoo, Finland) and
109 bone resorption marker, isoform 5b of tartrate-resistant acid phosphatase (TRACP-5b);
110 inter-assay CV 5.0%–9.0% (Immunodiagnostic Systems Ltd., Boldon, UK) were
111 measured by ELISA as previously described [12, 14, 15]. Levels of undercarboxylated
112 osteocalcin (ucOC) were measured by a solid-phase enzyme immunoassay kit;
113 inter-assay CV 5.2%–8.3% (Takara Bio, Shiga, Japan) with a sensitivity of 0.25 ng/mL.

114 UcOC reflects not only vitamin K deficiency, but also total bone turnover, as it is
115 released from both osteoblasts and absorbed bone extracellular matrix by osteoclast as
116 previously described [14, 16]. Intact parathyroid hormone (PTH) was measured using a
117 two-site immunoradiometric assay; inter-assay CV 8.4% (Nichols Institute Diagnostics,
118 Valencia, USA).

119

120 *Radiographs*

121 Spinal radiographs were obtained at baseline and also at unscheduled times if subjects
122 had symptoms suggestive of clinical vertebral fracture. For incidental non-vertebral
123 fractures, radiographs were assessed by the investigator if subjects had symptoms.

124

125 *Statistical analysis*

126 Differences between each study group were tested using the Mann-Whitney U test or
127 the chi-square test. Changes in BMD and ranked bone turnover marker data from
128 baseline to specified time points within each study group were compared using the
129 nonparametric Wilcoxon signed-rank test. Results are expressed as the mean \pm standard
130 error. Bone turnover markers that showed a significant correlation with the
131 twelve-month BMD change in LS, TH, and FN, as evaluated using the Spearman

132 correlation, were selected as predictor variables, and multivariable linear regression
133 analysis with a forward stepwise procedure was performed to select significant
134 indicators of twelve-month BMD change. A *P* value < 0.05 indicated statistical
135 significance. All tests were performed using IBM SPSS Statistics version 22 software
136 (IBM, Armonk, NY, USA).

137

138 **Results**

139 Baseline characteristics are shown in Table 1. Type of BP switched from daily TPTD
140 was as follows: oral weekly alendronate 35 mg (n=19), weekly risedronate 17.5 mg
141 (n=12), and monthly minodronate 50 mg (n=5). No significant difference was observed
142 in the baseline age, body mass index, rate of prior vertebral fracture, areal BMD, or
143 bone turnover markers between the groups, but the switch-to-DMAb group was
144 combined with higher rate of calcium formulation compared to the switch-to-BP group
145 (88.1 vs 25.0%; *P* < 0.001).

146 91.7% (33/36) in the switch-to-BP group (3 patient were lost to follow up), and 92.9%
147 (39/42) in the switch-to-DMAb group (1 patient was lost to follow up and 2 patients
148 desired to change the medication) completed 12 months of therapy with no significant
149 differences in dropout rates between the groups (Fig. 1). During the twelve-month

150 period, in the switch-to-BP group, 1 patient experienced a clinical vertebral fragility
151 fracture (2.8%), and in the switch-to-DMAb group 2 patients experienced a clinical
152 vertebral fragility fracture (4.8%). All the fractures were associated with fall, and no
153 statistically significant difference in the fracture rate was observed between the groups.

154

155 *Change in BMD*

156 BMD was monitored every 6 months (Fig. 2). The switch-to-DMAb group showed a
157 significant increase in BMD from baseline to 6 months and 12 months in the LS (4.6%;
158 $P < 0.001$ and 6.2%; $P < 0.001$), TH (2.6%; $P < 0.01$ and 4.2%; $P < 0.001$), and FN
159 (2.2%; $P < 0.05$ and 3.5%; $P < 0.01$), respectively. On the other hand, the switch-to-BP
160 group showed a significant increase in BMD from baseline to 12 months in the LS
161 (2.6%; $P < 0.01$) and TH (1.1%; $P < 0.01$), but not in the FN.

162 Moreover, the switch-to-DMAb group showed a significantly greater BMD increase
163 compared to the switch-to-BP group in the LS from 6 months (4.6 vs 0.8%; $P < 0.01$) to
164 12 months (6.2 vs 2.6%; $P < 0.01$), in the TH at 12 months (4.2 vs 1.1%; $P < 0.05$), and
165 in the FN at 12 months (3.5 vs 1.4%; $P < 0.05$), respectively.

166

167 *Bone turnover markers*

168 Percent changes in bone turnover markers from baseline are shown in Fig. 3. The
169 switch-to-DMAb group showed a significantly greater decrease compared to the
170 switch-to-BP group in TRACP-5b levels from 6 months (-55.6 vs -32.1%; $P < 0.01$) to
171 12 months (-55.8 vs -32.8%; $P < 0.01$), and in ucOC levels from 6 months (-79.7 vs
172 -51.6%; $P < 0.001$) to 12 months (-85.5 vs -65.0%; $P < 0.001$). In addition, serum
173 absolute intact PTH levels were significantly lower in the switch-to-DMAb group
174 compared to the switch-to-BP group from 6 months (35.6 vs 50.6 pg/mL; $P < 0.05$) to
175 12 months (35.0 vs 56.5 pg/mL; $P < 0.05$).

176 On the other hand, no significant difference was observed between the switch-to-DMAb
177 group and the switch-to-BP group with regard to the change in serum PINP levels from
178 6 months (-67.8 vs -55.4%) to 12 months (-67.5 vs -62.1%). The absolute values of
179 bone turnover markers are shown in Fig. 4. The average value of TRACP-5b, PINP, and
180 ucOC from 6 to 12 months in both groups were all within the reference value.

181

182 *Association between changes in BMD and bone turnover markers*

183 Spearman correlation coefficients between bone turnover markers and twelve-month
184 BMD changes (%) for all patients are shown in Table 2. Generally, higher decreasing
185 rates of TRACP-5b, ucOC, and PINP were associated with a greater increase in the

186 BMD of the LS and TH. On the other hand, absolute intact PTH levels showed a
187 significant negative correlation with FN BMD increase.

188 All significant predictors were selected and put into multivariable linear regression
189 analysis to select significant predictors of twelve-month BMD change in the LS, TH,
190 and FN (Table 3). The significant indicator of BMD change for the LS and TH was the
191 percent change in TRACP-5b at 12 months, and the significant indicator for the FN was
192 the absolute intact PTH levels at 12 months.

193

194 **Discussion**

195 In this study, we have demonstrated that switching daily TPTD to DMAB significantly
196 increased BMD and decreased serum TRACP-5b, ucOC, and intact PTH levels, while
197 maintained serum PINP levels **to the same extent** compared to switching to oral BP.
198 Multivariable linear regression analysis revealed that BMD increase of the LS and TH
199 was significantly associated with the percent decrease of TRACP-5b, and that of FN
200 was negatively associated with absolute intact PTH levels.

201 A recent report demonstrated that an increase in BMD may be obtained by a
202 combination of 3 elements: remodeling closure (inhibition of bone resorption),
203 secondary mineralization (related to calcium and vitamin D metabolism), and bone

204 modeling without bone resorption [17].

205 The greater inhibition of bone resorption by DMAb than BP may be explained by the
206 differences in their mechanisms of action. Nitrogen-containing BP is internalized into
207 only mature bone-resorbing osteoclasts by endocytosis and induce apoptosis of
208 osteoclasts [18]. On the other hand, DMAb inhibits not only mature osteoclasts, but also
209 the RANKL-induced osteoclastogenesis from precursors [10]. Daily TPTD treatment is
210 associated with “cortical porosity”, which is one of the concerns to attenuate bone
211 strength [5]. Concentrations of BP is lower in cortical than trabecular bone because of
212 its high affinity to hydroxyapatite and less blood supply [10]. By contrast, DMAb
213 circulates freely to bone surfaces and may inhibits remodeling more rapidly and strongly,
214 especially in cortical bone [10].

215 Considering secondary mineralization related to calcium and vitamin D metabolism,
216 patients with DMAb had lower serum intact PTH levels than patients with BP, which
217 was negatively correlated with FN BMD increase. One previous report demonstrated
218 that in ovariectomized monkeys, either DMAb or ALN treatment with calcium and
219 vitamin D supplementation altered serum intact PTH levels [9]. However, Joo et al
220 reported that lower dietary calcium intake was significantly associated with higher
221 serum PTH levels and lower FN BMD, and also demonstrated that low calcium intake

222 cannot be compensated by high serum 25-hydroxy vitamin D levels [19]. In this study,
223 although most patients were combined with vitamin D, the proportion of patients taking
224 calcium supplementation was significantly higher in the switch-to-DMAb group
225 compared to the switch-to-BP group (88.1 vs 25.0%; $P < 0.001$), and also oral calcium
226 intake couldn't be monitored. Taken together, total calcium intake may have influenced
227 the serum intact PTH levels and consequent FN BMD change, although the significance
228 of calcium supplementation after TPTD treatment should be investigated in further
229 studies.

230 Considering bone modeling, there are several reports suggesting the reasons for the
231 **discrepancy between relatively maintained bone formation marker and strongly reduced**
232 **bone resorption marker in DMAb compared to oral BP treatment.** Osteoprotegerin
233 (OPG), a physiological soluble decoy receptor for RANKL [20], prevents Tumor
234 Necrosis Factor-Related Apoptosis-Inducing Ligand (TRAIL)-induced apoptosis of
235 osteoblasts [21] and also promotes osteoblastic differentiation of murine bone marrow
236 cells [22]. In addition, Inage et al reported that serum PINP levels were preserved while
237 TRACP-5b levels were significantly reduced after induction of DMAb at 1 month in
238 postmenopausal osteoporosis patients [23]. Although further investigation is required,
239 these findings may support the results of **relatively maintained PINP levels and strongly**

240 reduced TRACP-5b levels in DMAb compared to oral BP treatment. As for ucOC,
241 baseline levels were relatively higher in switch-to-DMAb group compared to
242 switch-to-BP group, and were significantly decreased by DMAb compared to oral BP.
243 Consequently, absolute serum ucOC value converged to similar levels. Taken together,
244 DMAb may decrease serum ucOC levels stronger than oral BP, which may represent
245 stronger reduction of total bone turnover.

246 Previous studies demonstrated that 12 months administration of DMAb approximately
247 increased BMD by 5.3-6.5% in LS, 3.5% in TH, and 2.4-2.7% in FN, and also
248 decreased TRACP-5b by 45%, and PINP by 68-72% in patient with osteoporosis who
249 were mostly not previously treated by TPTD [6, 24-26]. Compared with these studies,
250 increase of BMD in TH and FN, and decrease of TRACP-5b was relatively higher,
251 although decrease of PINP was similar in this study. Considering high bone turnover
252 levels in the baseline of this study, DMAb after TPTD treatment may be equal to or
253 more effective in patients without previous TPTD treatment.

254 There are several limitations to this study. Due to the small number of subjects, whether
255 greater change in BMD and bone turnover markers induced by DMAb than that of oral
256 BP may reduce fracture risk should be assessed in a larger cohort. Oral intake of
257 calcium could not be assessed, and also the difference in the calcium supplementation

258 rate between the groups may **have** affected the results. Although the number was small,
259 some male patients were included in this study.

260 In conclusion, switching daily TPTD to DMAb significantly increased BMD and
261 decreased bone resorption markers while maintained bone formation marker
262 compared to switching to oral BP at 12 months, which may provide an effective
263 sequential treatment option after daily TPTD treatment.

264

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267 excellent cooperation in conducting the study.

268

269 **Conflicts of interest**

270 K Ebina has received payments for lectures from Daiichi Sankyo. J Hashimoto, M
271 Kashii, M Hirao, S Kaneshiro, T Noguchi, Y Tsukamoto, and H Yoshikawa declare that
272 they have no conflicts of interest.

273

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371 **Figure legends**

372 Fig. 1 Study design and schedule. Patients were allocated to either the (1) switch-to-BP
373 group (n=36; oral weekly alendronate 35 mg, n=19; oral weekly risedronate 17.5 mg
374 n=12; or oral monthly minodronate 50 mg, n=5) or (2) switch-to-DMAb group (n=42;
375 subcutaneous 60 mg/6 months) based on each physicians' decision. Bone mineral
376 density and bone turnover markers were evaluated every 6 months in all patients.

377

378 Fig. 2 Mean \pm standard error (SE) change from baseline bone mineral density (BMD) in
379 the lumbar spine (Panel a), total hip (Panel b), and femoral neck (Panel c); * $P < 0.05$,
380 ** $P < 0.01$, *** $P < 0.001$ change from baseline within each treatment group. # $P < 0.05$,
381 ## $P < 0.01$ switch-to-BP group versus switch-to-DMAb group.

382

383 Fig. 3 Mean \pm standard error (SE) change from baseline serum concentration of bone
384 turnover markers TRAP-5b (Panel a), PINP (Panel b), ucOC (Panel c), and intact PTH
385 (Panel d). TRAP-5b, isoform 5b of tartrate-resistant acid phosphatase; PINP, type I
386 collagen N-terminal propeptide; ucOC, undercarboxylated osteocalcin; PTH,
387 parathyroid hormone. # $P < 0.05$, ## $P < 0.01$, ### $P < 0.001$ switch-to-BP group versus
388 switch-to-DMAb group * $P < 0.05$ change of intact PTH from baseline within each

389 treatment group.

390

391 Fig. 4 Mean \pm standard error (SE) absolute value of bone turnover markers TRAP-5b

392 (Panel a), PINP (Panel b), and ucOC (Panel c). TRAP-5b, isoform 5b of

393 tartrate-resistant acid phosphatase; PINP, type I collagen N-terminal propeptide; ucOC,

394 undercarboxylated osteocalcin. $^{###}P < 0.01$ switch-to-BP group versus switch-to-DMAb

395 group.

396

1 Table 1. Baseline clinical characteristics

Variable	Switch-to-BP (n=36)	Switch-to-DMAb (n=42)	P value
Switched treatment	Oral weekly ALN (35mg; n=19) Oral weekly RIS (17.5mg; n=12) Oral monthly MIN (50mg; n=5)	DMAb sc 60mg/6months	
Prior TPTD treatment (months)	21.1	19.2	N.S.
Age, (years)	73.5±1.1	78.7±0.9	N.S.
Gender, Females, n/N (%)	33/36 (91.7%)	39/42 (92.9%)	N.S.
Postmenopausal, n/N (%)	33/36 (91.7%)	39/42 (92.9%)	N.S.
Body mass index (kg/m ²)	21.3±0.6	21.7±0.4	N.S.
Prior vertebral fracture(s), n/N(%)	25/36 (69.4%)	31/42 (73.8%)	N.S.
Lumbar spine BMD (g/cm ²)	0.814±0.025	0.795±0.020	N.S.
Lumbar spine BMD (T-score)	-2.6±0.2	-2.5±0.2	N.S.
Total hip BMD (g/cm ²)	0.680±0.023	0.624±0.018	N.S.
Total hip BMD (T-score)	-2.1±0.2	-2.4±0.2	N.S.
Femoral neck BMD (g/cm ²)	0.618±0.022	0.566±0.018	N.S.
Femoral neck BMD (T-score)	-2.2±0.1	-2.5±0.2	N.S.
Corrected Ca (mg/dl)	9.5±0.1	9.3±0.1	N.S.
Intact-PTH (pg/ml)	42.4±3.1	38.5±3.1	N.S.
PINP (µg/l)	80.0±11.6	99.5±12.0	N.S.
TRACP-5b (mU/dl)	460.2±44.1	517.3±46.6	N.S.
ucOC (ng/ml)	7.3±1.4	11.7±2.2	N.S.
eGFR (ml/min/1.73m ²)	71.6±2.9	65.8±3.4	N.S.
Combined vitamin D, n/N (%)	33/36 (91.7%)	42/42 (100.0%)	N.S.
(Native : Alfacalcidol: Eldecalcitol)	0:24:9	18:24:0	
Combined Ca, n/N (%)	9/36 (25.0%)	37/42 (88.1%)	< 0.001

2 Data are expressed as the mean ± standard error (SE), unless otherwise noted.

3 BP, Bisphosphonates; DMAb, Denosumab; ALN, Alendronate; RIS, Risedronate; MIN, Minodronate; sc,
4 subcutaneous; TPTD, daily teriparatide; N.S., not significant; n/N (%) = number of patients with
5 measurements / total number of patients (%). Bone mineral density; BMD, Ca, calcium; PTH, parathyroid
6 hormone; PINP, Type I collagen N-terminal propeptide; TRAP-5b, Isoform 5b of tartrate-resistant acid
7 phosphatase; ucOC, Undercarboxylated osteocalcin; eGFR, Estimated glomerular filtration rate;
8 Differences between the groups were determined by Mann-Whitney U-test or chi-square test.

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10

11 Table 2. Spearman correlation coefficients between changes in bone turnover markers
 12 and percent change in bone mineral density (BMD) of the lumbar spine (LS), total hip
 13 (TH), and femoral neck (FN) at 12 months
 14

Bone turnover markers	Months	12 months BMD change (%)		
		LS	TH	FN
TRACP-5b	0	0.26*	-0.03	-0.06
	Δ6 (%)	-0.51***	-0.31*	0.07
	Δ12 (%)	-0.51***	-0.32**	-0.02
ucOC	0	0.27*	0.23	-0.04
	Δ6 (%)	-0.41**	-0.31*	-0.23
	Δ12 (%)	-0.45**	-0.34*	-0.16
PINP	0	0.34*	0.25	-0.01
	Δ6 (%)	-0.43**	-0.42**	-0.12
	Δ12 (%)	-0.43**	-0.41**	-0.05
Intact-PTH	0	-0.14	0.09	-0.28*
	6	0.09	0.09	-0.33*
	12	0.01	-0.004	-0.32*

15 *P<0.05, **P<0.01, ***P<0.001; correlation coefficients.
 16 Time 0, baseline concentration of bone turnover marker versus bone mineral density (BMD) at 12
 17 months; Δ 6, change in marker at 6 month (%) versus BMD at 12 months; Δ12, change in marker at 12
 18 months (%) versus BMD at 12 months; Time 6 and 12, concentration of intact-PTH versus bone mineral
 19 density (BMD) at 6 and 12 months; TRACP-5b, Isoform 5b of tartrate-resistant acid phosphatase; ucOC,
 20 Undercarboxylated osteocalcin; PINP, Type I collagen N-terminal propeptide; PTH, Parathyroid hormone.

21 Table 3. Significant predictor variables of bone turnover markers investigated by
 22 multivariate linear regression analysis, which showed significant correlation with the
 23 12-month bone mineral density (BMD) change (%) of the lumbar spine (LS), total hip
 24 (TH), and femoral neck (FN)

25

$\Delta 12$ BMD	parameters	β	95% CI	<i>P</i> value
LS	$\Delta 12$ TRACP-5b (%)	-0.54	0.05 to 0.13	< 0.001
TH	$\Delta 12$ TRACP-5b (%)	-0.45	0.03 to 0.10	< 0.001
FN	12 intact-PTH	-0.33	0.01 to 0.09	< 0.05

26 $\Delta 12$ BMD, percent change in BMD from baseline at 12 months; β , standardized coefficient; 95% CI, 95%
 27 confidence intervals (CIs). $\Delta 12$, percent change in bone turnover marker at 12 months; TRACP-5b,
 28 Isoform 5b of tartrate-resistant acid phosphatase; PTH, Parathyroid hormone.

Figure







